



## COVID-19

- 1) If the individual you care for or anyone who has been in recent contact with the individual has traveled in the last month, and/or may have been in contact with someone who is infectious, we ask that you please keep the individual at home and call 811 for further advice. Before calling, please check for signs of fever, cough, and/or shortness of breath. Please be prepared to tell the 811 operator about recent travel and contact with others. Please notify the 811 operator immediately if you or the individual you care for are over the age of 60 and/or have underlying health conditions.
- 2) If the 811 operator confirms there is not an immediate risk or high likelihood of infection, the individual may return to using public transit and attending SBC immediately.
- 3) If the 811 operator recommends testing for the virus, individuals and caregivers should follow the advice of the 811 medical operator. This advice may include:
  - Staying at home until tests can be conducted at your residence
  - Going to a nearby testing centre
  - Avoiding all unnecessary close contact with others
  - Temporary self-isolation
- 4) If you or the individual you care for tests positive for COVID-19, please follow the advice of the medical professional giving the diagnosis. **Please contact SBC immediately so that we can take proactive measures to protect all clients and employees.** Please know that your privacy will be protected and any information you disclose will only be used for the purpose of ensuring health and safety.
- 5) If you or the individual you care for tests positive for COVID-19, we ask that you take the following precautions before sending the individual on public transit or back to SBC:
  - Self-isolate at home or residence for a minimum of 14 days
  - Bring a medical note upon returning to public transit and SBC