



# Plymouth Alliance for Complex Needs

Best for people using services

May 2022

## Useful contact details:

**PCC Retained Client Function Alliance Advice line 01752 304401 Mon – Th 9-5pm Fri 9 - 4:30pm**

**Out of Hours – 01752 668000 Community Connections – 01752 398500**

## Protect and Vaccinate event – Thursday 28<sup>th</sup> April at Central Hall, Plymouth

The end of April saw a great collaborative event for covid vaccinations, between primary and secondary care, targeting the homeless, rough sleepers and temporary housed. The event was held at Central Methodist Hall and was a great success. UHP covid vaccination team were able to deliver 5 vaccinations which consisted of a first, 3 seconds and a booster. The SPARK project attended to deliver advice and support to vulnerable women in the city and give more insight in to their project. A member of the team from Harbour gave out 8 naloxone kits and undertook a needle exchange alongside this. The street vets were able to catch up with 2 clients relating to their dogs. The hepatology team were able to undertake 5 DBST's to support in the elimination of Hepatitis in the city, as well as giving a positive diagnosis and offering crucial advice to that client. The housing team gave advice on 3 clients, one in person. The soup run provided hot drinks and snacks for all attending. The UHP dermatology team spoke to 30 people and provided samples of products. The community outreach nursing team were able to chat to all that attended and as such undertook 2 dressing changes, 3 clients were offered physical health advice and signposting to mental health services, 1 safeguarding was completed and the team were able to book 3 more follow up appointments. Given the need for more joined up working for these vulnerable individuals and owing to the success of previous events the hope is these involved events can be organised quarterly with even more professionals City Council Housing team.

Kate Howard  
Community Outreach Team Sister



## Bank Holiday Alliance services closing/opening times

Harbour/Livewell	Closed
PATH	Closed
Shekinah	8 – 12
The Zone	Closed
Hamoaze	Closed
BCHA – George	Normal hours
BCHA Outreach and temp	Fully staffed
Livewell ASC & MH	MH First Response Service available 24/7 18+ experiencing a mental health crisis on 0800 923 9323 (professionals can ring 01752 434922) Or 668000
Community Connections	Closed Call 668000
Devonport House	Normal hours
Young Devon	Normal hours
Livewest	Reduced staffing

## Dates for your diary:

**May 2<sup>nd</sup> – Bank holiday**

**May 3<sup>rd</sup> – 8<sup>th</sup> Maternal Mental Health Awareness week** raising public and professional awareness of perinatal mental health issues. More info [here](#)

**May 9<sup>th</sup> – 16<sup>th</sup> Mental Health Awareness week** This year join the fight for mental health. More info [here](#)

## **Alliance and Partner training opportunities**

**Tenancy Training dates available:**

**Weds 29th June 10.30-12.30**

**Monday 25th July- 1.30-3.30pm**

**Wednesday 31st August 10.30-12.30pm**

This is an excellent way to arm Plymouth's workforce with the knowledge needed to help people with housing issues. In these sessions we will cover:

- Finding accommodation
- Securing accommodation
- Legal requirements of landlords
- Legal obligations of tenants
- Different types of eviction notices
- Tips and tricks for avoiding damp
- Finding furnishings and other local resources.

To book please email [Alexandra.burgess@pathdevon.org](mailto:Alexandra.burgess@pathdevon.org)



The Plymouth Alliance

## **Alliance Induction sessions**

**Would you like to know more about the Alliance, or do you have new staff in your organisation that would benefit from attending an Induction? If so, please contact Ellie Jarvis (Harbour) at [ellie.jarvis@nhs.net](mailto:ellie.jarvis@nhs.net) to book a place.**

**Dates available: Monday 23rd May at 10am via Teams.**



**FREE ONLINE REFUGEE AWARENESS TRAINING**

**The 12th of May**

**11am-1pm**

**or**

**The 24th of May**

**11am- 1 pm**

Book your place by sending an email to Lavinia Porfir at: [l.porfir@plymouthrec.org](mailto:l.porfir@plymouthrec.org)

Once the booking is confirmed you will receive the link to the Zoom online training

## **Adult Safeguarding training**

### **Plymouth Adult Safeguarding Partnership Training**

There are dates available in May and June for our 4 hour on line interactive adult safeguarding training.

Please use the link below to book via Eventbrite:

<https://www.eventbrite.co.uk/o/adult-safeguarding-31971650835>

**Please take care to enter email addresses correctly onto Eventbrite, if the wrong email address is entered you will not receive reminders or joining links etc.**

## Hamoaze timetable of events

Hamoaze	
<b>Monday</b>	<b>10:30 – 12</b> Questions Open Group <b>12:30 – 2pm</b> Krafty Klub <b>2 – 3:30</b> Care Plan Group
<b>Tuesday</b>	<b>10:30 – 12</b> Single gender group <b>12:30 - 2</b> Football club <b>2 – 3</b> Yoga with Jason
<b>Wednesday</b>	<b>10:30 – 12</b> Addiction workshop <b>12:30 – 2</b> Belinda Art group <b>2 – 3:30</b> Debating group
<b>Thursday</b>	<b>10:30 – 12</b> Open Group <b>12:30 – 2</b> Self-Discovery Group
<b>Friday</b>	<b>10:30 – 12</b> Positive thinking group <b>10:30 – 11</b> Mindfulness Yoga <b>12:00 – 1</b> Alcoholics Anonymous <b>12:30 – 2</b> Football club <b>1 – 3</b> Affected others
<b>Saturday</b>	For all groups you can book in online Contact <a href="mailto:office@hamoazehouse.org.uk">office@hamoazehouse.org.uk</a> or call 566100
<b>Sunday</b>	We also offer various use of the Gym and other types of training like Circuits, boxing, trampolining, which can be organised via phone call or email, this can be 1 to 1 sessions or group sessions, single gender sessions are also available. In the holidays we offer Fit and Fed. We have a Garden Project which runs Monday – Wednesday for all those interested in gardening or would like to learn.



**Manta and the Manta Partnership Group** - It is great to see that Manta is being accessed and used more by members of The Plymouth Alliance. Since the 1st January 2022, 280 new records have been added to the system. This will hugely improve better communication and access to information about the people that we support. Looking a bit more closely at the form some key information is being left off. There could be lots of reasons however if you can, please ensure that you do try to complete all of the fields and the small risk assessment near the end of the form.

Don't forget that you can also upload information to the stored documents section. This can be any document or letter that you feel is important to share or for other people to have access to.

On the 3rd & 4th May a member of your service/agency will be trained to become a System Administrator. This means that if you forget your secret word or a member of staff leaves or starts, they will be able to set them up or reset information. Your System Administrators will be:

- PATH Susan Reading and Nicky Turner
- BCHA - Jodie Everson
- Shekinah - Rosanna Eveleigh
- The Zone - Charlotte Hoskin
- Overall Manta System Administrator Kristal Rocks

The next Manta training and drop-in session is taking place on Wednesday 11th May at 2pm. If you have any new staff please inform your system administrator so that they can create login details and also let me know so that I can book them onto the training.

The next Manta Partnership Group Meeting is on Thursday 19th May at 10am. If you have any feedback about Manta (Good and Bad!) please let your representative or me know so that we can discuss at the meeting.

Thank you – Kris and The Manta Partnership Group



Path Path  
@PathDevon

Lovely, much appreciated message from a client, who we've helped get #housing:  
Just want to say a massive thank you. I can't explain how much you've changed mine and my children's lives. We have a safe warm home and independence and I am honestly forever grateful.

6:06 PM · Apr 16, 2022 · Twitter Web App

### Harbour

Yvonne is a former service user of Harbour and Hamoaze and she is currently studying at the college of art in Plymouth. Yvonne has an interactive exhibition in Devonport which celebrates her talent.

Sean Gray

Substance Misuse Specialist / Naloxone Lead / Safer Injecting Service Coordinator

## “Put It To Bed” Interactive Art Exhibition

By Local artist Yvonne Mousley  
At Devonport Live 56 George Street Devonport  
26th -29th April 2022



Bring objects that represent what you want “TO PUT TO BED”

Had enough of something! Ready to move on! Leave an object in bed or create a message and “Put It To Bed.”

