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5. Video 1 – Outdoor Travel Skills

PLEASE PRINT THIS AND TAKE IT WITH YOU WHILE FILMING.

Step-by-Step Instructions

1. Student Introduction

Student states their full name and that they will demonstrate outdoor travel skills.

2. Choose the right location

Select a route with: Consistent traffic, opportunities to use parallel traffic to determine safe crossing times, and a mix of stoplights, stop signs, and turning traffic

3. Walking portion (3-4 blocks)

Film the student:

- a. Walking at least 3-4 blocks
- b. Approaching intersections
- c. Traveling independently
- d. Maintaining a steady pace
- e. From behind (safe distance)
- f. Include one front-facing clip

4. Required street-crossing demonstration

At one intersection, the student must:

- a. Listen to traffic
- b. Identify parallel and perpendicular flow
- c. Identify turning vehicles
- d. Point with arm/hand to show traffic direction
- e. Explain when it is safe to cross
- f. Use parallel traffic to time the crossing
- g. (You may coach only during this demonstration)

5. Additional crossings

Film more crossings showing independence and problem-solving. You may create a short second video if needed.