



SBC NEWSLETTER

Tis the
Season

ISSUE 24
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DECEMBER, 2025

Message from CEO

On December 3, 2025, we join the global community in celebrating the International Day of Persons with Disabilities (IDPD)—a day dedicated to promoting understanding, acceptance, and advocacy for the rights and well-being of persons with disabilities. This year’s celebration in Calgary highlights the importance of accessibility, inclusion, and empowerment, reminding us that our collective efforts create a stronger and more compassionate community. At our agency, every day reflects this commitment as we continue to support individuals in reaching their fullest potential and living meaningful, connected lives.

As we mark this important day, we also embrace the joy and warmth of the Christmas season. The holidays offer a special time to reflect on the year’s blessings, express gratitude, and celebrate the achievements of our clients, families, and staff. We are deeply thankful for the dedication of our team, the trust of our families, and the continued support of our community partners.

May this season of giving inspire us all to share kindness, foster inclusion, and carry forward the message of unity that both the IDPD and Christmas embody. Wishing everyone a joyful holiday season and a bright, hope-filled New Year!

Romeo Concepcion, CEO



AGENCY CLOSURES

DECEMBER 22, 2025-
JANUARY 2, 2026

REMINDER

PLEASE REMEMBER TO
MAKE THE APPROPRIATE
CHANGES WITH YOUR
TRANSPORTATION BOOKINGS
FOR THIS CLOSURE.



Springboard Highlights & Updates

Springboard Centre has successfully concluded its month-long specialized programs – “Brushes and Beyond” (Arts) and “Music and Me” (Music). Over the past month, we were thrilled to welcome nearly 30 participants from various partner agencies, along with our own clients, to take part in these inspiring experiences.

These programs were thoughtfully designed to provide inclusive, engaging, and creative opportunities for adults with disabilities to explore their artistic talents, express themselves through music, and thrive in a supportive community environment. Also, on the 31st of October, we celebrated our END OF THE MONTH PARTY with our Halloween Special. It was such a fun-filled day starting with Pumpkin Carving Contest followed by Costume Contest for the staff. The clients had a Halloween- themed arts and crafts program in the morning and Halloween Party in the afternoon. There were some trick or treat goodies as well. It was such an amazing day for everyone!



Welcoming new client:
1. Marco

Staff anniversaries

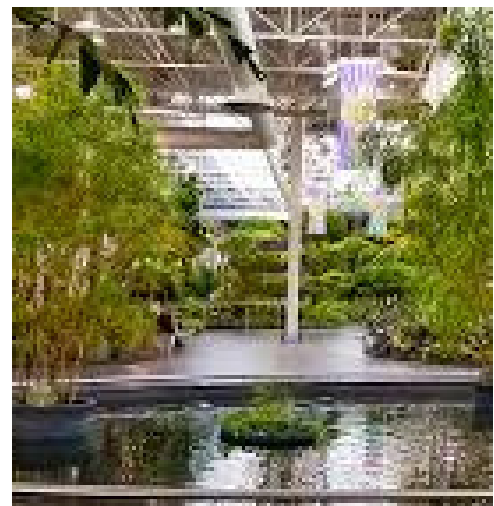
1. Chalene- 17
2. Elmer- 14
3. Paul- 9
4. Femi- 8
5. Lovepreet- 7

Things Happening in Calgary for free



1. **Glide and slide on ice!** Calgary's got a winter wonderland waiting for you, with nearly a hundred skating rinks to twirl on from November to March. It's the city's frosty favorite!
2. **Light up your life!** The holiday season in Calgary is a festival of glimmering, shimmering lights. Don't miss the Lions Festival of Lights (Nov. 22-Jan. 8, 2026 at Confederation Park - free of charge!) and the dazzling duo: Zoolights outdoors and Sparkle Sparkle indoors.
3. **Explore indoor and outdoor wonders!**
 - Dive into Devonian Garden, an indoor oasis in downtown Calgary, where festive vibes meet tropical delights.
 - Take a day trip to Banff for majestic mountain views and a flurry of winter fun!

Mark your calendar for December 3, 2025! Celebrate International Day of Persons with Disabilities with Calgary's vibrant community events. From the (dis)ABLED Art Show & Sale at Vecova to other surprise happenings, it's a day to raise awareness and champion inclusion in every corner of life.

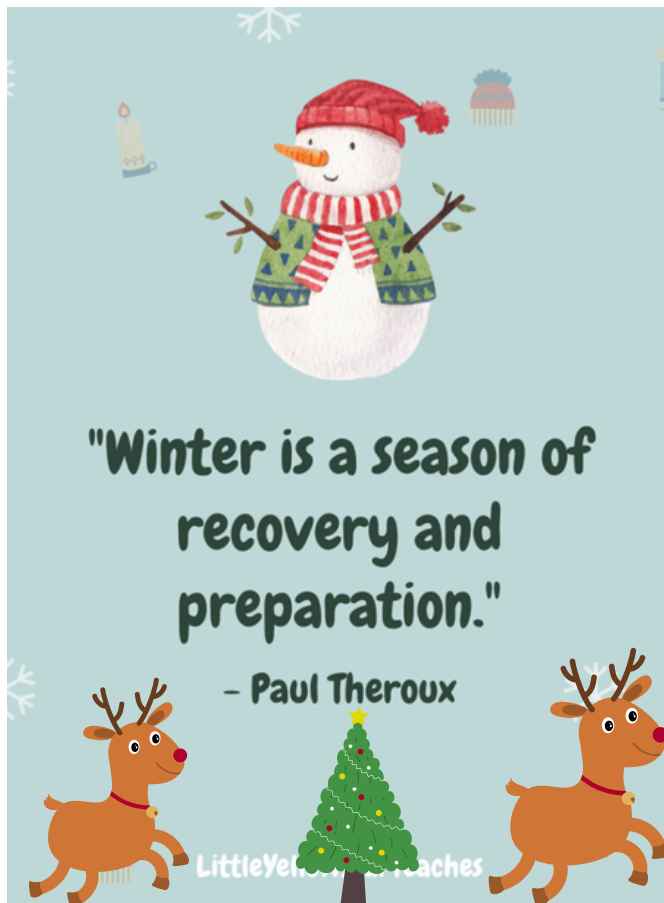


Winter Program Outing

Despite the cold that winter brings, we want everyone to continue to enjoy their activities in the community and on site at Springboard Centre. We have put some necessary precautions in place to ensure our individuals' safety.

Individuals must have weather-appropriate clothing. This includes warm winter jackets, snow pants, mittens, ear muffs, hats, gloves, boots and scarves.

If the outdoor temperature with wind chill is -15 degrees Celsius or colder, and in the event of severe weather warnings (extreme temperatures, wind chill, significant snowfall) and poor driving conditions (icy roads/black ice, poor visibility), all outings will be cancelled and clients will participate in onsite activities.



Policy-Change of Personal Information

SBC must be notified immediately of any changes pertinent to the client (i.e. emergency contacts, address, phone changes, etc...)

Hot Chocolate Stir Sticks recipe

Melt chocolate and pour it into silicone molds or ice cube trays. Add a candy cane or wooden stick in the center and let it harden. Stir into warm milk for a cozy, festive drink!



Marlborough Gym Basketball event with SBC's legends





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WE'RE ON THE WEB!
WWW.SPRINGBOARDCENTRE.CA

Did You know that SBC is a charitable organization? If you or anyone you know wishes to make a donation, please contact us at 403-248-7071.



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About Us

Mission Statement: SBC will assist adults with developmental disabilities to achieve meaning in their lives.

Vision Statement: Springboard Centre is committed to assisting the individuals we serve in achieving community integration to the fullest extent of their interests and abilities.

Donations: Springboard Centre is funded primarily by the Government of Alberta, but we also rely on donations to support our programs. You can contribute in several ways:

- **One-Time Donation: Donate via cheque or through CanadaHelps.org on our website www.springboardcentre.ca.**
- **Monthly Giving: Set up a recurring donation through post-dated cheques or CanadaHelps.org.**
- **Vehicle Donations: Donate your vehicle through Donate-A-Car Canada for a charitable receipt.**
- **Planned Giving: Contribute through endowments, charitable trusts, or securities.**

Visit our website www.springboardcentre.ca for more details.