





Art enhances concentration, attention to detail, problemsolving, and critical thinking. Exploring colors, shapes, and textures boosts cognitive abilities while improving fine motor skills and coordination.

4 SESSIONS EVERY WEDNESDAY

DATES: OCTOBER 8, 15, 22 & 29, 2025

TIME: 10:30 AM TO 11:30AM

PLEASE RESERVE YOUR SPOT BEFORE AUG.29,2025

807 42 Avenue SE, Calgary

For more information please contact us at 4032487071 or email us at admin@springboardcentre.ca