



Are you ready to manifest with the vibrancy and ease of Spring?



Planting the seeds of intention with sigil magick

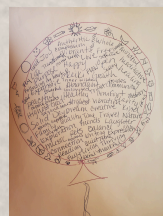
There are so many ways to create a sigil. I am offering you steps that I created to blend Shamanism and Mindset into Magick.

So, what is a Sigil? Simply, it is a symbol used to represent and invoke an outcome or manifestation of a specific intention.

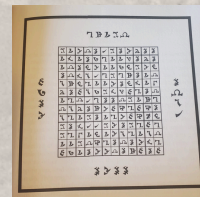
In our case, we are using a sigil as a magickal representation of our dream, desire, or goal for this Spring.

Sigils can be created in a variety of ways.

Tanaaz Chubb's sigil for May 2024

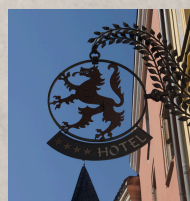


My "accidental" sigil for all that I was welcoming in years ago!



Damon Brand's Imagination Sigil from "Success Magick"

Sigils may also be seen in some of the images we see every day.





Simple steps for creating a Spring intentions sigil

Preparing for your sigil:

I like to signify or honor that I am entering into a sacred time for connecting and creating.

1. Ways to honor this time as special: Carve some time out of your day for creating your sigil.
 - Grab a piece of paper or parchment and a pen, pencil, markers, or watercolor/ paint. Light a candle, use a smudge cleanse of your space, burn incense or diffuse oils. Pick out crystals. Play relaxing or meditation music.
2. Signify that you are opening sacred space with any process for opening to Spirit and connecting to your highest knowing. Invite in any guides, guardians, or archangels for support.

Steps for crafting your sigil:

1. Spend some quiet time (or meditate) thinking about your intention.
 - What do you desire? What have you been dreaming about? What goal or change are you ready for?
 - Feel into the energy of your intention. How does it make you feel?
 - Imagine how life would change if you were to manifest your intention.
 - How would life become more vibrant?
 - How would it resolve struggle, fear, or lack in the area that you have been experiencing?





Steps for crafting your sigil continued:

2. Write out a simple and concise phrase for your intention.
 - Use present tense or active tense (*I am, I am becoming, I am receiving, I welcome in, etc.*). Example: Maybe you are hoping to return to a inner balance and grounding after a stressful period. A simple phrase could be: "I embody inner peace".

3. Scratch out the vowels and repeating letters, creating a more abstract looking "word". The simple phrase from the example would become, "MBDNRPC". This becomes a coded phrase or coded intention.

4. Return to connecting to the feeling and any associated sensations with your intention.

5. Grab a fresh sheet of paper and write down the coded intention. Begin to sketch or draw an image of that intention and abstract word.
 - Allow your intuition to guide you; creating a representation of that energy.
 - It does not have to be artistic or "perfect".
 - No one will be judging or reviewing your drawing.
 - Maybe for our example there would be a image would like like a sun, flower, and dove intertwined, or simply a flower, or other intuitively drawn lines, dots, squiggles and shapes.





Steps for activating your sigil:

1. Trace the image you have drawn with your finger or pen, etc at least three times while keeping your phrase or intention in mind or repeating the coded phrase/ intention.
2. Connect to and request support for your intention from your guides, guardians, archangels, etc.
 - See, sense, know, feel their support.
 - Verbalize what would change if your intention alchemized and manifested in your life.
 - Verbalize your promise of action you will take to manifest your intention.
3. Hold the paper in your hands and breath your intention into the paper. Using your breath, your life force energy, to infuse into the paper.
4. Send gratitude to your guides, guardians, and archangels for co-creation.
5. Send love and compassion to yourself for planting your seeds of your intention.
6. Signify that you are done, with a verbal acknowledgment such as "so it is, so be it or it is done".





Options for further charging your sigil:

Place the paper in a glass or jar (you can add a small piece of sage, special plant or flower, or crystal, or a bit of soil) from sunrise to sunset to allow the Sun to infuse it's strength, vitality, and action into your intention.

After sunset remove your paper.

You can burn it (safely, please!) and allow the breeze to carry the ashes away to new horizons.

or

If written on paper of natural fibers or biodegradable, can bury it under soil to allow the energy of Earth to transform from thought into reality.

or

Soak in spring water until dissolved to transform along the flow of life.

Your ritual is complete.

Be patient as your seeds of intention grow.
Trust in the timing of your growth.
Celebrate all that you manifest.





Affirmations for your sigil work:

- I tap into and harness the limitless potential of the Universe.
- I see my new path with joy and passion.
- I plant the seeds of my new intention into the receptive and fertile soil of Mother Earth and into the pure potentiality of the Universe.
- I am a powerful manifestor.
- Abundance and prosperity is available to me.
- I embrace my new path; knowing I will overcome any obstacle or challenge.
- This is my next opportunity for growth and transformation.
- Each day I continue to evolve.

It's time to enter your new path
with joy, ease, and passion.

Of course you can create a sigil anytime for anything that is needing a little magical boost!



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