



# Plymouth Alliance for Complex Needs

Best for people using services

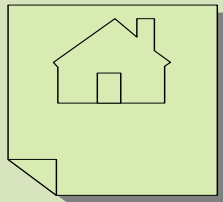
February 2021

## Useful Contact Details:

PCC Retained Client Function Alliance Advice Line 01752 304401 (Mon-Th 9-5pm, Fri 9 – 4:30)

Out of Hours 01752 668000 Community Connections 01752 398500

## Current training offers – Alliance wide



### Tenancy Training

The Tenancy Training programme has been developed and is facilitated by Path. Tenancy Training is suitable for staff, volunteers and people who work in housing or related services.

The training aims to help staff support their clients in understanding and accessing private rented tenancies. Looking at rights, responsibilities and affording and securing a tenancy. Training is delivered by at least one Path Renting Support Service worker.

Training will currently be delivered via video call (Zoom).

**Please contact Dave Ringwood by e-mail [David.Ringwood@pathdevon.org](mailto:David.Ringwood@pathdevon.org) to book a place.**

*Wed 7th April AM (10.30-12.10)*

*Fri 9th April PM (1.30-3.10)*

*Wed 5th May AM (10.30-12.10)*

*Fri 7th May PM (1.30-3.10)*

**Free online Refugee Awareness Training** is available on Feb 24<sup>th</sup> from 11am – 1pm

To book your place please email Lavinia Porfir at [l.porfir@plymouthrec.org](mailto:l.porfir@plymouthrec.org)

Once the booking is confirmed you will be sent the Zoom link

## **Trauma Informed training**

Vicky Brooks is able to offer Trauma Informed training to Alliance staff on alternate Fridays' starting from February 5th. The sessions will be for a maximum of 15 staff and delivered virtually. Please see info below and attached from Vicky.

*To address the huge demand for the Trauma Informed Practice Training that is being offered by the Plymouth Safeguarding Children's Partnership (PSCP), we are excited to be able to offer additional sessions to members of the Alliance from February 2021.*

*The training is exactly the same as that delivered via PSCP and is a certificated L3 Safeguarding course.*

*From an Alliance perspective, this is essential training to enable us as a city - and as an alliance of passionate, committed workers - to develop a shared understanding and language around trauma informed practice. The vision is for staff across the city to experience this training.*

*This is an introductory level workshop aimed at raising awareness of key concepts and how trauma informed practice is being developed at a local level. We recognise that many staff working with people who have experienced trauma will require enhanced training. We will be looking for feedback from managers and attendees about levels of need. This course will be a pre-requisite for further trauma training.*

*The workshop will take place virtually. Webinars will be from 10:00 -12:30 alternate Fridays from 5th February 2021. The webinar will be supported by pre-course reading and an essential pre-course webcast to watch.*

*To be offered a place, please follow your agencies procedures for requesting training and express your interest to Sharon Tucker.*

*Please do not double-book if you have already been allocated a place by PSCP. Any questions, please feel free to get in touch. Hope to see you on the webinar soon.*

*With warmest wishes*

*Vicky  
Substance Misuse Specialist*

## **Prenoxad Training**

Sean Gray at Harbour has arranged for staff to access prenoxad training with Fiona Konteh, Addiction Healthcare Development Manager at Ethypharm. Sessions will be offered on the following dates:

<b>Friday 26th February</b>	<b>2.00 Teams</b>		
<b>Friday 5th March</b>	<b>2.00 Teams</b>	<b>Friday 12th March</b>	<b>2.00 Teams</b>
<b>Friday 19th March</b>	<b>2.00 Teams</b>	<b>Friday 26th March</b>	<b>2.00 Teams</b>
<b>Friday 16th April</b>	<b>2.00 Teams</b>	<b>Friday 23rd April</b>	<b>2.00 Teams</b>

If you have staff who would like to join the training please send their email address, job role and preferred date to [sharontucker1@nhs.net](mailto:sharontucker1@nhs.net). Please confirm they are willing for their details to be sent to Fiona, as she will send them a covering email which includes the link to the SMMGP training module.

## Hamoaze Food Boxes



We prepare food boxes/parcels with whatever the person needs; we do them for single people, couples and families. We try to match the needs of the person or family, so a family are more likely to use fruit and veg and things to make proper dinners whereas a young person we had to prepare one for last week who didn't know how to cook got lots of cereal and noodles and snacky things. Please email Claire O'Gorman if you would like to have a chat about what your client needs

[cogorman@hamoazehouse.org.uk](mailto:cogorman@hamoazehouse.org.uk) or Tel 01752 566100

**First Light** is a South West charity supporting people affected by domestic abuse and sexual violence with services in Cornwall, Devon and Wiltshire. All of our services are free and for anyone regardless of gender. We offer safe and confidential services.

**Our vision:**

A place where we live in safety free from Sexual Violence and Domestic Abuse

**Our values:**

- Trust
- Integrity
- Respect
- Progressive
- Collaborative

**Our mission:**

Working together to build safer lives free from Sexual Violence and Domestic Abuse

- Educate and Prevent through early intervention, training and campaigning
- Protect and Support through the provision of services to help safeguard and reach out to those suffering Domestic Abuse and Sexual Violence
- Cope and Recover by providing a full range of services to help people build resilience and move on to healthier happier lives
- Give a Voice to those who suffer in silence and influence others to bring about positive change

In Plymouth First Light provides sexual violence support through the Independent Sexual Violence Advisory (ISVA) Service which is Devon and Cornwall wide. To understand more about this service we have a video explaining what the ISVA's do, this can be viewed [here](#). First Light can also provide therapy to anyone who has been affected by sexual abuse or violence at any time in their lives.

*Firstlight staff have offered to give a presentation to the Alliance – so details of when this will be taking place and how to book your place will sent to managers soon.*



**Pods at Hamoaze House**

### **Winter Provision and SWEP**

Staff from across the Alliance together with partners, have worked hard, particularly during the recent cold weather to help ensure those who needed accommodation were helped. Great partnership working has ensured no one 'returned to Rough Sleeping' once SWEP was over (Severe Weather Emergency Protocol). In addition, Hamoaze has installed pods (see photo) and we have been lucky enough to be awarded further funding for 2 more Pods which are an invaluable resource for our higher risk clients.

Tara from PATH highlights the good work that has been done:

- January 2021 - 29 people evidenced, comparing these with previous years; January 2020, 24 people were evidenced and January 2019, 59 people were evidenced
- Looking at the last quarter, October - December 2020, 90 were evidenced and 87% of these were accommodated.
- Out of the 29 evidenced in January this year, 21 of these were new to us. We're seeing an increase in new rough sleepers.
- SWEP called between Friday 5th Feb and Monday 15th Feb because of the extremely low temperatures. During SWEP a total of 23 people were accommodated – not all of whom had been evidenced but if there was genuine reason to believe someone may be rough sleeping we accommodated them.
- SWEP placements were organised across the Alliance including Winter Provision, George House, Devonport House and B&B