## Resources for Parish Nurses

### New Parish Nursing article in ANA journal



"Parish nursing: reclaiming the spiritual dimensions of care" by Deborah Patterson, Barbara Wehling, and Gayle Mason (all of the IPNRC). *American Nurse Today*, October 2008, Vol. 3, Issue 10, 38-40.

This article will be added to the CINAHL database in a few months, and is available now to all American Nurses Association members.

#### Faith community nursing and chronic disease

The emerging role of faith community nurses in prevention and management of chronic disease. McGinnis SL; **Zoske** FM Policy, Politics, & Nursing Practice, 2008 Aug; 9 (3): 173-80. In this article, Frances Zoske and Sandra McGinnis argue that faith community nurses provide services not commonly available in the traditional health care system, such as community case management, community advocacy, and community health education, addressing unmet health care needs, particularly for the prevention and management of chronic disease.

# Farewell, My Friend: A Step-by-Step Guide to Handling a Serious Illness and Even the Death of a Loved One

by Beatrice Bailey \$19.95 US at <a href="https://www.farewellmyfriend.net">www.farewellmyfriend.net</a>

Farewell, My Friend is a valuable resource manual and tool for any parish nurse who accompanies a parishioner or caregiver through the journey of a serious illness and or death. Beatrice Bailey takes you on her own journey as wife and caregiver for her husband who is diagnosed and later dies of cancer. As a result of this experience, Bailey has developed many tools that can be easily replicated to help sort out the confusing issues you face along the way. She carefully guides you through such issues as getting answers you need from doctors, organizing medical records and keeping a calendar. She has developed easy tools for coordinating help, how to set up a sickroom, legal matters that must be addressed and preneed funeral and memorial planning. In telling her own story, Bailey also stresses the importance of taking care of "you." Bailey doesn't leave you at the funeral either; her final tool is a Grief, Closure and Moving On Checklist.

#### "Using Your Voice to Make A Difference"

This keynote presentation by Diana Mason, PhD, RN, FAAN, from the 2008 Westberg Symposium, is available on the IPNRC website at <a href="https://www.parishnurses.org/OtherResources\_172.aspx">www.parishnurses.org/OtherResources\_172.aspx</a>. Dr. Mason is the editor of the \*American Journal of Nursing, the oldest and largest circulating journal of nursing in the world. Her presentation encouraged parish nurses to develop evidence-based practice, stating that nurses must be "proactive and vocal" to "sustain and spread...innovations and models of care that work."

### Parish Nurse Documentation System On-Line

Lisa Burkhart, MPH, PhD, RN, Associate Professor at the Marcella Niehaus School of Nursing at Loyola University in Chicago, and a former staff member of the International Parish Nurse Resource Center, has created a manual, "Integration: A documentation system reporting whole person care" for parish nurses that she generously has agreed to share as a free download from her faculty website. We are grateful to Dr. Burkhart for sharing her extensive work on documentation with others in the parish nursing profession. This documentation system can be found on the IPNRC website under "Resources" at <a href="https://www.parishnurses.org/OtherResources\_172.aspx">www.parishnurses.org/OtherResources\_172.aspx</a>. (Dr. Burkhart can be reached at eburkha@luc.edu.)

#### Also on the IPNRC Resources Page...

You will find a bibliography of theological resources supporting parish nursing and health ministries, as well as copies of the posters on strokes and heart disease from earlier issues of *Parish Nurse Perspectives*, which you are welcome to use in your congregations. (Be sure to check out the new poster on page 13 of this issue on diabetes, created specially for parish nurses). Go to <a href="https://www.parishnurses.org/OtherResources">www.parishnurses.org/OtherResources</a> 172.aspx.

# This is the Day: Readings and Meditations from the Iona Community Neil Paynter, ed., (Glasgow, Wild Goose), 2006, \$25 US.

Many parish nurses may be familiar with the Iona Community, located on an island not far from Glasgow, Scotland. It is a "dispersed Christian ecumenical community, working for peace and social justice, rebuilding of community and the renewal of worship." Not everyone can travel to Scotland, but Wild Goose Publications (the press of the Iona Community), has a book of readings and meditations from the Iona Community suitable for personal or corporate prayer and reflection.

For more about the Iona Community, visit their website at www.iona.org.uk.