



VOLUME 13, ISSUE 2
APRIL, MAY, JUNE, 2019

SBC Newsletter

Monthly Themes

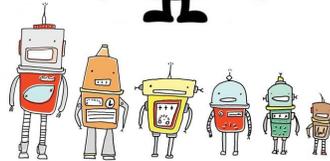
April- Hockey
May - Earth and Spring
June- Technology

Agency Closure

Good Friday: April 19
Easter Monday: April 22
Victoria Day: Monday, May 20

Annual General Meeting

June 24, 2019, Monday @ 5 pm
Springboard Centre



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Spring and Summer Activity Outings

We want everyone to enjoy the beautiful weather that accompanies the warmer months of the year. Springboard Centre has some necessary precautions in place to ensure our Clients' safety.

1. If the outdoor temperature is +27 degrees Celsius or higher, the planned activity outing will be relocated to an indoor venue.
2. To attend outings at parks and other outdoor venues, Clients must wear sunscreen. Sunscreen can be sent to Springboard Centre and kept on location for the season. Springboard Centre recommends a water resistant, broad-spectrum protection sun screen with a SPF of 30 or higher. **If a Client does not have sunscreen, they will not be participating in outdoor activities. In-house activities will be offered instead.**
3. Other recommended items that Clients can bring to help beat the heat and pests of summer are sunhats, sunglasses, water bottles and insect repellent.





April theme is Hockey

Springboard Centre will be having a hockey-themed party on the last Friday of April. Please wear your favorite hockey team jersey and join the fun.



Happy Retirement

Elaine, our amiable and unassuming assistant manager is moving on to new challenges and opportunities. Elaine will be retiring on April 12, 2019. Springboard Centre would like to wish Elaine the best in her new phase of life! Live well, laugh often and love much!



Staff Anniversaries

- Justin 1 year
- Kathryn 1 year
- Ruby 1 year
- Sylvia 1 year
- Mandy 2 years
- Jasmeen 2 years
- Martee 3 years
- Martin R 5 years
- Jennifer 7 years
- Marites 8 years
- Jonas 9 years
- Chalene 11 years
- Edina 13 years
- Ron 24 years



What's new at SBC

The new Spring and Summer Activity Schedule will begin in May. Clients of Springboard have had the opportunity to build their own individual schedules by choosing their preferred activities. Clients will have opportunities to work on their goals through their activities. Individual client schedules will be sent out in mid April. If you have any questions about the upcoming Spring and Summer Activity schedule or an individual's schedule, please contact Springboard Centre.



Reminder

Everyone loves a holiday! Please let SBC know of any upcoming spring or summer absences.

Around Town

- **Easter Petting Zoo.** Meet the Easter Bunny and make some furry friends. This event will give everyone an opportunity to interact with friendly farm animals. Also, get your photo taken with the Easter bunny. Event is on Friday, April 19 from 12 nn to 5 pm at the Westbrook Mall. Free 4X6 photo with the Easter Bunny.
- **Calgary International Beerfest.** This is a social event that celebrates the amazing beer and culinary culture in Alberta. Starts on Friday, May 3 from 4pm to 10pm till Saturday, May 4 from 2pm to to 10pm at the BMO Centre, Stampede Park, 20 Round up Way, Calgary. General admission is \$19.99.
- **Spruce Meadows National 2019.** Best athletes from the world's top show jumping nations compete for top prize money and international acclaim. This series of tournaments attract over 1000 horses and riders from all over North and South America, from Olympic champions to junior riders. Kicks off on June 5 and ends on June 9 at the Spruce Meadows, Spruce Meadows Way, Southwest Calgary. Price is \$5 and up.



SBC Parents / Guardians Support Group

Springboard Centre hosts a Parents / Guardians Support Group Meeting. The first 3 meetings were a great success and an opportunity for parents / guardians to meet informally. The goal of the meeting is to continue to share information and offer support. All parents and guardians are invited to attend the meeting. The next meeting is scheduled on the 24th of April at the SBC boardroom from 2 pm to 3:30 pm.



Urgent – Volunteers Needed

Casino

Springboard Centre needs volunteers to work in the Casino on May 15 and 16, 2019. If you volunteer on behalf of a client, a portion of the program fees will be waived for that individual. If you volunteer for an on-call position, a half month of program fees will be waived even if you do not get called in. Please contact Romeo @ 403-248-7071 for further information.





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WE'RE ON THE WEB!
WWW.SPRINGBOARDCENTRE.CA

SBC's Board of Directors

Donna Crawford

Carol Allan

Bill Blair

Nathan Graham

Martin Hoornaert

Christopher Rappel

George Roberts

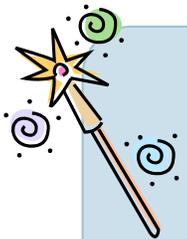
Roxy Schmidt

Ken Taub

Karen Roth

***Gord Hoffman-Honorary
member**

Kathryn Melrose—CEO



Did You know that SBC is a charitable organization? If you or anyone you know wishes to make a donation, please contact us at 403-248-7071.

The Springboard Board Centre (SBC) for Adults with Disabilities is a program designed for individuals with moderate to severe developmental disabilities. SBC offers our clientele the opportunity to develop confidence in their skills, participate in meaningful activities, and have the opportunity to become an inclusive member of their community. SBC utilizes community facilities and services readily available to the public to assist our clients in developing community awareness, life skills and personal interests.

Mission Statement:

SBC will assist adults with developmental disabilities to achieve meaning in their lives.

Vision Statement:

Springboard Centre is committed to assisting the individuals we serve in achieving community integration to the fullest extent of their interests and abilities.

Donations:

The Government of Alberta, through Persons with Developmental Disabilities as part of the Ministry of Human Services, provides the majority of our funding. Our organization is also dependent on fundraising to ensure that we offer quality programs in a safe environment. There are many ways that you can easily contribute. Here are some of them:

One Time Donation

This can be done by either mailing a cheque or on our website at www.springboardcentre.ca through CanadaHelps.org

Monthly Giving

This can be done by either mailing post dated cheques or on our website through CanadaHelps.org where you can set up a donation plan.

Vehicle Donations

Springboard Centre is part of Donate-A-Car Canada. Every vehicle donated gives you a charitable receipt, with the proceeds going to Springboard Centre.

Planned Giving and Donating Securities

Endowments, charitable trusts, life insurance, stocks, bonds, and mutual funds are other ways that donations can occur. Please see our website for more information .