

CharacterLeads.org

# **MEET THE AUTHORS**



### **DR. HEATHER CATO**

Dr. Heather Cato is an educational strategist with more than 15 years of experience in the field of education. Dr. Cato's experience includes classroom teacher, curriculum director, and professional developer. She holds a PhD in Reading Education from Texas Woman's University and an EC-12 Principal Certification, among others. Dr. Cato is driven by the belief that every student deserves high-quality learning experiences facilitated by exceptional educators who are highly skilled in their craft.

# **DR. FRANK BANFILL**

Dr. Frank Banfill is a global developer of leaders and organizations. Dr. Banfill trained leaders across six continents, started a college in Africa, and wrote or contributed to three books including the Handbook of International and Cross-Cultural Leadership Research Processes (Routledge). Dr. Banfill is the executive producer of an award-winning weekly children's TV show that emphasizes character development for preteenagers. He holds a PhD in Global Leadership-Organizational Management from Indiana Tech.









# LEADERSHIP CONNECTION

Our character word this week is Respect. Respect is a vital part of good leadership. Leaders need to both give respect and receive respect to be truly effective in what they do. Some people follow a leader solely because of their position—the leader has power or authority over them (boss, government official, etc.). Leading only from a position of power, however, limits the effectiveness of a leader and his or her ability to enact meaningful change long-term. However, when people follow a leader because they truly respect the leader, they are more likely to sacrificially give of themselves, support change, have a positive attitude, and so forth. Leaders earn the respect of their follows by treating them with respect and by respecting the organization or entity that they lead. Simply put, for a leader to receive respect she or he must first show respect. Teaching students to show respect at this age helps them establish a habit of respectfulness which will benefit them in all they do later in life.

# **DEFINITION**

> To show a high or special importance to someone or something; honor one another

# **QUOTATION**

"I speak to everyone in the same way, whether he is the garbage man or the president of the university." – Albert Einstein

# **OBJECTIVE**

I can show respect to others by being polite, considerate, and treating others kindly.

# **LEADER**

> Authority figures, military, and first responders

# **SYMBOL OR IMAGE**





### **CHARACTER WORD**

Respect - To show a high or special importance to someone or something; honor one another something; honor one another

### **TOPICS ADDRESSED**

- respectful communication
- respecting authority
- respecting the military

### **TEACHING OBJECTIVE**

I can show respect to others by being polite, considerate, and treating others kindly.

### QUOTE

"I speak to everyone in the same way, whether he is the garbage man or the president of the university." – Albert Einstein

### **SUPPLIES NEEDED**



# **Assembly Guide**

# **VIDEO RECAP**

### **SUMMARY**

The video also addresses the issue of respectful communication. Cody is having a bad day because he is worried about what his punishment might be after speaking disrespectfully to his teacher in front of the entire class. He realizes that kind words, especially to authority, is a way to respect. Also, the issue of respectful communication is discussed as the boys remain distracted by their phones, and aren't really paying attention throughout the episode.

# INTRODUCTION

### Introduce the Character Word

Today we will be thinking a little bit more about what the word respect means. Today as you watch the video, I want you to think about the ways the kids at KiDs Beach Club show respect.

# Play the Video

# **FOLLOW-UP DISCUSSION QUESTIONS**

# **GRADES K-2**

- How does Cody feel in the beginning of the video after he got into trouble? How can you tell?
- How did Cody show disrespect to his teacher?
- When someone is talking to you, how can you show respect?
- Have you ever felt respected by someone? What things did they do or say to make you feel that way?

### **GRADES 3-6**

- How does Cody feel at the beginning of the video after being disrespectful to his teacher? How can you tell?
- How did Cody's actions demonstrate disrespect?
- What actions could Cody take to accept responsibility and show respect to his teacher?
- When the boys are on their phones at the beginning of Beach Club, who or what were they giving honor to?
- What does it look like to show respect or give honor during a conversation?

# **DEFINE THE WORD**

After the video and discussion, explain to students that the word respect means to show a high or special importance to someone or something; honor one another.

# **APPLICATION**

To make a personal connection, introduce the objective to students: I can show respect to others by being polite, considerate, and treating others kindly. Challenge them to consider how they might show someone respect today.



### **CHARACTER WORD**

<u>Respect</u> - To show a high or special importance to someone or something; honor one another

### **TEACHING OBJECTIVE**

I can show respect to others by being polite, considerate, and treating others kindly.

### QUOTE

"I speak to everyone in the same way, whether he is the garbage man or the president of the university." – Albert Einstein

# **SUPPLIES NEEDED**

**GET CONNECTED**3 pieces of paper

OBJECTIVE LINK

# CHARACTER CONNECTION

chart paper or whiteboard



# **Classroom Lesson**

# WHAT'S THE POINT?

While you may hear about having respect or even showing respect, respect really comes down to caring for others. Respect is reflected in the way we treat others, especially those who are different from us or with whom we disagree. Every person deserves to be treated with respect. A person shows respect by looking others in the eye, giving them your full attention, correcting behavior with kindness, and being truthful.

# **GET CONNECTED**





3 pieces of paper

Use the following activity and conversation prompts to get to know the students and to introduce today's lesson.

Ask three volunteers to join you at the front. Give each of them a perfectly crisp piece of paper. Ask them to crumple the paper into a ball, stomp on it, sit on it, throw it across the room, and mash it up as much as possible. Now, ask them to smooth the paper out as much as possible and take out all the wrinkles. (This will be impossible.) Tell them to give their best, most heartfelt apologies to the paper, hug it, and say how sorry they are for hurting it. While there will be humor in their apologies, discuss the fact that the paper will never be the same.

Today's character word is respect. Disrespectfulness hurts others. Words and actions cannot be taken back. Like crumples on paper, they always leave marks. You can apologize and that helps. You can pick people up, give them a hug, do whatever you can to make them feel better, but there will be a lasting impression.

### **Conversation Prompts**

 Today's character word is respect. If being disrespectful is hurting others with our words and actions, what does respect mean to you?

# **OBJECTIVE LINK**

Teaching the objective to students



None



# Focus on the Objective

Objective - I can show respect to others by being polite, considerate, and treating others kindly.

Remind everyone that today's character word is respect. Help them understand that learning about character qualities, such as respect, helps them learn more about and develop into leaders. Today's Objective focuses on the ways in which people can show respect. Point out the three ways individuals can show respect and briefly define each one:

- being polite
- being considerate
- treating others kindly

As a class, create a motion for each word. Recite the objective several times with students performing their motions as that portion of the objective is recited.



"I speak to everyone in the same way, whether he is the garbage man or the president of the university."

– Albert Einstein

Albert Einstein was best known for being a very smart physicist, a specific type of scientist. When he referred to "the president of the university" he was talking about a person in charge of a university or college. That person is kind of similar to our principal Ms/Mr. \_\_\_\_\_\_.

# **Conversation Prompts**

• What do you think Mr. Einstein meant when he compared the garbage man to the university president?

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# CHARACTER CONNECTION



Building relationships; introducing today's lesson

chart paper or whiteboard

As we learned earlier, giving respect means to show a high or special importance to someone or to honor one another, but what does that really mean? Let's take a closer look at what showing respect looks, sounds, and feels like.

\*Teacher will create the following chart:

	RESPECT	
Looks Like	Sounds Like	Feels Like

Students will brainstorm examples of what it looks like, sounds like, and feels like to show respect. (Ex. Respect looks like giving eye contact to the speaker.)

# **Respecting Authority**

We respect and honor the members of our family, teachers, coaches, and authority figures. Being polite, considerate, and showing kindness are the keys to showing respect. Sometimes this can be challenging, especially when we disagree or don't want to follow the instructions that they give. Strong leaders still show respect, even when they disagree. They might ask questions or politely state their opinion.

What would you do? Read the scenario. Allow students to think, share their answer with a partner, and then share with the group as time allows.

Your mom asked you to clean up your room, but you really want to finish watching your favorite show. What would you do?

# **Respecting Leaders and First Responders**

We honor and respect the leaders of our government, police officers, and firefighters. The leaders of our government make important decisions that affect our lives. Police officers and firefighters risk their lives to help keep us safe.

**What would you do?** Read the scenario. Allow students to think, share their answer with a partner, and then share with the group as time allows.

You are going on a walk around your neighborhood and you notice that the police have marked off a detour. It is labeled with signs that say, "Do Not Enter" but you think it looks safe and it's a lot faster than the detour. What would you do?

Many important leaders throughout history are still respected and honored today for the actions that they took that helped shape or change our state and nation. We will spend time learning about some of these leaders that have shown good citizenship, and excellent character.

As a nation, we honor the military with special days to thank them for serving our country. Armed Forces Day, Veterans Day, and Memorial Day give us the opportunity to thank them and reflect on the sacrifices that current and past service members made, and to remember those who lost their lives. By honoring these brave men and women, we are showing how much we respect them.

# **Application**

Let's talk about some ways that you can show respect.

School	Home	Community

I want to challenge you to show respect no matter what situation you are in by being polite, considerate, and treating others kindly.

# RESPECT

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# **WRAP UP**

Applying today's character word



no supplies

# TODAY'S LESSON

Today we learned that <u>respect</u> means to show a high or special importance to someone or something; honor one another.

# **Conversation Prompts**

- What questions do you have about today's character word?
- Why do we give others respect?
- How can you earn the respect of other people?

# **CharacterLeads Pages**

Remind students that the CharacterLeads pages that their teacher gave them to complete during the warm-up time each day is a great way to learn more about how they can develop as a leader by learning more about the word respect.

# MAKE IT STICK - REVIEW GAME

5 Minutes - Playing a game to review today's character word

When introducing today's review game, remind students of today's character word, respect. Ask them to tell how people can show respect when playing games. Some examples include: taking turns, being a good sport, and encouraging others. Challenge the students to respectfully play today's review game.

# Option 1 - BEACH CLUB BASKETBALL

Paper, clean wastebasket

# **Prepare**

Spread 8 to 10 sheets of crumpled paper over a medium to a large area. Place a clean wastebasket a short distance from the papers.

Divide students into two teams. At your signal, one person from each team runs to the pile of crumpled paper, picks one up, and throws it into the wastebasket to make a basket. If both students miss, they can keep shooting until one of them makes a basket. Whoever shoots their paper into the basket first gets to answer the review question and earn two points for his or her team.

# **Option 2 – STARING CONTEST**

### no supplies

Form two teams in two lines. The first person from each team has a staring contest. That means staring into each other's eyes until one player blinks. The student who blinks first is "out" (and goes to the end of the line) and the other one gets to answer the review question. Award 10 points to the team whose teammate answers a question correctly. At the end of time, calculate points and declare a winner.

### **REVIEW QUESTIONS**

- 1. What is today's character word? (respect)
- What does respect mean? (to show a high or special importance to someone or something; honor one another)
- 3. Name one thing respect looks like.
- 4. Name one thing respect sounds like.
- 5. Name one thing respect feels like.
- 6. Name one way you can show respect to your parents.
- 7. Name one way you can show respect to your teachers.
- 8. Name one way you can show respect to others.
- 9. Recite today's objective. (I can show respect to others by being polite, considerate, and treating others kindly.)

# RESPECT

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### **Teaching Tip**

When planning your Objective Link activity, be mindful of the space and resources you have available to you. It may be necessary to modify or adapt the activity. Also, be timesensitive by keeping your explanation and instructions short so students have maximum time to complete the activity.

# ACTIVITIES TO REINFORCE THE OBJECTIVE

I can show respect to others by being polite, considerate, and treating others kindly.

### Option 1 - SPIN IT, SAY IT

Empty soda bottle

Guide the class to sit in a circle. Place an empty bottle on its side in the middle of the circle and spin it. When the bottle stops, the person to whom the lid pointed - and the person on each side of him - will say the objective together. The person to whom the lid pointed will spin the bottle again. Continue until everyone has a turn to say the objective.

### **Option 2 - PICK UP THEN LAY DOWN**

One deck of playing cards

Make a mess by spreading out the deck of playing cards, face down, several feet from the group. Ask the students to, one at a time, run to the mess of cards, match two cards of the same color and bring the matching cards back to the leader. At that point, the student will recite the objective to the leader. Make each round more difficult by matching by suit, by number, or finding a particular card as time allows.

# **PROJECT / ACTIVITY IDEAS**

- > Take a Clean-up walk around the school. Have students take a walk around the school or the outdoor playground looking for trash or other items to pick up. Explain to students that we respect our school when we take care of the school property.
- Have students create cards or write letters of appreciation to the military, thanking them for their service. Organizations such as https://supportourtroops.org/cards-letters can help you connect with where to send the letters.
- > As a class plan and host a Veteran's Day assembly. Invite veterans in the area to attend the celebration in their honor.
- Create a class poster or collage titled, "We Respect Our Differences". Have students find images in magazines, or the teacher can find images online and print them out for student use, that show different types of people getting along and working together. Discuss the importance of showing respect to all people regardless of age, race, beliefs, etc.

# **WRITING PROMPT**

- > **READ** Read the information in the box below.
  - "I speak to everyone in the same way, whether he is the garbage man or the president of the university." Albert Einstein
- > **THINK** Think about the ways someone can show respect
- > WRITE Write about a person you respect. Explain why you respect this person.

# **BOOK SUGGESTIONS**

- > The Last Stop on Market Street by Matt de la Pena
- > The Recess Queen' by Alexis O'Neill
- > 'Do Unto Otters' by Laurie Keller
- > Chrysanthemum by Kevin Henkes
- > The Day the Crayons Quit by Oliver Jeffers



M- Draw a picture of a student showing respect to a classmate:

Th- Your friend tells you that they felt disrespected by another student at recess. What advice would you give to your friend on how to handle the situation in a polite and kind way?

T- One way I plan to show respect to someone this week is by \_\_\_\_\_ F- Einstein said, "I speak to everyone in the same way, whether he is the garbage man or the president of the university."

Rewrite the quote using people that you might encounter during your school day.

I speak to everyone in the same way whether he or she is the \_\_\_\_\_ or the

W- Write an acrostic poem using the letters of Respect:

R-

E-

S-

P-

E-

C-

T-



RESPECT

# **DEFINITION**

To show a high or special importance to someone or something; honor one another



### Dear Parent.

This week your child learned about the character quality respect. We define respect as showing a high or special importance to someone or something; honor one another. Through our CharacterLeads lesson, students considered how they could show respect to others by being polite, considerate, and treating others kindly.

Here are some things you can do to reinforce the quality of respect at home.

- > Have a conversation with your child about how his or her own behaviors and the words he or she says either show respect or disrespect. Possibly, consider behavior and words used with adults, siblings, or friends.
- > Talk with your children about the ways you show respect. Share an example of a time when you felt mad, sad, or frustrated, but still acted in a respectful way.
- Watch a show or video together, and talk about how the characters acted respectfully or disrespectfully towards one another. Possibly point out put-downs, insults, and unkind actions.

"I speak to everyone in the same way, whether he is the garbage man or the president of the university." – Albert Einstein



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