



Plymouth Alliance for Complex Needs

Best for people using services

October 2020

Useful Contact Details:

PCC Retained Client Function Alliance Advice Line 01752 304401 (Mon-Th 9-5pm, Fri 9 – 4:30)

Out of Hours 01752 668000 Community Connections 01752 398500

Info from the Digital Inclusion Network about training opportunities:

Positive People is a project support by the Community Lottery Fund and the European Social Fund. The aim of the project is to work with people who are over 25 and not in any kind of paid employment supporting them to overcome barriers. Hopefully with support they will be able to gain employment or join education. Please promote with anyone eligible for the support and looking for help in improving their future. Contact Positive People on [0800 334 5525](tel:08003345525) or info@positive-people.org.uk

Positive People upcoming events

Be Your Own Boss

Attend our free self-employment inspire me session and find out more about what you can achieve with the right support and mindset.

Part of the Positive People 'Be Your Own Boss' initiative this is stage 1 of 3 of our course.

Stage 1: Attend our Inspire Me session to hear the journeys of some people who have succeeded at setting up their own businesses and find out more about what you can achieve with the right support and mindset.

Wednesday 28th October – 2pm – 4pm - <https://www.eventbrite.co.uk/e/116096300159>

Stage 2: Attend our 'Ideas Hub' where you'll learn more about expanding on your own idea and get a taster for stage 3...

Wednesday 4th November – 10am – 12:30pm - <https://www.eventbrite.co.uk/e/116202000311>

Wednesday 1st November – 1:30pm – 4pm <https://www.eventbrite.co.uk/e/116202210941>

Stage 3: is the 'Be Your Own Boss' intensive course (6 sessions) designed to get you ready to take the steps required to get your business off the ground.

Monday 16th November – Friday 20th November daily from 9:30am – 1:30pm

Contact ppdevon@cosmic.org.uk to book on

Be Your Own Boss Post session – a follow on session to the course.

Friday 27th November 9:30am – 1:30pm

Refugee Awareness Training

Plymouth & Devon Racial Equality Council are offering training on the following dates:

- the 22nd of October from 11 am to 1 pm
- the 9th of November from 11am to 1 pm
- the 19th of November from 11am to 1 pm
- the 3rd of December from 11am to 1 pm
- the 14th of December from 11 am to 1 pm .

The training is delivered on Zoom.

To book your place, please email:

l.porfir@plymouthrec.org

Once the booking is confirmed you will receive a link to the Zoom online training



Harbour as a designated charity on Amazon

In case you weren't already aware Amazon run Amazon Smile; through which people that shop from Amazon can give money to a charity of their choice at no extra cost.

What is Amazon Smile?

Amazon Smile is a website operated by Amazon that lets customers enjoy the same wide selection of products, low prices, and convenient shopping features as on amazon.co.uk. The difference is that when customers shop through the URL smile.amazon.co.uk, Amazon will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to the charitable organisations selected by customers.

Is there any cost to charitable organisations or to customers?

No. There is no cost to charitable organisations or to Amazon Smile customers. The shopping experience is identical to amazon.co.uk with the added benefit that Amazon will donate to the charitable organisations selected by customers.

Harbour is now a registered charitable organisation on Amazon Smile – so it is being requested that staff pass this on to as many people as they can – so income can be generated from this.

If you would be willing to add Harbour as your registered charity, on your own personal Amazon accounts, this will be gratefully appreciated. Please pass this onto your family and friends!

In order for the money to be donated – each time you shop you have to go to Amazon via this link: <https://smile.amazon.co.uk> (if you go in via the “usual” Amazon website address, no money will be donated)

Weekly Property Bulletin

Many people probably know already but there is a Weekly Property Bulletin sent out, sharing vacancies in private rented accommodation so that staff members can alert and support clients needing housing to consider them.

The Path Renting Support Service have a list of 130 landlords/agents that they contact regularly to obtain information about vacancies; which they then share via the bulletin to over 100 alliance staff and is used, for instance, to help people move on from temporary accommodation.

Anyone wanting to receive it should email:

David.Ringwood@pathdevon.org

GRANTS FOR PEOPLE REQUIRING ADDITIONAL SUPPORT

If you haven't already explored the Turn2Us site then please take a look!

<https://grants-search.turn2us.org.uk/>

Big Teams Meeting

The next meeting is planned for Wednesday 11th November from 9:30 – 11 (we will finish early to allow staff to observe a minutes' silence) This is a great opportunity for staff to link in with colleagues across the Alliance and find out about the work being done and make connections – bring a cuppa and some cake !!



Please email Sharon to be sent the Teams link (sharontucker1@nhs.net)

Hamoaze – Affected Others Group

The Affected others group is to support anyone who has been impacted by a loved ones' substance use. We mainly get lots of mums and dads but we occasionally get nans and grandads too, sometimes grown up children. The group has been running for about 4 weeks now and is proving to be very popular so we are looking at adding in a second group. With covid restrictions we need to book people in so it's an appointment based only group at the moment. If you have anyone who you think would benefit from support please ring the house on 566100 and book in.

Claire O'Gorman

FOOD ACCESS GUIDE.

This has been co-developed (in consultation with partners across the city), coordinated by Lisa Howard (our Food Equality Project lead)

<https://foodplymouth.org/do-you-need-information-about-how-to-access-food/>

We hope this will provide a place for you to navigate food aid, local support and other resources.

If you have any queries about this guide, then please let us know.

We are also looking for constructive feedback so feel free to let us know how useful you think it is.

Many thanks

Clare

Clare Pettinger RD RNutr (Public Health) FHEA PhD
Lecturer Public Health Dietetics & Admissions Tutor BSc(Hons) Dietetics

STOCKTAKE

On 19th October the Alliance Leadership Team (ALT) attended a stocktake meeting with Plymouth City Council Commissioners. This was an opportunity to reflect on actions taken to date and plans for activity to move the Alliance forward. PCC recognised the enormous amount of work which had been undertaken as a result of the COVID-19 pandemic and how changes had been implemented to address the needs of those individuals needing our services.

Moving forward we now have to focus on delivering against our Implementation Plan, which reflects work being led by the individual sub-groups, understanding and responding to the data collected through system measures, ensuring it is meaningful and informs strategic change, and budget setting for 2021-22.



Recent Casestudy:

The RST have evidenced K out multiple times over the past two years, and at some points, for significant periods of time. K has been accommodated in most housing models in the city and unfortunately, none of them have ended well. This is for a multitude of reasons but K is incredibly complex and have both drug, alcohol and MH needs. K is linked to the MARS team but the engagement has been very up and down. During lockdown, K was evidenced as RS and in turn, placed in B&B by PCC. Within 3 weeks K was moved into the H4H model.

MARS have continued to support K from the H4H property with twice weekly support sessions and with Harbours involvement too, K seems to be turning this around.

I have heard from all professionals involved, including probation, just how well she is doing and they are currently exploring rehab towards the end of the year. This support plan has been led by K and although this is by no means the end, a multi-agency approach and wrap-around support has got K to the best place she has been in years.

This is a reflection of multi-agency working but also having the right housing model available for this particular client.