

SBC NEWSLETTER

May 2026 | Volume 20, Issue 05

Message from the CEO

This month, we are proud to reflect on our continued engagement within the community and the sector. On April 2, the agency participated in World Autism Awareness Day at the Sam Centre, Stampede Park, an inspiring event that highlighted the importance of understanding, acceptance, and inclusion. It was a meaningful opportunity to connect with families, partners, and fellow service providers while reaffirming our commitment to supporting individuals on the autism spectrum.

On April 13, the agency participated in the Bow Valley College Job Fair, strengthening our recruitment efforts and showcasing the meaningful and rewarding work we do every day. We were pleased to connect with many enthusiastic individuals interested in joining our team.

We also look forward to the upcoming Community Disability Services Professionals (CDSP) Week Appreciation on May 17-23, a sector-wide celebration recognizing the dedication, compassion, and impact of those who work tirelessly in supporting individuals with disabilities. This is a wonderful occasion to acknowledge the invaluable contributions of our own staff.

As we approach Victoria Day, we take this opportunity to celebrate and enjoy a well-deserved long weekend with family and friends. We thank everyone for their continued commitment and wish all a safe and enjoyable holiday.

Romeo Concepcion, CEO

Agency Closure

PLEASE BE REMINDED THAT SPRINGBOARD CENTRE WILL BE CLOSED ON:

MONDAY, MAY 18TH: VICTORIA DAY

PLEASE REMEMBER TO MAKE THE APPROPRIATE CHANGES WITH YOUR TRANSPORTATION BOOKINGS FOR THIS CLOSURE.



STAFF ANNIVERSARIES:

Rosine - 3 years
Neressa - 3 years
Ramandeep - 3 years
Salmata - 18 years
Annette K - 4 years



40 Years Strong

Monthly Countdown to July 10, 2026

SBC is thrilled to announce our upcoming 40th Anniversary Celebration on July 10, 2026. We're proud to be marking four decades of excellence, growth, and community. Stay tuned for more details – we're planning a spectacular celebration you won't want to miss.





“Springboard Highlights & Updates”



Springboard Centre recently concluded its highly anticipated Specialized Programs for Music and Arts on April 29th. The music program is called “Music and Me” and “Brushes and Beyond” for the Art program, drawing a total of 38 enthusiastic participants from different agencies along with our own individuals from SBC—our highest attendance to date.

The event was a vibrant celebration of creativity and connection, bringing together individuals who share a passion for the arts and music. Participants not only explored new artistic techniques and musical expressions but also formed meaningful friendships along the way. It was truly inspiring to witness such energy, growth, and camaraderie throughout the program.



On April 2, 2026, Springboard Centre proudly participated as a vendor in the Annual World Autism Awareness and Acceptance Day. This important event serves as a vital platform for connecting individuals with autism, their families, and the broader community to essential resources and support. We are grateful to be part of an initiative that fosters awareness, inclusion, and meaningful connections within our community. This year's event was held at Sam Centre inside the Stampede Centre.



April 13, 2026- The Bow Valley College 2026 Disability Support Professional Career Showcase. Participation in the job fair helped us connect with prospective job seekers from The Bow Valley College of Disability Studies.



SBC BASKETBALL CLINIC- For the whole month of April, we rented the Marlborough Gym basketball court to give our clients the opportunity to learn and enjoy the game. With the help of our ever-reliable staff, clients are improving their skills, building confidence, and developing a better understanding of basketball.



Things to do in Calgary in May

Outdoor Parks and Nature:

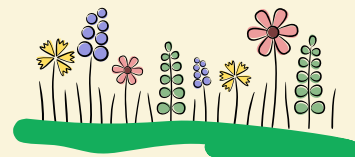
- Inglewood Bird Sanctuary: A peaceful spot with trails, a Nature Centre, and excellent bird-watching opportunities.
- Prince's Island Park: A popular downtown park perfect for picnics and riverside walks.
- St. Patrick's Island: Features boardwalks, scenic viewpoints, and a shallow seasonal river channel.
- Nose Hill Park: Offers expansive hiking trails and great views of the city.
- Fish Creek Provincial Park: A massive urban park featuring over 100 km of biking and hiking trails.

Culture and Downtown:

- Central Library: Visit this architectural masterpiece in the East Village for free access to exhibits and quiet spaces.
- Devonian Gardens: An indoor botanical garden on the top floor of the CORE Shopping Centre.
- Esker Foundation: An art gallery in Inglewood with free admission to contemporary art exhibitions.
- The Confluence Historic Site (Fort Calgary): Walk the trails surrounding the historic site where the rivers meet.
- Wonderland Sculpture: Take a photo with the giant head sculpture located in front of The Bow building.



May 20, 2026- For the Community Disability Service Professionals. There will be a professional appreciation day, to be held at The Genesis Centre. A day filled with food, music, laughter and appreciation for the amazing work you do.



Quote for the month of May

"
MAY IS THE MONTH
OF EXPECTATION, THE
MONTH OF WISHES,
THE MONTH OF HOPE.

- EMILY BRONTE

Spring and Summer Outing

With the summer just around the corner, Springboard Centre is excited to help our clients make the most of the beautiful weather. We have planned a variety of engaging outings, including visits to the Calgary Zoo, TELUS Spark, and the Heritage Park, on top of our regular summer program to ensure an enjoyable and enriching season for everyone.

Policy Statement

Public Statements/Communication/ Media Contact

Any employee, volunteer or practicum student of Springboard Centre for Adults with Disabilities who makes a public statement expressly or implicitly on behalf of the Society must obtain prior approval from the Chief Executive Officer. Board members should consult with the Board Chairperson and/or Chief Executive Officer prior to making a public statement.

If an employee chooses to make a personal/private view known through a public statement, he/she will clearly state that the opinion expressed is his/hers alone and not that of the Agency.

Confidentiality of information acquired through association with Springboard Centre for Adults with Disabilities must be maintained.

All publications, advertising, notices, posters, exhibits or displays prepared for public use must be approved by the Chief Executive Officer prior to planning, implementation, distribution, or display.

All contact initiated by the media with Springboard Centre for Adults with Disabilities personnel must be referred to the Chief Executive Officer or the Board of Directors.

Only the Chief Executive Officer, designate, or Chairperson of the Board of Directors for Springboard Centre may authorize press releases and media contact on topics related to the agency.

Media contact or involvement must always be documented. The confidentiality of both client and employee information will be strictly observed unless the appropriate releases have been obtained.

Contact with the media is intended to:

1. Raise public awareness about the strengths, needs, and accomplishments of individuals with disabilities.
2. Inform the public about the programs and services offered by Springboard Centre for Adults with Disabilities.
3. Promote Springboard Centre for Adults with Disabilities' fund raising efforts.

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WE'RE ON THE WEB!

WWW.SPRINGBOARDCENTRE.CA

Did You know that SBC is a charitable organization? If you or anyone you know wishes to make a donation, please contact us at 403-248-7071.

ABOUT US

Mission Statement:

SBC will assist adults with developmental disabilities to achieve meaning in their lives.

Vision Statement:

Springboard Centre is committed to assisting the individuals we serve in achieving community integration to the fullest extent of their interests and abilities.

Donations:

Springboard Centre is funded primarily by the Government of Alberta, but we also rely on donations to support our programs. You can contribute in several ways:

- **One-Time Donation:** Donate via cheque or through CanadaHelps.org on our website www.springboardcentre.ca.
- **Monthly Giving:** Set up a recurring donation through post-dated cheques or CanadaHelps.org.
- **Vehicle Donations:** Donate your vehicle through Donate-A-Car Canada for a charitable receipt.
- **Planned Giving:** Contribute through endowments, charitable trusts, or securities.

Visit our website www.springboardcentre.ca for more details.