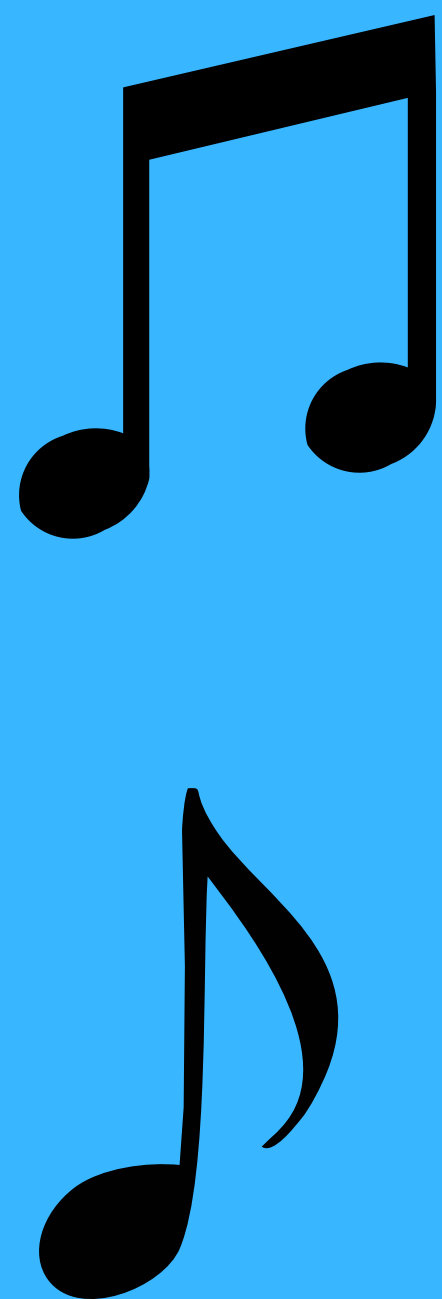


MUSIC AND ME



OUR GOAL is TO PROVIDE inclusive opportunities for adults with disabilities to participate, contribute, and thrive in a supportive and accessible musical environment.



4 SESSIONS EVERY TUESDAY

DATES: OCTOBER 7, 14, 21 & 28, 2025

TIME: 10:30 AM TO 11:30AM

PLEASE RESERVE YOUR SPOT BEFORE AUGUST 29, 2025

807 42 AVENUE SE, CALGARY

**FOR MORE INFORMATION PLEASE CONTACT US AT 4032487071 OR
EMAIL US AT ADMIN@SPRINGBOARDCENTRE.CA**

