BACK CARE AND LIFTING

1. SAFE LIFTING

<https://www.youtube.com/watch?v=xDNUkjogfXo>

1. ASSISTING A FALL

<https://www.youtube.com/watch?v=9Iq2uiLBVP8>

1. ASSISTED STANDING PIVOT TRANSFER

<https://www.youtube.com/watch?v=NcffCGFGRjM>

1. 2-PERSON LIFT SIDE-TO-SIDE APPROACH

<https://www.youtube.com/watch?v=BlONVrRXKwU>

1. 2-PERSON LIFT TOP TO BOTTOM

<https://www.youtube.com/watch?v=jMNOFCuiqLI>

1. 2-PERSON LIFT TRANSFER

<https://www.youtube.com/watch?v=ecM3BUiCYDc>