

# SBC Newsletter

Issue 19  
Volume 6  
June, 2025

## Agency Closure

### **Staff Professional Developmental Day - June 6, 2025 (all day)**

Please remember to make appropriate changes with your transportation booking for the closure.

## Monthly Theme

June: Canada Month  
Celebration

July: Stampede  
Celebration

August: Heritage  
Month

## Message from The CEO

Dear SBC Family,

I am excited to share some important upcoming events and recent highlights at Springboard Centre for Adults with Disabilities. Mark your calendars for our Staff Development Day on June 06, 2025. This day promises to be enriching, featuring sessions on "Planning for Retirement" and "Table Manners and Etiquette." These topics are designed to enhance not only your professional skills but also personal development, ensuring we continue to provide the highest quality of support to our clients.

Additionally, I want to remind everyone about our Annual General Meeting scheduled for June 25, 2025. This is an essential opportunity for us to come together, review our accomplishments, and discuss our future goals. Your participation is vital as we shape the direction of our agency.

Last month, we proudly took part in the Community Disability Service Professional Week Appreciation from May 19–23. It was a wonderful occasion to celebrate the hard work and dedication of our staff and the broader community.

Moreover, I am thrilled to report that our agency participated in the recent ACDS Spring Conference on May 28–29, 2025. This event allowed us to connect with other professionals, share best practices, and gain insights into the latest developments in our field.

Thank you for your continued commitment to our mission. Together, we are making a meaningful difference in the lives of those we serve.

Warm regards,

Romeo Concepcion, CEO

# "Springboard Highlights & Updates"

## CDSP Week Staff Appreciation Event – May 21

On May 21, Springboard Centre some staff and clients participated in the CDSP Week Staff Appreciation Day, held at the Calgary Rotary Challenger Park Society from 11:00 AM to 2:00 PM. Attendees enjoyed a variety of wellness activities, including yoga, massage therapy, and music therapy, making for a relaxing and engaging afternoon.

## Springboard Centre Staff Appreciation BBQ – May 23

On Friday, May 23, Springboard Centre hosted its annual Staff Appreciation BBQ Party. The event was a lively celebration filled with music, food, and camaraderie, bringing together staff, management, board members, guardians, parents, friends, and family in a festive atmosphere.

## Annual Staff Development Day – June 6

Springboard Centre will be closed on Thursday, June 6, for its annual Staff Development Day. This full-day event provides an opportunity for staff and management to engage in professional development, acquire new skills, and strengthen their working relationships.

## Welcome new Staff and Clients

Kai – Room 1

## Staff Anniversaries

Edina– 18 years  
Martin R. – 10 years  
Hazel – 2 years

## Refreshing Strawberry Lemonade



Beat the summer heat with this simple and delicious drink! In a blender, combine 2 cups of fresh strawberries, the juice of 3 lemons, 4 cups of cold water, and 1/4 cup of honey or sugar (adjust to taste). Blend until smooth, then strain if desired for a smoother texture. Pour over ice and garnish with lemon slices or a few fresh mint leaves. Enjoy this sweet and tangy lemonade on a warm June day!



# Things happening in Calgary for free

## 4<sup>th</sup> street Lilac Festival

4th St SW Between 13th Ave and Elbow Dr, Calgary

June 1, 2025

Price: Free Admission

Each spring, thousands of attendees come out to enjoy the unique and pedestrian friendly 4th Street venue, offering an array of musical talent, artisan vendors, quality entertainment



## Stage One Festival of New Canadian Work

Devonian Gardens - Core Mall, 324 8 Ave SW, Calgary

June 6, 2025 To June 20, 2025

Price: Free Admission

Lunchbox Theatre has been dedicated to the creation, development and production of new Canadian one-act plays, many of which have gone on to great acclaim



## Family Puppet Festival Day

North Haven Community Association, 5003 N Haven Dr. NW, Calgary

June 7, 2025

Price: Free Admission

Our annual Family Puppet Festival Day is back! Join us for a wonderful opportunity where families come together and enjoy a day filled with interactive activities

## Inglewood Night Market

10 Ave & 10 Street SE, Calgary

June 13, 2025 To September 12, 2025

Price: Free Admission

The Inglewood Night Market is a modern market with locally sourced and handmade vendors selling diverse goods: from handmade crafts to vintage clothing, antiques & collectibles, artisan eats



## Century Downs Racetrack and Casino Canada Day Celebration

260 Century Downs Drive, Calgary

June 30, 2025

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Price: Free Admission

Celebrate with the excitement of Live Standardbred Racing under the bright lights! Join us for a Monday evening spectacular with a thrilling 6:15 PM post time.

## Spring and Summer Outing Program

In addition to our regular spring and summer outings to the Calgary Zoo, Heritage Park, and TELUS Spark, our clients have recently begun visiting Saskatoon Farm – an experience that has received overwhelmingly positive feedback. The farm provides a beautiful and engaging environment where visitors can learn about a diverse range of plant species, including tropical varieties. Clients often spend the entire day enjoying the many attractions the farm has to offer, such as the farmer's market, a working farm, antique shops, and more. They also particularly enjoy having picnic-style lunches on-site, making the visit both relaxing and enriching.

## Policy

### Rationale:

In order to provide information regarding the facility, services, and programs offered by the Agency, tours may be provided to interested individuals and groups from within the community.

### Policy Statement

Tours must have prior approval and can be arranged by contacting the management team. Tours will be conducted so as not to disrupt the operation of Springboard client programs.



## Board of directors

Donna Crawford – Chairperson  
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WE'RE ON THE WEB!

[WWW.SPRINGBOARDCENTRE.CA](http://WWW.SPRINGBOARDCENTRE.CA)

Did You know that SBC is a charitable organization? If you or anyone you know wishes to make a donation, please contact us at 403-248-7071.

## About us

### Mission Statement:

SBC will assist adults with developmental disabilities to achieve meaning in their lives.

### Vision Statement:

Springboard Centre is committed to assisting the individuals we serve in achieving community integration to the fullest extent of their interests and abilities.

### Donations:

Springboard Centre is funded primarily by the Government of Alberta, but we also rely on donations to support our programs. You can contribute in several ways:

- One-Time Donation: Donate via cheque or through [CanadaHelps.org](http://CanadaHelps.org) on our website [www.springboardcentre.ca](http://www.springboardcentre.ca).
- Monthly Giving: Set up a recurring donation through post-dated cheques or [CanadaHelps.org](http://CanadaHelps.org).
- Vehicle Donations: Donate your vehicle through Donate-A-Car Canada for a charitable receipt.
- Planned Giving: Contribute through endowments, charitable trusts, or securities.

Visit our website [www.springboardcentre.ca](http://www.springboardcentre.ca) for more details.



