



Plymouth Alliance for Complex Needs

Best for people using services

May 2021

Useful Contact Details:

PCC Retained Client Function Alliance Advice Line 01752 304401 (Mon-Th 9-5pm, Fri 9 – 4:30)

Out of Hours 01752 668000 Community Connections 01752 398500

The physical health **Outreach team** have been working closely with Devonport house and have created a health board for all clients. It details the service and some of the things they offer, as well as factual information on specific areas. Claire Copper has worked really hard on this and is also planning on having a monthly subject to cover in more detail, as well as to tie in national events such as mental health week. It is a really great piece of work that has been done to focus on the physical health of individuals and makes them take some responsibility for themselves. **Kate Howard**



South West Meet the New Probation Providers Event

Amanda Sherriff South West MEAM Partnerships Manager has organised an event to meet the South West Community Rehabilitation Service providers commissioned by HMPPS (National Probation Service); it's an opportunity to understand how the voluntary sector and commissioned providers can support one another. Date 10-11:30am Wednesday 16th June via Eventbrite:

<https://www.eventbrite.co.uk/e/south-west-meet-the-new-probation-providers-event-tickets-154707039921>

May - National Walking Month

With the weather (hopefully!) getting better it's a great time to get outside and take advantage of our beautiful surroundings in the South West.

Below is information on a project promoting mental health recovery through contact with nature.

<https://www.careknowledge.com/resources/magazines/mental-health-today/2015/going-back-to-nature>



May - Maternal Mental Health Month

During May awareness of Maternal Mental Health is being raised. Livewell has been running new Maternal Mental Health Service (MMHS) hubs along with Devon Partnership Trust (DPT) since January, which you can read about via the link:

[New dedicated mental health services for new, expectant and bereaved mums | Livewell Southwest](#)

Below are weblinks you may find useful when supporting people:

www.bestbeginnings.org.uk/out-of-the-blue

<https://www.home-start.org.uk/>

<https://www.tommys.org/pregnancy-information/calculators-tools-resources/wellbeing-plan/pregnancy-and-post-birth-wellbeing-plan>

Alliance and Partner training

Prenoxad Training

There are still spaces available for staff to access prenoxad training with Fiona Konteh, Addiction Healthcare Development Manager at Ethypharm. Sessions will be offered on the following dates:

Friday 21st May 2.00 Teams and Friday 28th May 2.00 Teams

If you have staff who would like to join the training please send their email address, job role and preferred date to sharontucker1@nhs.net. Please confirm they are willing for their details to be sent to Fiona, as she will send them a covering email which includes the link to the SMMGP training module.

Alliance Mandatory Training

Andy Maguire is finalising the details of the training programme which will be restarting shortly. Once the venue is confirmed, dates will be sent out to all managers for booking staff on. Staff who have already attended one or two sessions will be prioritised for the new slots.

Please can we ask that staff attend their booked session unless it is unavoidable. If you are unable to attend please check whether a colleague is able to attend instead so that we can ensure all staff are guaranteed a place.

Carer Awareness Workshop delivered by Caring for Carers at Improving Lives Plymouth and Barnardos – Tuesday 15th June 10am – 12 Noon via Zoom

Across the UK, there are around 6.5 million people who provide unpaid care for a friend or family member. Sadly, many people caring for someone remain hidden. They care in isolation, unaware of support services that may be available to them. We must ensure that every person caring for someone is supported to look after their own wellbeing while providing such vital care.

Carers do not always self-identify or associate with the term 'carer'. They also don't often come into contact with social or voluntary services that could help. It is therefore essential that health and social care professionals are proactive in recognising when a person may be caring for someone. They can then signpost these individuals to local information and support.

Better identification and signposting is crucial and this 2 hour awareness session will talk you through how to identify a carer and how to assist them to get the support they require within their unpaid roles.

This training will be delivered via Zoom and if you would like to book on this session please email sharontucker1@nhs.net

Local Authority Safeguarding training
Dates have been added for May and June for Adult Safeguarding training and you can book your place via Eventbrite using this link

<https://www.eventbrite.co.uk/o/adult-safeguarding-31971650835>

The Racial Equality council are offering free training:

Refugee Awareness training – online
25th May 10 – 12

To book your place, please email Lavinia Porfir at: lpofir@plymouthrec.org

Once booked the joining link will be sent to you.

The Tenancy Training programme has been developed and is facilitated by Path.

Tenancy Training is suitable for staff, volunteers and people who work in housing or related services.

The training aims to help staff support their clients in understanding and accessing private rented tenancies. Looking at rights, responsibilities and affording and securing a tenancy. Training is delivered by at least one Path Renting Support Service worker.

Training will currently be delivered via video call (MS Teams).

Please contact Dave Ringwood by e-mail at David.Ringwood@pathdevon.org to book a place.

Tuesday June 15th 10.30 – 12.30 Thursday June 17th 1.30- 3.30

Tuesday July 13th 10.30 – 12.30 Thursday August 12th 1.30-3.30

Tuesday September 14th 10.30 – 12.30 Thursday September 16th 1.30-3.30



Ref: 2025

Substance Misuse Specialist

Full-time – 37 hours per week

(Monday-Friday inclusive, may involve some evening and weekend work)

Starting Salary £23,025

(Salary Band 3a £23,025 - £25,305)

The role of a Substance Misuse Specialist is to help reduce the harm caused by substance misuse to users themselves, affected others and to the wider community. This is achieved by providing services to the clients that are tailored to suit their assessed needs: these should be provided in line with drug misuse and dependence guidelines.

This post will involve working at multiple Plymouth Alliance locations and travelling around the city as required.

For further information and an application pack please visit the Job vacancies page of our website at <https://harbour.org.uk/about-us/jobs-at-harbour/>

Closing Date for receipt of applications:

Tuesday 25th May 2021 at Midday

Interview Date: Thursday 10th June 2021

Harbour is an equal opportunity employer and invites applications from all sectors of the community. All offers of employment will be subject to an enhanced DBS check, Occupational health clearance and satisfactory references.

Benefits of working for Harbour include the following:

28 days leave (rising to a total of 31 in year 3) plus bank holidays, 2 extra Festive days, Birthday Day off, access to the Cycle scheme and Tech scheme, workplace Pension (Employer contribution 5%)



A treat for staff....

LUSH have recently run a campaign to recognise staff from local organisations who were working on the frontline during the lockdown. BCHA staff received a bag of goodies from LUSH. All 4 staff members got – a bath bomb, a massage bar, and a shower gel and a message from the LUSH team who thanked them for their hard work over the past 12 months.

Carla - BCHA



Good News from PATH

Rough Sleeper numbers:

I just wanted to share with all some really good numbers that are so significant and need to be acknowledged.

In April 2019 we evidenced 76 Rough sleepers across the month, in April 2020 we evidenced 52 and this April we have evidenced 37.

In 2 years, the City has had a decrease of 51% in one given month. How significant!

Tara Wilkinson – PATH

Landlords

We have started working with 26 new landlord/agents during the year. We made 1126 contacts with landlords on behalf of our clients.

Every week we produce a 'Property Bulletin' which we send out to all Alliance colleagues to assist them to find accommodation for their clients.

Tenancy Training

During the past year we have delivered out Tenancy Training programme to over 100 members of Staff from across the Alliance via 13 Zoom sessions! We have had some great feedback;

Thank you for taking the time to deliver the training. I found it really helpful to distinguish between factors such as the difference in U/C payments and Housing benefit for rent. It was very interesting to know about the differences in tenancy agreements regarding social and private housing, and the different Sections within the law that can be used to evict tenants

Overall, I found this training extremely clear and easy to understand; although housing/tenancies can be quite complex, it was explained in a way that was simplified. It was engaging and covered things like the advantages and disadvantages of both social and private housing, and to be able to convey these thoughts back to service users may be very beneficial when they are unsure on what route to take. It was nice to be given the opportunity to ask any questions too

Rebecca Saxton - PATH