

# Spring Cleaning Challenge



- 1 Gather one bag full to recycle, donate, or throw out
- 2 Dispose properly of toxic cleaners and replace them with Thieves Household cleaner or another non-toxic alternative
- 3 Clear expired food from pantry & fridge
- 4 Clear out the junk drawer
- 5 Declutter and organize a closet
- 6 Clean the ceiling fans
- 7 Catch up + rest
- 8 Clean the baseboards
- 9 Remove any gunk with Lemon EO
- 10 Dust hard to reach places
- 11 Vacuum/mop the whole house
- 12 Wash all the sheets
- 13 Wash comforters, pillow, clean mattresses
- 14 Catch up + Rest
- 15 Organize towels and rags
- 16 Clean dishwasher, refrigerator & appliances
- 17 Clean blinds and wash curtains
- 18 Clean car
- 19 Clean out misc. drawers & cabinets
- 20 Deep clean carpets and rugs

- 21 Catch up + rest
- 22 Box up old toys & outgrown clothes
- 23 Clean pantry/utility areas
- 24 Clean windows & screens
- 25 Go through paper piles and file important papers
- 26 Clean TV & electronics
- 27 Clean shower, tub, shower curtains, and bathroom walls
- 28 Catch up + rest
- 29 Clean desk, chair, declutter workspace
- 30 Wipe down pictures & lamps
- 31 Clean vacuum and cleaning supplies

