

Resources for Discipling

This is not an exhaustive list. It may be updated periodically. Other resources may be used by Disciple-Makers as appropriate; usually they should be vetted by the Director of Discipling.

To explore these resources digitally, visit our Goodreads bookshelf:

www.goodreads.com/newhopediscipleship

Bible

*Gospels (particularly Mark as a study of Jesus)

*Fee, Gordon D. and Douglas Stuart. *How to Read the Bible for All Its Worth*.

Fee, Gordon D. and Douglas Stuart. *How to Read the Bible Book by Book*.

Kaminski, Carol M. *CASKET EMPTY: Old Testament Study Guide: God's Plan of Redemption Through History*.

Palmer, David L. *CASKET EMPTY: New Testament Study Guide: God's Plan of Redemption Through History*.

Identity

*Benner, David G. *The Gift of Being Yourself: The Sacred Call to Self-Discovery*.

Briscoe, Stuart & Jill. *Improving with Age: God's Plan for Getting Older and Better*.

Fryling, Alice. *Mirror for the Soul: A Christian Guide to the Enneagram*.

Guinness, Os. *The Call: Finding and Fulfilling the Central Purpose of Your Life*.

Hudson, Trevor. *Discovering Our Spiritual Identity: Practices for God's Beloved*.

Mulholland, M. Robert Jr. *The Deeper Journey: The Spirituality of Discovering Your True Self*.

Smith, Gordon T. *Courage and Calling: Embracing Your God-Given Potential*.

Spiritual Disciplines/Practices

Benner, David G. *Surrender to Love: Discovering the Heart of Christian Spirituality*.

Buchanan, Mark. *Spiritual Rhythm: Being with Jesus Every Season of Your Soul*.

Calhoun, Adele. *Invitations from God: Accepting God's Offer to Rest, Weep, Forgive, Wait, Remember and More*.

*Calhoun, Adele. *Spiritual Disciplines Handbook: Practices That Transform Us*.

Demarest, Bruce. *Satisfy Your Soul: Restoring the Heart of Christian Spirituality*.

Foster, Richard J. *Celebration of Discipline: The Path to Spiritual Growth*.

Jethani, Skye. *With: Reimagining the Way You Relate to God*.

Issler, Klaus. *Wasting Time with God: A Christian Spirituality of Friendship with God*.

Meyer, Keith. *Spiritual Rhythms in Community: Being Together in the Presence of God*.

Nouwen, Henri J.M. *Life of the Beloved: Spiritual Living in a Secular World*.

Nouwen, Henri J.M. *Out of Solitude: Three Meditations on the Christian Life*.

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Ortberg, John. *Soul Keeping: Caring for the Most Important Part of You*.
Smith, Gordon T. *On the Way: A Guide to Christian Spirituality*.
Thompson, Marjorie J. *Soul Feast: An Invitation to the Christian Spiritual Life*.
Willard, Dallas. *The Spirit of the Disciplines: Understanding How God Changes Lives*.

Attentiveness

Johnson, Jan. *Enjoying the Presence of God: Discovering Intimacy with God in the Daily Rhythms of Life*.
Peace, Richard. *Noticing God*.
Warren, Tish Harrison. *Liturgy of the Ordinary: Sacred Practices in Everyday Life*.

Lectio Divina/Bible Reading

Foster, Richard J. *Life with God: Reading the Bible for Spiritual Transformation*.
Howard, Evan B. and James C. Wilhoit. *Discovering Lectio Divina: Bringing Scripture into Ordinary Life*.
Mulholland, M. Robert Jr. *Shaped by the Word: The Power of Scripture in Spiritual Formation*.
Peterson, Eugene H. *Eat This Book: A Conversation in the Art of Spiritual Reading*.
Peterson, Eugene H. *Take & Read: Spiritual Reading – An Annotated List*.

Rule of Life

Macchia, Stephen A. *Crafting A Rule of Life: An Invitation to the Well-Ordered Way*.
Shigematsu, Ken. *God in My Everything: How an Ancient Rhythm Helps Busy People Enjoy God*.

Sabbath

Baab, Lynne M. *Sabbath Keeping: Finding Freedom in the Rhythms of Rest*.

Witness/Mission

Boa, Kenneth and Robert M. Bowman, Jr. *Faith Has Its Reasons: Integrative Approaches to Defending the Christian Faith*.
Borthwick, Paul. *Western Christians in Global Mission: What's the Role of the North American Church?*
Chester, Tim. *Good News to the Poor*.
Jenkins, Philip. *The Next Christendom: The Coming of Global Christianity*.
Johnson, Alan R. *Apostolic Function in 21st Century Missions*.
*Rawson, Katie J. *Crossing Cultures with Jesus: Sharing Good News with Sensitivity and Grace*.

Biographies (missionary, church fathers/mothers)

Metaxas, Eric. *Amazing Grace: William Wilberforce and the Heroic Campaign to End Slavery*.

Boundaries

Church Calendar

Advent

Bonhoeffer, Dietrich. *God Is in the Manger: Reflections on Advent and Christmas*.
Nouwen, Henri J.M. *Advent and Christmas Wisdom from Henri J.M. Nouwen*.
Watch for the Light: Readings for Advent and Christmas. (Plough Publishing House)

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Wueste, Ted. *Let Every Heart Prepare Him Room: Advent Reflections*.

Lent/Easter

Bonhoeffer, Dietrich. *God Is on the Cross: Reflections on Lent and Easter*.

Macchia, Stephen A. *Outstretched Arms of Grace: A 40-Day Lenten Devotional*.

Nouwen, Henri J.M. *Lent and Easter Wisdom from Henri J.M. Nouwen*. (Compiled by Judy Bauer)

Wangerin, Walter Jr. *Reliving the Passion: Meditations on the Suffering, Death, and the Resurrection of Jesus as Recorded in Mark*.

Ordinary Time

Arthur, Sarah. *At the Still Point: A Literary Guide to Prayer in Ordinary Time*.

CS Lewis

A Grief Observed

Mere Christianity

Surprised by Joy

The Chronicles of Narnia

The Great Divorce

The Screwtape Letters

Weight of Glory

Discipleship

Bonhoeffer, Dietrich. *The Cost of Discipleship*.

Macchia, Stephen A. *Becoming a Healthy Disciple: 10 Traits of a Vital Christian*.

Willard, Dallas. *The Great Omission: Reclaiming Jesus's Essential Teachings on Discipleship*.

Discernment

Benner, David G. *Desiring God's Will: Aligning Our Hearts with the Heart of God*.

Challies, Tim. *The Discipline of Spiritual Discernment*.

Dubay, Thomas. *Authenticity: A Biblical Theology of Discernment*.

Job, Reuben P. *Listen: Praying in a Noisy World*.

Smith, Gordon T. *Listening to God in Times of Choice: The Art of Discerning God's Will*.

Wolff, Pierre. *Discernment: The Art of Choosing Well*.

Emotional Health

Boa, Kenneth. *Rewriting Your Broken Story: The Power of an Eternal Perspective*.

Scazzero, Peter. *Emotionally Healthy Spirituality: It's Impossible to Be Spiritually Mature While Remaining Emotionally Immature*.

Family Systems

Finances

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Grief/Suffering

Briscoe, Stuart. *He's Still on the Throne: Finding Hope in a World of Trouble.*

Lipsky, Laura van Dernoot. *Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others.*

Sittser, Jerry. *A Grace Disguised: How the Soul Grows Through Loss.*

*Swanson, David. *Everlasting Life: How God Answers Our Questions about Grief, Loss, and the Promise of Heaven.*

Yancey, Philip. *Where Is God When It Hurts?*

Journey/Spiritual Formation

Ashbrook, R. Thomas. *Mansions of the Heart: Exploring the Seven Stages of Spiritual Growth.*

Brown, Jeannine, Carla Dahl, and Wyndy Corbin Reuschling. *Becoming Whole and Holy: An Integrative Conversation About Christian Formation.*

Bunyan, John. *Pilgrim's Progress.*

Foster, Richard J. and Gayle D. Beebe. *Longing for God: Seven Paths of Christian Devotion.*

*Hagberg, Janet, and Robert A Guelich. *The Critical Journey: Stages in the Life of Faith.*

May, Gerald G. *The Dark Night of the Soul: A Psychiatrist Explores the Connection Between Darkness and Spiritual Growth.*

Meyer, Keith. *Whole Life Transformation: Becoming the Change Your Church Needs.*

*Mulholland, M. Robert Jr. *Invitation to a Journey: A Road Map for Spiritual Formation.*

Nouwen, Henri J.M. *Spiritual Formation: Following the Movements of the Spirit.*

Peace, Richard. *Spiritual Autobiography: Discovering and Sharing Your Spiritual Story.*

Peterson, Eugene H. *Practice Resurrection: A Conversation on Growing Up in Christ.*

Schaeffer, Francis A. *True Spirituality: How to Live for Jesus Moment by Moment.*

Smith, Stephen W. *The Lazarus Life: Spiritual Transformation for Ordinary People.*

Thomas, Gary. *Sacred Pathways: Discover Your Soul's Path to God.*

Whitney, Donald S. *Ten Questions to Diagnose Your Spiritual Health.*

Wilhoit, James C. *Spiritual Formation as if the Church Mattered: Growing in Christ Through Community.*

Willard, Dallas. *Renovation of the Heart: Putting on the Character of Christ.*

Leadership

Beebe, Gayle D. *The Shaping of an Effective Leader: Eight Formative Principles of Leadership.*

Boa, Kenneth. *The Perfect Leader: Practicing the Leadership Traits of God.*

Fadling, Alan. *An Unhurried Leader: The Lasting Fruit of Daily Influence.*

Laniak, Timothy S. *While Shepherds Watch Their Flocks: Reflections on Biblical Leadership.*

Macchia, Stephen A. *Broken and Whole: A Leader's Path to Spiritual Transformation.*

Nouwen, Henri J.M. *In the Name of Jesus: Reflections on Christian Leadership.*

Sanders, J. Oswald. *Spiritual Leadership: Principles of Excellence for Every Believer.*

Scazzero, Peter. *The Emotionally Healthy Leader: How Transforming Your Inner Life Will Deeply Transform Your Church, Team, and the World.*

Parenting

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Physical Health

Prayer

Barclay, William. *The Lord's Prayer*.

Benner, David G. *Opening to God: Lectio Divina and Life as Prayer*.

Bonhoeffer, Dietrich. *Psalms: The Prayerbook of the Bible*.

Foster, Richard J. *Prayer: Finding the Heart's True Home*.

Foster, Richard J. *Sanctuary of the Soul: Journey into Meditative Prayer*.

Huggett, Joyce. *The Joy of Listening to God: Hearing the Many Ways God Speaks to Us*.

Johnson, Jan. *When the Soul Listens: Finding Rest and Direction in Contemplative Prayer*.

Keller, Timothy. *Prayer: Experiencing Awe and Intimacy with God*.

Laird, Martin. *Into the Silent Land: A Guide to the Christian Practice of Contemplation*.

Leech, Kenneth. *True Prayer: An Invitation to Christian Spirituality*.

Letendra, L. Joseph. *When You Pray: A Practical Guide to an Orthodox Life of Prayer*.

Lewis, C.S. *Letters to Malcolm, Chiefly on Prayer*.

Miller, Paul E. *A Praying Life: Connecting with God in a Distracting World*.

Moore, Linda McCullough. *The Book of Not So Common Prayer: A New Way to Pray, A New Way to Live*.

Murray, Andrew. *With Christ in the School of Prayer*.

Peterson, Eugene H. *Answering God: The Psalms as Tools for Prayer*.

Willard, Dallas. *Hearing God: Developing a Conversational Relationship with God*.

Wright, N.T. *The Lord and His Prayer*.

Yancey, Philip. *Prayer: Does It Make Any Difference?*

Relationships

Anderson, Keith R. *Spiritual Mentoring: A Guide for Seeking and Giving Direction*.

Benner, David. *Sacred Companions: The Gift of Spiritual Friendship and Direction*.

Bonhoeffer, Dietrich. *Life Together*.

Crabb, Larry. *Becoming a True Spiritual Community: A Profound Vision of What the Church Can Be*.

Peterson, Eugene H. *The Wisdom of Each Other: A Conversation Between Spiritual Friends*.

Resources on Right Now Media

<https://www.rightnowmedia.org> (contact Pastor Ed for login)

Self-Assessments/Inventories

Enneagram

Spiritual Growth Interview

Spiritual Growth Tool (including suggestions for how Disciple-Makers can follow-up after completion)

Download these resources at www.newhopeqalt.org/discipleship under Assessments

Sermons

Spiritual Gifts

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Theology

Boa, Kenneth and Robert M. Bowman, Jr. *Sense & Nonsense About Heaven & Hell.*

Boyer, Steven D and Christopher A. Hall. *The Mystery of God: Theology for Knowing the Unknowable.*

Chan, Simon. *Spiritual Theology: A Systematic Study of the Christian Life.*

Packer, J.I. *Knowing God.*


Peterson, Eugene H. *The Jesus Way: A Conversation on the Ways That Jesus Is the Way.*

Sanders, Fred. *The Deep Things of God: How the Trinity Changes Everything.*

For Further Reading

To find additional resources, explore the following:

Leadership Transformations, Inc. Store: <https://lti.christianbook.com/>

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