



Plymouth Alliance for Complex Needs

Best for people using services

September 2021

Useful Contact Details:

PCC Retained Client Function Alliance Advice Line 01752 304401 (Mon-Th 9-5pm, Fri 9 – 4:30)

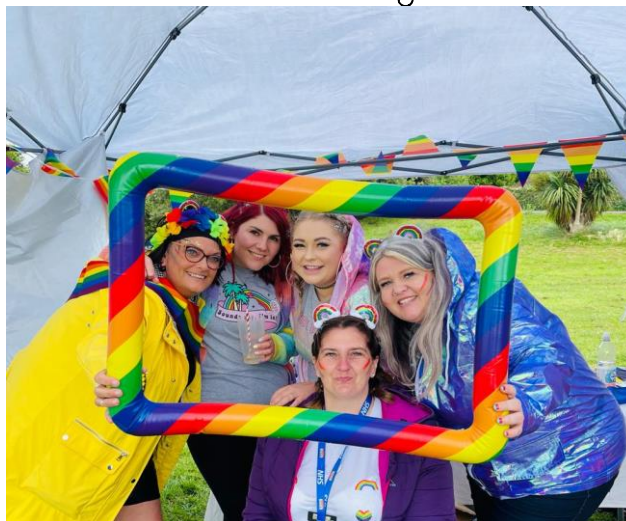
VOLUNTEERS WANTED !

As many of you know, the **Plymouth Soup Run** has been delivering a much-needed service for many years in the City. Following recent conversations with Hilary Knight, Soup Run Coordinator, we are offering all Alliance staff the chance to go out with them and not only see their work at first hand but be prepared to offer support and advice to people using the service. Soup Run teams have found having Alliance staff present has proved to be very beneficial and we would like to build upon this. In the first instance if you are interested can you please contact Hilary directly to make the necessary arrangements. You can email her at

info@plymouthsoup.run.org.uk

Pride 2021 - The complex lives general health outreach team and workers from BCHA and Harbour supported Tracey Lovelace on the Eddystone Trust's stall to give out free condoms as well as sexual health and testing advice. It was a really successful day despite the weather and we had some great conversations with members of the public

KATE HOWARD Community Outreach Sister



September Awareness days

7th Sept. Youth Mental Health Day visit [Youth Mental Health Day | stem4](#)

13th Sept. Sexual Health Week visit <https://www.brook.org.uk/shw/#shwgetinvolved>

Following the tragic events in Keyham last month a number of organisations, including Livewell and partners in the community and voluntary sector, are continuing to support people in Keyham and the wider Plymouth area who were affected. The support available in the city is covered in [this leaflet](#)

Alliance and Partner training

Alliance Mandatory Training

The Mandatory training sessions are nearly full. **Please can we ask that staff attend their booked session unless it is unavoidable.** If you are unable to attend please check whether a colleague is able to swap instead so that we can ensure all staff are guaranteed a place.

Remaining dates:

Promoting Good mental health – 9th, 23rd & 28th September

Please email sharontucker1@nhs.net to book your place

Certificates are being sent to all attendees.

NEW dates will shortly be sent out for October and November for all three courses.

Tara Wilkinson at PATH is offering some **Rough Sleeper/Homelessness and A2A training.** This will ideally be targeted at newer members of staff or staff in the Alliance not working directly in housing.

Dates are as follows:

24th September 10am-12pm

29th October 10am-12pm

If you would like to book a place please contact Tara at Tara.Wilkinson@pathdevon.org

The Tenancy Training programme has been developed and is facilitated by Path.

Tenancy Training is suitable for staff, volunteers and people who work in housing or related services.

The training aims to help staff support their clients in understanding and accessing private rented tenancies. Looking at rights, responsibilities and affording and securing a tenancy. Training is delivered by at least one Path Renting Support Service worker.

Training will currently be delivered via video call (MS Teams).

Please contact Dave Ringwood by e-mail at David.Ringwood@pathdevon.org to book a place.

Tuesday September 14th 10.30 – 12.30 and Thursday September 16th 1.30-3.30

PPE Training for Alliance staff

Belinda Caslake, Senior Infection Prevention Practitioner is offering PPE training for client facing staff working with those who are homeless/vulnerable.

This is a good opportunity to refresh your learning, particularly with the rising covid cases in Plymouth.

The training will be one session online on MS Teams, around 1 hour, with the opportunity to arrange additional sessions.

If you would like to book a place for yourself or team members, please register your interest via this link
<https://www.eventbrite.com/e/162787717445>



Respect Picnic in Victoria Park



On the 18th of September
11am to 3 pm
behind the children's play area in
Victoria Park—PL1 5NJ

Come and join PDREC and friends for a free fun day

Activities on the day :

- A range of free activities for children
- Stalls
- Sports activities
- Imperfect Orchestra
- Workshops provided by Conscious Sisters and Clan-Kind together with Richard Fisher (history) and Tess Wilmot (foraging)
- Many more surprises for everyone



Free cake, including gluten free and vegan cakes

For more details, please contact Lavinia Porfir at: l.porfir@plymouthrec.org or on 07470 011220.

You can bring your own food

Free packs of healthy snacks and Free water provided



FREE ONLINE

REFUGEE AWARENESS TRAINING

The 9th of September
11am—1pm

or

The 29th of September
11am—1pm

Book your place by sending an email to Lavinia Porfir at :

l.porfir@plymouthrec.org

Once the booking is confirmed you will receive the link for the Zoom session.

Counselling Skills workshop volunteers needed

In delivering the Alliance training recently I became aware that there are lot of Alliance staff with qualifications in counselling, and a lot of staff without any formal counselling training at all.

Staff without counselling training have consistently said they'd like to learn more, and use these skills to improve care for our service users, so we came up with the idea of running some themed workshops for alliance staff run by staff who hold counselling qualifications?

So, I asked around informally and quite a few counselling trained staff would love to do this, so I am formally asking for volunteers to go on a register to deliver workshops.

You may have counselling training, but no training delivery experience.....it doesn't matter, there are staff trained in training (me included) who will be happy to support you with session structure, learning outcomes etc. so it could be a good way of building our own confidence in helping support each other through peer workshops and learning some educational theory too.

Workshops would focus on a particular skill/ issue/ theme, and typically be two, maybe three hours, and held at different alliance premises.....These workshops are not meant to replace formal counselling training -just a way of us all helping each other and forming bonds too.

If you are interested in delivering these workshops please reply with a short paragraph saying what you'd be interested in offering, and we can at least have an idea of who is keen, and what you can do! There are quite a few people interested in delivering, so any time commitment would be minimal really.....

Thanks in advance.

Andy Maguire

PGCE (Clinical Ed.)/Associate Fellow HEA

Email amaguire@nhs.net



Great feedback on the HISS service:

From a client: 'I meant it, I couldn't have done it without your support. You've been wonderfully patient with me throughout, not just the last year but in 2019 as well, when I first moved from London to Plymouth. I hope you stay safe and well and you do a bloody marvellous job under difficult circumstances, certainly the last year or so'

From a client's partner: 'Hi it's A's girlfriend I just wanted to say so much to you and thank you from the bottom of our hearts of all the time and effort you have put into helping him to get his flat he is so over the moon it's the first home he is properly had from living in a shared house it's so greatly appreciated all the time and effort you have put in during this tough time thank you once again lots of love'

Becky Saxton (PATH)

We need your good news stories

World Homelessness Day is on 10th October <http://www.worldhomelesday.org/> and we would like to feature some of your good news stories or positive stats about the work that has been done by teams across the Alliance housing our most vulnerable clients.

These will be shared in the newsletter and further Alliance comms around World Homelessness Day. Please could you send any positive stories to sharontucker1@nhs.net via your manager (if applicable)

Many thanks !