



THE PLYMOUTH ALLIANCE

Newsletter - October 2025 edition

Welcome to the latest edition of the Plymouth Alliance Newsletter.



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The Plymouth Alliance is commissioned and funded by Plymouth City Council.

Thank you for reading The Plymouth Alliance Newsletter, we hope you enjoyed it. If you have any contributions or stories for a future edition, please send to amy.mackay2@nhs.net



HAMOAZE IS CHANGING

Hamoaze House is evolving, with new offers and fresh thinking to strengthen our role as a recovery-oriented hub for Plymouth.



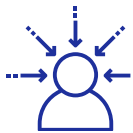
Food Provision

Our kitchen remains the centre of daily life, providing affordable, nourishing subsidised meals and a place of connection.



New Yoga and Mindfulness Space

Soon to open, this dedicated room will offer calm, restorative space for yoga, mindfulness, and therapeutic groups.



NADA Acupuncture

We are now running five-point ear acupuncture sessions, supporting people with cravings, sleep, stress, and emotional regulation.



Practice Review – Neurodivergence

Staff and community reflections are shaping a more accessible, respectful environment for neurodiverse community members and staff alike.



Human Learning Systems Pilots

Four pilots are underway — from engaging hostel residents in peer led assessment to strengthening family support — helping us design systems that respond to people, not processes.

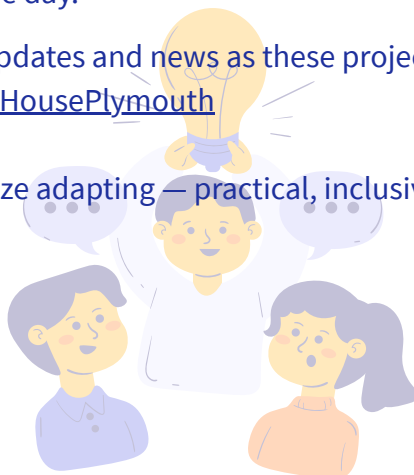


Extended Hours Pilot

We're testing new opening times on Saturday and Tuesday evenings, expanding access for those who can't attend during the day.

Keep an eye on our social media for updates and news as these projects develop. Follow us on Facebook: <https://www.facebook.com/HamoazeHousePlymouth>

Together, these changes show Hamoaze adapting — practical, inclusive, and committed to recovery through community.



Andy Maguire

Chief Executive, Hamoaze House

NEWS FROM BCHA



BCHA were pleased to host Luke Pollard, MP for Plymouth Sutton and Devonport, for a visit at George House on September 12th 2025. Luke visited our accommodation to support the NatFed “Starts At Home” Campaign, where he met with Molly Shill and Emma Cox to discuss the vital importance of supported housing.

More exciting news from George House: Molly Shill, Premises Manager, has been nominated for the YMCA Employee of the Year award at YMCA's Plymouth Community Awards. Results will be announced on October 11th and BCHA wish Molly the best of luck for this exciting achievement.

In early September, Winston Avenue, Somewhere Safe to Stay and Primrose House offered free liver health checks to their customers and staff via a mobile screening van from the NHS. 10 of our customers had their livers checked as a result of this and were given advice on how to maintain and improve their liver health moving forwards.

The Families Team hosted a successful recruitment event on the 11th September in partnership with Seetec. The event allowed for candidates to do some practical scenarios to showcase their skills and qualities for the role and were subsequently offered to progress to an interview or given constructive feedback to help with future opportunities.

At the end of August, the Families Team hosted a Family Fun Day for those with children facing homelessness. The event had an inflatable football game, local magician Emazdad, a bouncy castle and outdoor games to play. The event was also attended by partner agencies including Action for Children, as well as Support Workers from BCHA to ensure parents were able to access support while their children enjoyed the activities. Lorraine Mealings, CEO for BCHA also attended the event with Nicola Greenfield, BCHA's Director of Support and noted how important events like these are to help support families facing homelessness.



PATH LAUNCHES THEIR NEW BRAND

For three decades, Path has been at the forefront of tackling homelessness in Plymouth. This year, to mark its 30th anniversary, the charity is unveiling a refreshed brand identity and hosting a special celebratory event. Developed in partnership with Plymouth-based creative agencies Just Enough Brave and Altitude, the new brand and website symbolise three decades of innovation, dedication, and hope - while reflecting Path's ongoing mission to ensure that "hope begins with a home."

In 2024–25, Path supported over 1,700 people facing or at risk of homelessness, providing accommodation for 350 individuals each night. The charity offers tailored services to help people move towards stable housing, including outreach to those sleeping rough, tenancy support, and housing advice. Its multi-agency team delivers intensive support for those experiencing chronic homelessness.

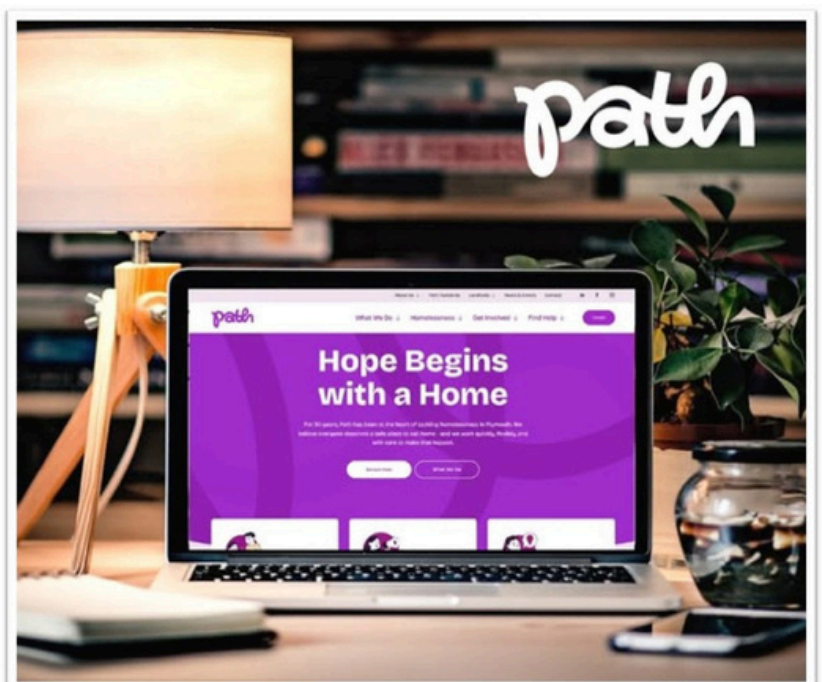
In addition, Path works closely with landlords and letting agents through its Private Rented Access Service and EasyLet scheme, which open up private rental opportunities and provide financial and tenancy support to those who might otherwise be excluded.

Victoria Allen, Path's CEO, who joined in 2024, said:

"As we celebrate 30 years of Path, this new brand reflects not just where we've come from, but where we're going. Every night, hundreds of people in Plymouth face the uncertainty of homelessness. Our refreshed identity is a symbol of hope and our continued determination to walk alongside – listening, supporting, and creating pathways to safe and secure homes."

To mark the anniversary and rebrand, Path's 90s Rewind Birthday Gala on 17 October will bring together Path's supporters, partners, and the wider community for an evening of connection, celebration, and fundraising in support of Path's vital mission.

As the new brand launches throughout 2025 across digital platforms, community outreach and events, Path remains steadfast in its commitment: hope begins with a home. For more information about Path and their services and to purchase 90's Rewind gala tickets, visit their new website at www.pathdevon.org



PARTNERSHIPS AND PATHWAYS

2025

Thank you to everyone who has supported the new format Partnerships and Pathways sessions this year, particularly those involved in the design, presentation or facilitation of these sessions.

Also thanks to all those who have attended one of the new sessions and provided valuable feedback. We hope you have enjoyed them and found the revised format more useful and interactive.

To book your place on the upcoming autumn sessions, please use the links below:

**Tuesday 21
OCTOBER**

Substance Use



BOOK NOW

**Thursday 6
NOVEMBER**

Homelessness



BOOK NOW

**Tuesday 2
DECEMBER**

Mental Health



BOOK NOW



I came out of the session with a better understanding and more confident to approach necessary services for further information.



The session was structured well, with enough variety to keep everyone engaged. I really enjoyed the small group discussions.



Partnerships and Pathways Sessions take place at Hamoaze House, George Street, Mount Wise, Plymouth, PL1 4QJ. Refreshments will be provided.

If you would like any further information please email the Alliance Business Support Coordinator - amy.mackay2@nhs.net

THE ALLIANCE NOTICE BOARD

Access to Substance Use Services – Correction

Over the last six months, a communications error has crept into local messaging which has left some vulnerable people uncertain about whether they can use both Hamoaze House and Harbour at the same time.

To be clear: service users are able to access both services in parallel, as they have done for more than 25 years. This is not new — it is a long-standing feature of Plymouth's recovery system. The principle behind this is simple and rooted in the Alliance ethos: people should have choice, and services should work in partnership to meet different needs. The structured day programme at Hamoaze and the interventions at Harbour are designed to complement one another, not compete.

We would ask all Alliance staff to please actively reassure service users on this point, should it come up.

No one should feel they must choose between the two.

Andy Maguire, Hamoaze House

Introduction to the Alliance Session

If you would like to know more about the work of the Plymouth Alliance, you can book onto one of the Introduction to the Alliance Sessions.

These sessions take place every quarter and the next session is on Monday 1 December 2025, 3pm - 4:30pm at Hamoaze House.

If you would like to attend please email the Alliance Business Support Coordinator, Amy Mackay - amy.mackay2@nhs.net



THE ALLIANCE NOTICE BOARD

WFD Update

August has been a holiday month for many - but we have been busy planning activities for the autumn.

October will see two further ASIST courses for team members from a cross-section of Alliance partners.

Three workshops are scheduled for the autumn:

- Power & Privilege with Meghan Field
- Intersectionality with Nica Cornell
- Improving Competencies: Utilising Values at Work with Rowan Burrows.

All these are part of the Alliance's Relational Practice Academy and receive support from Changing Futures Plymouth.

Final touches are being made to the Partnerships and Pathways programme, sign-up through Eventbrite.

Mary, Alliance Workforce Development Coordinator



Santa Fun Run!

A promotional poster for the Plymouth Santa Fun Run. At the top, it features a cartoon Santa Claus, the text 'Plymouth Santa Fun Run', and logos for Rotary Saltram, Plymouth Active, and Plymouth Waterfront Partnership. Below this, it says 'Sunday 7th December 2025 - 11am Start'. The middle section shows three polaroid photos of the run: a large crowd, a 'START' banner, and runners in Santa suits. Two callout boxes provide pricing: 'Adults £15.00, Children £5.00' with a link to the website for details, and 'FREE Santa Suit and Medal!'. Another callout box states 'Approx 5k run, 2.5k for children through The Barbican, The Hoe and The Waterfront'. The bottom section lists 'SUPPORTING' partners: shekinah and Jeremiah's Journey. At the very bottom, a red banner says 'Enter at plymouthsantafunrun.co.uk'.

[Click here
to book](https://plymouthsantafunrun.co.uk)

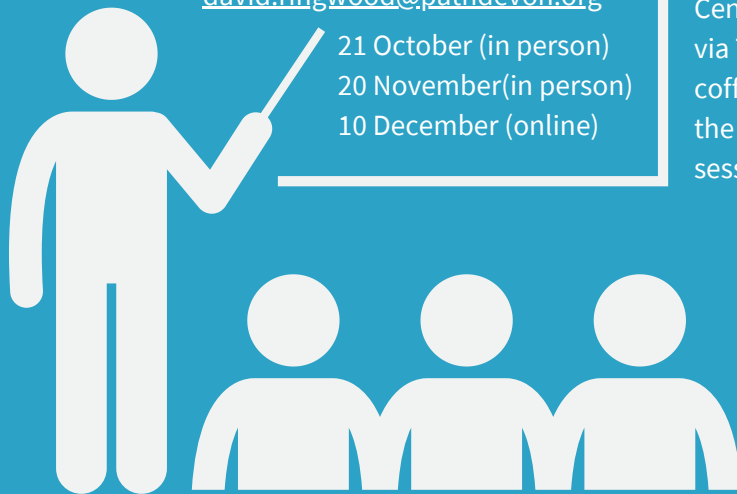


THE ALLIANCE NOTICE BOARD

Tenancy Training

The sessions will cover topics including:

- Legal requirements of landlords
- Legal obligations of tenants
- Different types of eviction notices
- Supporting people to secure private rented accommodation
- Getting deposits, rent in advance and applying for benevolent funds
- Finding furnishings, white goods and other local resources



All sessions are 10am to 12:30pm.

Please email Dave to book –

david.ringwood@pathdevon.org

21 October (in person)

20 November (in person)

10 December (online)

Sessions are in person at Path offices (Harwell Centre) and online via Teams. Tea and coffee available for the in person sessions.

Partnerships and Pathways Survey

As part of the evolving Partnerships & Pathways programme we are experimenting with different formats to enhance opportunities for meaningful connections and to be curious about what learning is valued by those working in the Alliance.

Therefore, the Livewell Community Substance Use Services team have suggested a number of possible bite sized topics to include in December's Partnerships & Pathways session. Please let us know which topic(s) you wish to see included alongside an overview of Mental Health Services in Plymouth on the 2nd December:

- Introduction to trauma
- Anxiety
- Introduction to co-occurring mental health and substance use
- Managing boundaries and conflict
- Introduction to dialectical behavior therapy (DBT)
- Managing deliberate self-harm and suicidal thoughts.

This survey will close on the 14th November 2025.

CLICK HERE





1000 Members for the Trauma Informed Plymouth Network

Last month the Trauma Informed Plymouth Network officially surpassed the 1000 members milestone. The incredible local uptake of trauma informed practice is a testament to the appetite for service development and our shared local culture of care.



"On behalf of everyone at The Network, thank you to our partners, directors, members, trainers and everyone else who has helped us bang the drum of our movement over the years. What started as an offhand chat in 2018 has blossomed into something affecting real change in our community. Here's to growing together and bringing even more value to our network!"



David Traub
TIPN Project Worker | Digital Marketing Officer, Improving Lives Plymouth

IPS Self Guided Assessment Result

I'm pleased to share some fantastic news following our recent Guided Self-Assessment. Over the past few months, I've been working closely with regional leads from IPS Grow to identify four key items from the IPS Fidelity Scale for focused review. This took place last Wednesday, and I'm delighted to report that we scored the highest possible rating of 5 on three of the items, and a strong score of 4 on the fourth.



Such strong outcomes are a direct result of the IPS team's hard work, and they reflect that we are delivering high-quality, person-centred employment support.

Looking ahead, we'll be focusing on the full fidelity scale and continuing to strengthen our approach in preparation for any future reviews.

Andy Kebby
Employment, Enterprise and Fundraising Manager, Shekinah