



Spiritual Growth Tool: Disciple-Maker Follow-Up

The person you are discipling completed the Spiritual Growth Tool. Now what?

The following are some ways that you can utilize the Spiritual Growth Tool to guide future discipleship meetings and assist the Disciple in their growth. As you read these suggestions, be attentive to the Holy Spirit's guidance in how best to respond to the assessment. Timing matters; not everything needs to be addressed now. The Disciple may not be ready yet to engage in a certain area. Notice what God is doing in the Disciple's life, and do your best to partner with God in his work.

1. **Ask the Disciple to reflect** on the experience of completing the assessment. You may learn a great deal about where the Disciple is in their journey simply by listening to them reflect. Ask about what they learned from the assessment; ask how they felt before, during, and after the assessment; ask what they think about their results. Listen well.
2. **Review responses that they circled.** (Remember, circled responses indicate difficulty understanding the question.) You may or may not wish to discuss these questions with them. It's possible that the circles simply direct you to areas which you, the Disciple-Maker, need to be aware of during future meetings.
3. **Ask them to explain** subjects that they indicated they would be able to explain. For example, you notice that they responded with a "4" to the question "I can explain to someone else how the Church developed over the centuries." As a follow-up, you may ask them to tell you what they know about church history. You don't necessarily need to correct any mistakes here; simply listen and take note.
4. **Review the "response summary" at the end of the assessment.** Take note of which "piece of pie" is smallest. Perhaps this will help determine the next topic for your discipleship meetings.

Remember that the Spiritual Growth Tool is a *self-assessment*. This means that its accuracy is highly dependent on how well the Disciple knows him/herself. Your Disciple may not be very self-aware, so their results may not be the best reflection of their actual growth. That's OK. In this case, you have learned something about the Disciple's self-awareness.

You don't necessarily need to show the Disciple how they have mis-evaluated their growth. (Keep in mind that you may not have the most accurate understanding of the Disciple, either.) But it can be helpful for you, the Disciple-Maker, to recognize that the Disciple still has a way to go on their journey of self-discovery. Again, that's OK. Trust God to do that work, and be willing to partner with God in that process.