

## 2025 Healing-Curious Humans Extravaganza September 25-26-27 in Loveland, Colorado

*In late September, at the intersection of Hope, Healing, and Human Curiosity, a community is gathering. Families, neighbors, strangers, and friends – each an essential piece of a much greater whole – are coming together to wonder, discover, learn, play, and co-create a more awakened, connected, intentional, and thriving world. Here's what they've got in store!*

**HCHx25 Dashboard:** [1qr.com/HCHX25](http://1qr.com/HCHX25)

### HCHx25 HOST VENUES

**ARTSPACE** | **ARTWORKS** | **FEED & GRAIN** | **MAIN STAGE** | **ALEWORKS**

### Thursday, September 25, 2025

5:30p - 9:00p Artspace	<b>A SPECIAL EVENT with STEPHANIE &amp; JEREMY</b> <b><i>You Are The One You've Been Waiting For: Toltec Sacred Journey Breathwork</i></b> Join best-selling authors and co-founders of Freedom Folk and Soul, Jeremy Pajer and Stephanie Urbina Jones, for a powerful ceremony of transformation with Toltec Sacred Journey Breathwork. Don't miss this four-hour opportunity to breathe, drop in, and dream. With so much going on in our lives and on the planet, we need a way to release and clear, so we can hear the calling of our hearts and souls. We look forward to this powerful experience.
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### Friday, September 26, 2025

5:00p - 5:30p Artspace	<b>HCHX25 OPENING CIRCLE!</b> Join us to kick off HCHx25 in Loveland, a gathering of humans who are curious about self-transformation, connection with themselves and their community. We've got big plans for a wonderful weekend of learning, living, and expression.
5:30p - 6:00p Artspace	<b>EXPERIENTIAL DRUM CIRCLE with STEPHANIE URBINA JONES &amp; JEREMY PAJER</b> Get ready to get into your body and community connections as we welcome Freedom Folk and Soul to our main stage to create a special drumming and sound experience you'll not soon forget!
6:00p - 6:20p Artspace	<b>COMMUNITY READING WITH SUSIE SCHAEFFER</b> <b><i>Embarking on a Journey of Curiosity &amp; Healing Connection</i></b> As we come together in the spirit of community, we'll get grounded, focused, and tap into the energy of the collective. Susie, a psychic intuitive, will pull some cards and channel the messages that are most relevant for our extravaganza experience. The intention is for us to create harmony and balance, as we embark on a journey of curiosity and healing connection, to raise the vibration for our best and highest good.

6:30p - 6:55p Artspace	<b>COMMUNITY KEYNOTE WITH LEAH JOHNSON</b> <i><b>The Art of Reinvention: Creativity, Courage, Joy, and the Future of Leadership</b></i> What if the future of leadership isn't about doing more—but becoming more of who you truly are? In this powerful and soul-stirring keynote, Leah Johnson—former politician turned painter, speaker, and author—shares her transformational journey from public service to creative freedom. With humor, heart, and unflinching honesty, she explores how realignment with purpose can awaken courage, joy, and authentic leadership.
7:00p - 8:00p Artspace	<b>LIVE MUSIC with RYAN MILARD</b>

Saturday, September 27, 2025				
8:30a Artspace	<b>WELCOME!</b> <i>Check in and ticket purchase opens.</i>			
8:45a - 9:00a Main Stage	<b>OPENING CIRCLE</b>			
9:00a - 6:00p Aleworks	<b>HCHx25 VENDOR VILLAGE</b> Join friends and community to mix and mingle with creatives, teachers, peers, service providers, artists and authors, and other curious humans offering their support to others in mental and spiritual health.			
9:15a - 10:00a	<i>Artspace</i> <b>Lunasana: Aligned Wellness with the Moon</b>  – with Melinda P.	<i>Artworks</i> <b>Reclaiming Our Humanity: From Disconnection to Living Connection</b>  – with Mark P.	<i>Feed &amp; Grain</i> <b>Nervous System 101: Intro to Somatic Safety and Presence</b>  — with Madisen R.	<i>Main Stage</i> <b>TOLWM: What does it mean to be curious about healing?</b>  — with Natalie P.
10:00a - 10:25a Aleworks	<b>POP-UP EXPERIENCE</b> <b>EXPRESS YOURSELF! with WENDY WOO</b> Talented local musician and good human, Wendy Woo, will be performing live! Get on the open-air dance floor and get moving!			
10:15a - 11:00a Main Stage	<b>MORNING KEYNOTE</b> <i><b>Beyond Affirmations: The Beautiful, Messy Work of Healing Individual and Collective Trauma with ERICA B.</b></i> Erica takes us deep beneath surface-level wellness tools to explore the complex realities of trauma—personal, ancestral, and collective. Erica Bonham, a licensed psychotherapist and seasoned facilitator, guides participants into the deeper waters of healing, where nervous systems, inner parts, and inherited patterns meet.			

11:15a - 12:00p	<i>Artspace</i> <b>Let's Flamingle!</b>  – with <a href="#">Heather B.</a> + <a href="#">Jess L.</a>	<i>Artworks</i> <b>Whispers Within:</b> A Symbolic Art Doll Mini Workshop  – with Jules G.	<i>Feed &amp; Grain</i> <b>The Emotion Map:</b> Inspire Joy Without Toxic Positivity  — with Amanda F.	<i>Main Stage</i> <b>TOLWM:</b> How do you DO healing?  — with Natalie P.
12:00p - 1:30p Aleworks	<b>LUNCH CELEBRATION</b> We've brought some of our local favorite food and beverage trucks, including dessert! Join us for a nourishing meal, and enjoy the opportunity to be outside! Local Loveland businesses are all open and appreciate your patronage. Be kind and respectful always! Clean up, clean up, clean up!			
12:15p - 1:00p Main Stage	<b>LUNCH KEYNOTE WITH ANNE VAN LEYNSEELE</b> <i><b>Preferment: Redefining Legacy for the Next Generation</b></i> Legacy is no longer just about what you leave behind, it is about what you build while you're here. In this powerful keynote, Anne van Leynseele explores Preferment®, a forward-thinking philosophy that empowers people under 45 to shape their legacy intentionally through values-driven decisions, relationships, career moves, and community impact.			
1:30p - 2:15p	<i>Artspace</i> <b>Coming Home to Yourself:</b> From Self-Abandonment to Self-Love  – with Tina G.	<i>Artworks</i> <b>Finding Belonging:</b> Healing Wounds of Separation  – with Kirsten L.	<i>Feed &amp; Grain</i> <b>Echoes of Vitality:</b> The Harmony of Qi Gong & Sound Healing  — with Laurie C., Sharon C., and Nancy T.	<i>Main Stage</i> <b>TOLWM:</b> Ancient & Modern Tools for Self-Transformation  — with Natalie P.
10:00a - 10:25a Aleworks	<b>POP-UP EXPERIENCE</b> <b>LET'S FLAMINGLE! with HEY BIRDIE</b>			
2:30p - 3:15p Main Stage	<b>AFTERNOON KEYNOTE WITH ARIANA FRIEDLANDER</b> <i><b>What's Love Got To Do With It?</b></i> It's easy to say we want to lead with love. It's harder to do it in the moments that test us most. In this dynamic, engaging talk, Ariana Friedlander invites participants to explore what it really takes to bring love into how we show up at home, at work, and in community. Together, we'll look at what gets in the way, and we'll practice ways to stay grounded in love when it matters most. You'll laugh, reflect, and leave with tools you can use right away - because leading with love isn't abstract. It's practical. And when we choose it, we strengthen our connections, expand what's possible together and find more fulfillment along the way.			
3:30p - 4:15p	<i>Artspace</i> <b>Introduction to Reiki:</b> What If Healing Energy Is Already In Your Hands?  – with Scott H.	<i>Artworks</i> <b>Write Your Damn Book:</b> How to Get Out of Your Head and Into Your Heart  – with Susie S.	<i>Feed &amp; Grain</i> <b>TOLWM:</b> Giving + Receiving Locally + Globally  — with Natalie P.	
4:00p - 6:00p Aleworks	<b>HEALTHY + HAPPY HOURS</b> Mix and mingle, enjoy the evening with vendors and new friends. Be kind and respectful always!			

4:30p - 6:00p	<b>VIP EXPERIENCE</b> <b><i>Sound Surround: A VIP Listening Experience</i></b> Join us inside one of Loveland's most iconic spaces— <b>Loveland Feed &amp; Grain</b> , where historic roots meet future vision railside. Once a flour mill that powered this town's first streetlights, the building now pulses with creative energy, raw elegance, and room for what's next.  <i>4:30 Sound Experience - Feed &amp; Grain</i> <i>5:15 Keynote Presentation by Rachael Jayne Groover - Artworks</i>
5:15p - 5:45p Artworks	<b>VIP KEYNOTE PRESENTATION with RACHAEL JAYNE GROOVER</b> <b><i>How to Be Unshakable When All Eyes Are on You</i></b> This presentation is about . . . <ul style="list-style-type: none"> <li>• HEALING trauma that can stop us from feeling safe, grounded, and undisturbed when attention is on us, or when we want to step up and be seen in a larger way</li> <li>• BECOMING the person who people want to listen to and be inspired by.</li> <li>• RECONCILING the resistance to fully expressing yourself and getting comfortable sharing your truth without fear of judgment.</li> </ul> Rachael Jayne will teach specific, tangible practices you can implement immediately to become the most magnetic and compelling person in the room. This is some of her best training on how to increase your courage and visibility, as well as boost your ability to feel safe and unshakeable—no matter what! A special offer will be available to all attendees!
7:00p - 8:00p Main Stage	<b>ALL AGES COMMUNITY DANCE PARTY with DJ BILL and Guests</b> <b>Express Yourself!</b> Embodied Dancing & Expression
8:00p - 8:30p Main Stage	<b>CLOSING CIRCLE</b>
9:00p	<b>AFTER PARTY at LOVE SHACK</b> Spoken Word Open Mic (First Readings: HCH Authors)

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