

## Here are some tips to inspire your creativity when social distancing:

- Rediscover the music collection
- 2 Institute family game night
- 3 Get to that spring cleaning
- 4 Gather old clothes for donation (or cut them into rags)
- 5 Research online classes
- 6 Learn a new language online
- 7 Read books and magazines
- 3 Do a jigsaw puzzle
- Play cards, board games, video games
- Cook or bake old faves or new recipes
- 11 Watch movies or new programming



- 12 Create a new exercise routine
- Enjoy nature
- 14 Make phone calls
- 15 Write a gratitude letter
- 16 Email, text, facetime or video chat loved ones
- Start journaling
- 18 Finish that photo album or scrap book
- Practice meditation on a regular schedule
- Give the dog a bath
- 21 Paint a room or a small canvas
- Redecorate the bathroom
- Hold regular home-based spa days