

Hearts of Rescue Basic Needs & Resources

SHELTER: MEN

Star of Hope
1811 Ruiz
713-227-8900
Emergency Shelter/Programs

Salvation Army
1717 Congress
713-223-8889
Short-term shelter program

Magnificat House
3209 Austin St.
713-529-4231
Emergency and short-term programs
Walk-ins M-F 8:30 am to 12:00 pm

Bay Area Homeless
3406 Wisconsin St
Baytown TX
281-837-1654

SHELTER: WOMEN AND FAMILIES

Star of Hope Women & Family Dev. Ctr.
2575 Reed Road
713-222-2220
Women and family emergency shelter and programs

Salvation Army Family Residence
1603 McGowen
713-650-6530

Myriam's Hostel (at Loaves & Fishes)
2009 Congress
713-224-1373
Single women only, short term stay only

Mission of Yahweh
10247 Algiers
713-446-4785
Women & children only: call first

Bay Area Homeless
3406 Wisconsin St
Baytown TX
281-834-1654

Sarah's House
711 Peria Road
Pasadena TX
713-475-1480

Family Promise of Lake Houston
Homeless families and children
111 S Avenue G
Humble TX
281-441-3754

DAY SHELTERS

The BEACON
1212 Praire
713-220-9737
Thurs – Mon 7am – noon
Hot meal, showers, laundry, pastoral care

Lord of the Streets
3401 Fannin
713-526-0311
M-F 9am-12pm, 1pm-3pm
Clothing and hygiene, clinic, vision services,
mail, benefits access

Impact Houston
1704 Weber
713-864-5667
M- Thu 7am-3pm
Hot meal, shower, laundry, bible study, mail

Crossroads
7843 Park Place
713-252-3604
Tues-Thu 7am-noon
Meals, shower, laundry, clothing, mail

SEARCH

2015 Congress (for case mgmt., clients only)
713-739-7752

1960 Hope Center
821 Peakwood (North Houston)
832-965-5511
Mon-Fri 9am – 3pm
Meals, showers laundry, clothing, mail

MEALS

Loaves & Fishes
2009 Congress
713-224-1373
Lunch 11:00 am
Tues – Sun

Martha's Kitchen
322 S. Jensen
713-224-2522
Lunch 11:30 am
M-F

St. Paul's Pantry/Emergency Aid Coalition
5401 Fannin
713-528-3663
Sack Lunch 11am – 1pm
Groceries 9:30 am – 11:30 am
M-F

Trinity Episcopal Church
1015 Holman
Dinner 5:30 pm
M-F

YOUNG ADULT

Covenant House
1111 Lovett Blvd
713-523-2231
Shelter for youth ages 18-24

Salvation Army YARC
1621 McGown Building A
713-658-9205
Day Shelter for youth ages 18-24
M-Thu 11 am-3pm

Teen Crisis Hotline
713-529-8336

DOMESTIC VIOLENCE RESOURCES

Domestic Violence Hotline
713-528-2121

Houston Area Women's Center
713-528-6798

Family Time Crisis and Counseling Center
281-446-2615

Bay Area Turning Point
281-286-2525

Fort Bend County Women's Center
281-342-4357

Montgomery County Women's Shelter
936-441-7273

Bridge Over Troubled Waters
713-473-2801

LEGAL ASSISTANCE

BEACON Law
713-220-9781
Intake at BEACON Day Center

Lone Star Legal Aid
500 Jefferson, 17th Floor
713-652-0077

MEDICAL CARE

24 Hour Emergency: Ben Taub
1504 Ben Taub Loop
713-873-2000

Casa de Amigos
1615 North Main St
713-222-2272

The Harris Center (MENTAL HEALTH CARE)
713-970-7000

Bristow Center
2627 Caroline
713-970-7413

Neuropsychiatric Center (NPC)
1502 Ben Taub Loop

GOLD CARD for Harris County Clinics
713-566-6509
If **homeless**, apply at COMPASS
1212 Prairie
M-Thu 8am

The Cathedral Clinic
(Healthcare for the Homeless)
1212 Prairie
713-220-9730
Monday-Wednesday 8:00 AM-4:00 PM
Friday, Saturday, Sunday 8:00 AM- 12:00PM

Women and Children:
Every 3rd Tuesday 8 AM- noon, 1 PM- 4 PM

Case Management:

M-W 8 AM- 5 PM
Friday 8 AM- noon



HOMES Student-run Primary Care Clinic
Sunday 9 AM- 1 PM

The Caroline Clinic
(Healthcare for the Homeless)
1934 Caroline
713-286-6000
Primary Care Medical
Mon-Thu: 8 AM - 5 PM
Fri: 8 AM - 12 PM

Counseling
Mon: 1 PM - 5 PM
Tue: 9 AM - 12 PM
Wed: 1:30 PM - 4:30 PM
Thu: 9 AM - 5 PM
Fri: 8 AM - 2 PM

Dental
Mon-Thu: 8 AM - 5 PM
Fri: 8 AM - 12 PM

Psychiatry
Tue: 8 AM - 12 PM

TRANSPORTATION (Local Only)
Project Access Bus
Free bus to various social services
(Get tickets at COMPASS, SEARCH, Shelters or
Healthcare for the Homeless clinics)

SUBSTANCE ABUSE/RECOVERY
The Council on Recovery
303 Jackson Hill
713-942-4100

Alcoholic Anonymous Intergroup
713-686-9300

RE Center
3816 Fannin
713-524-3682

24 Hour Club
126 Forest Hill
713-928-7121

87 Lyerly
713-691-8310

VETERAN RESOURCES
VA Hospital
2002 Holcombe
713-791-1414

Dept of Veteran's Affairs
6900 Alameda
800-827-1000

US Vet/DeGeorge Drop-in Center
1418 Preston
713-229-8122

Goodwill Job Connection services
4640 Main Street
713-699-6351

The Houston Launch Pad
2646 S Loop West Ste 290
713-637-4174

DISABLED RESOURCES
Vocational Rehabilitation Services
800-628-5115

St. Joseph Clubhouse
3307 Austin
713-523-5859

EX-OFFENDER RESOURCES
City of Houston Community Re-entry Program
4802 Lockwood
832-393-5502

St. John's Church "Path to Freedom"
2019 Crawford
713-659-3237

Volunteers of America
4808 Yale St
713-460-0781

MISCELLANEOUS
Crisis Hotline – 713-228-1505
Houston Rape Crisis – 713-528-7273
Coalition for the Homeless -713-739-7514
Houston Food Bank (referral for pantry)
832-369-9390

Operation ID
5100 Travis
281-833-3508

Catholic Charities
2900 Louisiana
713-526-4611

AIDS Foundation Houston
6260 Westpark Dr
713-623-6796



The Montrose Center (LGBTQ)
401 Branard
713-529-3211

United Way Help Line
211

Family Houston
4625 Lillian
713-861-4849
Case Management
Counseling

Avenue 360
Medical Care
9816 Memorial Blvd.
Suite 120
Humble, TX 77338
Phone: (281) 570-2525
Monday – Friday: 8 am – 5 pm

17010 Sugar Pine Drive
Houston, TX 77090-2213
Phone: (281) 537-8627
Monday – Friday: 8am – 5pm

2920 Fannin St.
Houston, TX 77002
Medical: (713) 426-0027
Dental: (713) 341-3790
Adult Day Activities: (713) 341-3750
Monday – Thursday: 8am-6pm
Friday: 8am-5pm

Northwest Assistance Ministries
15555 Kuykendahl
281-885-4555
24 Hour Family Violence Hotline
281-885-4673

Horizon Outreach
256 N Sam Houston Pkwy E # 115
713-467-4966
Fathers/Families/Homeless/Re-Entry/Veterans

Harmony House
Residential Program
713-221-6216 main
713-237-1715 fax
602 Girard Street, Houston, TX 77007

Medical Respite Care Program
713-221-6237 main
713-236-0118 fax
5803 Harrisburg, Houston, TX 77011

Tuberculosis Program
713-221-6200 main
713-237-1715 fax

Permanent Supportive Housing
713-221-6234 main
713-237-1715 fax

Prison Outreach
713-221-6216 main
713-237-1715 fax