

SBC NEWSLETTER



ISSUE 19
VOLUME 5
MAY 2025

Message from the CEO

Dear SBC Family,

As we welcome the vibrant month of May, I am thrilled to highlight several significant events. First, from May 19-23, we celebrate Community Service Worker Practitioners Week. This is a time to honor and recognize the incredible dedication and compassion of our community service workers. Your unwavering efforts to support individuals with developmental disabilities in reaching their goals are truly inspiring. Thank you for the vital role you play in making a difference in their lives.

We are also looking forward to the ACDS Spring Conference on May 28-29. This event presents a wonderful opportunity to gather valuable insights and foster connections within the disability sector. I encourage everyone to participate and engage in learning that will benefit both our personal growth and professional development.

Lastly, let's not forget to enjoy the well-deserved break of Victoria Day on May 19. It's a perfect opportunity to relax and recharge in the company of friends and family. Take this time to reflect on the great work we have achieved thus far this year.

Thank you for your continued dedication and enthusiasm.

Warm regards

Romeo Concepcion, CEO

Agency Closure

**PLEASE BE REMINDED THAT
SPRINGBOARD CENTRE WILL BE CLOSED
ON:**

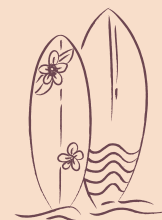
MONDAY, MAY 19TH: VICTORIA DAY

**PLEASE REMEMBER TO MAKE THE
APPROPRIATE CHANGES WITH YOUR
TRANSPORTATION BOOKINGS FOR THIS
CLOSURE.**



STAFF ANNIVERSARIES:

Rosine - 2 years
Neressa - 2 years
Ramandeep - 2 years
Salmata - 17 years
Annette K - 3 years



Spotlight of Month

Employee Spotlight: Ferruccio

This month, we are proud to shine the spotlight on Ferruccio, a talented artist originally from Brazil, who has brought incredible creativity and heart to Springboard Centre. Since joining us in 2024, Ferruccio has consistently demonstrated exceptional dedication and work ethic.

As one of the main facilitators of our Arts and Crafts program, he approaches his role with passion, care, and meticulous preparation—often going the extra mile to research and plan engaging, meaningful activities for participants. His commitment to fostering a rich and inspiring creative environment has made a lasting impact.

Equally inspiring is Ferruccio's personal growth. From starting as a quiet and reserved team member, he has evolved into a confident and self-assured professional, earning the admiration of both colleagues and participants alike. We are grateful to have him as part of the Springboard family.



“Springboard Highlights & Updates”

Springboard Centre recently concluded its highly anticipated Specialized Programs for Music and Arts on April 30th. The music program is called “Music and Me” and “Brushes and Beyond” for the Art program, drawing a total of 28 enthusiastic participants from different agencies along with our own individuals from SBC—our highest attendance to date.

The event was a vibrant celebration of creativity and connection, bringing together individuals who share a passion for the arts. Participants not only explored new artistic techniques and musical expressions but also formed meaningful friendships along the way. It was truly inspiring to witness such energy, growth, and camaraderie throughout the program.



Quote

**"May, the month of
sunshine, blooming flowers,
and endless possibilities."**

- Unknown



Recipe for Banana Oat Pancakes

MASH 2 RIPE BANANAS IN A BOWL AND MIX WITH 1 CUP OF OATS, 2 EGGS, AND A PINCH OF CINNAMON. HEAT A NON-STICK SKILLET OVER MEDIUM HEAT AND POUR SMALL SCOOPS OF THE BATTER ONTO THE PAN. COOK FOR 2-3 MINUTES ON EACH SIDE UNTIL GOLDEN BROWN. SERVE WITH YOUR FAVORITE TOPPINGS LIKE FRESH FRUIT, YOGURT, OR MAPLE SYRUP. PERFECT FOR A HEALTHY BREAKFAST OR SNACK!

Things to do in Calgary

May 1

Calgary Psychic & Crystal Fair (Fortune tellers, Psychics and Crystals booths)

Thu, May 1–Sun, May 4

**Best Western Premier Calgary Plaza Hotel & Conference Centre, 1316 33 St NE
Calgary, AB**

Day Out With Thomas

May 3 Sat, 9:00 a.m.–5:15 p.m.

Heritage Park, 1900 Heritage Dr SW Calgary, AB

"Day Out With Thomas" in Calgary is a family-friendly event that takes place at Heritage Park. It features a real train ride with Thomas the Tank Engine, along with live entertainment, photo opportunities.



May 11

Day Out With Thomas

Sun, 9:00 a.m.–5:15 p.m.

**Heritage Park, 1900 Heritage Dr SW
Calgary, AB**

May 8

RATS Calgary Technical Sessions - May 2025

Thu, 5:00–8:00 p.m.

**National on 10th, 341 10 Ave SW
Calgary, AB**

A networking and educational event focused on the rotating equipment industry



May 31

National Indigenous History Month - Holy Angels School

Sat, May 31–Sun, Jun 1

**Holy Angels School (K-6), 275 Riverglen Dr SE
Calgary, AB**

National Indigenous History Month aims to educate and raise awareness about the history, resilience, and contributions of Indigenous Peoples in Canada

May 20

SIX (The Musical)

Tue, May 20–Sun, May 25

**Southern Alberta Jubilee Auditorium, 1415 14 Ave NW
Calgary, AB**



May 31

National Indigenous History Month

Sat, May 31–Sun, Jun 1

**Our Lady of Grace School, 736 Evanston Dr
Calgary, AB**

May 31

"Memoria" Punk Rock Flea Market YYC

Sat, 11:00 a.m.–6:00 p.m.

**Thornccliffe Greenview Community Association & Recreation Centre, 5600 Centre St N
Calgary, AB**

Bringing you alternative culture and 100+ vendors with unique wares you can't find anywhere else, this is an indoor event, all-inclusive and 100% fully accessible and lots of parking.

Spring and Summer Outing

With the summer just around the corner, Springboard Centre is excited to help our clients make the most of the beautiful weather. We have planned a variety of engaging outings, including visits to the Calgary Zoo, TELUS Spark, and the Heritage Park, on top of our regular summer program to ensure an enjoyable and enriching season for everyone.

Policy Statement

Public Statements/Communication/ Media Contact

Any employee, volunteer or practicum student of Springboard Centre for Adults with Disabilities who makes a public statement expressly or implicitly on behalf of the Society must obtain prior approval from the Chief Executive Officer. Board members should consult with the Board Chairperson and/or Chief Executive Officer prior to making a public statement.

If an employee chooses to make a personal/private view known through a public statement, he/she will clearly state that the opinion expressed is his/hers alone and not that of the Agency.

Confidentiality of information acquired through association with Springboard Centre for Adults with Disabilities must be maintained.

All publications, advertising, notices, posters, exhibits or displays prepared for public use must be approved by the Chief Executive Officer prior to planning, implementation, distribution, or display.

All contact initiated by the media with Springboard Centre for Adults with Disabilities personnel must be referred to the Chief Executive Officer or the Board of Directors.

Only the Chief Executive Officer, designate, or Chairperson of the Board of Directors for Springboard Centre may authorize press releases and media contact on topics related to the agency.

Media contact or involvement must always be documented. The confidentiality of both client and employee information will be strictly observed unless the appropriate releases have been obtained.

Contact with the media is intended to:

1. Raise public awareness about the strengths, needs, and accomplishments of individuals with disabilities.
2. Inform the public about the programs and services offered by Springboard Centre for Adults with Disabilities.
3. Promote Springboard Centre for Adults with Disabilities' fund raising efforts.

Board of Directors

DONNA CRAWFORD – CHAIRPERSON
SANDY MANN – VICE CHAIRPERSON
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BILL BLAIR
TAMMY LAFORTUNE
ROXY SCHMIDT
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GORD HOFFMAN –HONORARY
ROMEO CONCEPCION– CEO

Contact

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FAX: 403-235-3872

E-MAIL:

ADMIN@SPRINGBOARDCENTRE.CA

WE'RE ON THE WEB!

WWW.SPRINGBOARDCENTRE.CA

DID YOU KNOW THAT SBC IS A
CHARITABLE ORGANIZATION? IF YOU
OR ANYONE YOU KNOW WISHES TO
MAKE A DONATION, PLEASE
CONTACT US AT 403-248-7071.

About us

MISSION STATEMENT:

SBC WILL ASSIST ADULTS WITH DEVELOPMENTAL DISABILITIES TO ACHIEVE MEANING IN THEIR LIVES.

VISION STATEMENT:

SPRINGBOARD CENTRE IS COMMITTED TO ASSISTING THE INDIVIDUALS WE SERVE IN ACHIEVING COMMUNITY INTEGRATION TO THE FULLEST EXTENT OF THEIR INTERESTS AND ABILITIES.

DONATIONS:

SPRINGBOARD CENTRE IS FUNDED PRIMARILY BY THE GOVERNMENT OF ALBERTA, BUT WE ALSO RELY ON DONATIONS TO SUPPORT OUR PROGRAMS. YOU CAN CONTRIBUTE IN SEVERAL WAYS:

- ONE-TIME DONATION: DONATE VIA CHEQUE OR THROUGH CANADAHELPS.ORG ON OUR WEBSITE WWW.SPRINGBOARDCENTRE.CA.
- MONTHLY GIVING: SET UP A RECURRING DONATION THROUGH POST-DATED CHEQUES OR CANADAHELPS.ORG.
- VEHICLE DONATIONS: DONATE YOUR VEHICLE THROUGH DONATE-A-CAR CANADA FOR A CHARITABLE RECEIPT.
- PLANNED GIVING: CONTRIBUTE THROUGH ENDOWMENTS, CHARITABLE TRUSTS, OR SECURITIES.

VISIT OUR WEBSITE WWW.SPRINGBOARDCENTRE.CA FOR MORE DETAILS.

