

## Accommodating Healthcare Solutions

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Thank you

PATIENT INTAKE QUESTIONNAIRE								
					nis questionnai part of your n		tly confidential ord.	
Name (Last, First, M.I.):							Today's Date	
Address (Street.):							Date of Birth	
(City, State, Zip.):							Occupation	
Email							Employer	
Phone	H:			M:			W:	
Marital status:	☐ Singl	e Partnered	□ N	1arried	☐ Separate	ed 🔲 Div	vorced   Widowe	d
Children (Names, Ages)								
Previous or referring of		Date of la		ast physical exam:				
How did you hear about me?								
CHIEF COMPLAINT								
What is the primary health concern or goal that brings you to the clinic?								
Brief History of Chief Complaint (when it started, what makes it better/worse, severity, etc)								
List other health issues you hope to address								

PERSONAL HEALTH HISTORY						
List any other medical problems that other doctors have diagnosed						
-	·	<u>-</u>				
Surgeries						
Year	Reason		Hospital			
Other hospi	talizations					
Year	Reason		Hospital			
Have you ev	ver had a bloo	d transfusion?	☐ Yes ☐ No			
List your pre	secribod druge	and over-the-counter drugs, such as vitamins and inhaler	•			
Name the Dru		Strength	Frequency Taken			
Hame the Bre	-9	Sacinger	Trequency function			
Allergies		1	I			
Name the Dru	ıg	Reaction You Had				
Any Other All	ergies					

## **HEALTH HABITS AND PERSONAL SAFETY** ALL QUESTIONS CONTAINED IN THIS QUESTIONNAIRE ARE OPTIONAL AND WILL BE KEPT STRICTLY CONFIDENTIAL. **Exercise** Describe exercise activities: the frequency, intensity, time and type of activity. For example (twice weekly beginner 1 hour yoga classes) Activities Describe your interests, hobbies, spiritual practices, things you do to relax Are you dieting? Yes No Diet If yes, are you on a physician prescribed medical diet? Yes No # of meals you eat in an average day? What Have you eaten in the last 24 hours? If the above dietary recall is atypical for you, describe a typical day here. List your favorite healthy foods ☐ None ☐ Coffee □ Tea ☐ Cola **Caffeine** Number of cups/cans per day? Do you drink alcohol? Yes No **Alcohol** If yes, what kind? How many drinks per week? Are you concerned about the amount you drink? Yes No Have you considered stopping? Yes No Have you ever experienced blackouts? Yes No Are you prone to "binge" drinking? Yes No Do you drive after drinking? Yes No Do you use tobacco? Yes No **Tobacco** ☐ Chew - #/day: ☐ Cigarettes – pks./day: ☐ Pipe - #/day: ☐ Cigars - #/day: ☐ # of years: ☐ Or year quit:

Drugs	Do you currently use recreational or street drugs?				No
	Have you ever given yourself street drugs with a needle?				No
Sex	Are you sexually active?				No
	If yes, are you trying for a pregnancy?		Yes		No
	If not trying for a pregnancy list contraceptive or barrier method used:				
	Any discomfort with intercourse?		Yes		No
Personal					No
Safety	Do you have traction stickers or bathtub mat?		Yes		No
	Do you have a fire extinguisher?		Yes		No
	Do you have frequent falls?		Yes		No
	Do you have vision or hearing loss?		Yes		No
	Do you have an Advance Directive or Living Will?		Yes		No
	Do you wear a seatbelt?		Yes		No

FAMILY HEALTH HISTORY						
	FOR DECEASED	RELATIVES MARK A LETTER "D" AND TH	HEIR AGE AT DEAT	H, SPECIFY CAUSE	OF DEATH IF KNOWN	
	AGE	SIGNIFICANT HEALTH PROBLEMS		AGE	SIGNIFICANT HEALTH PROBLEMS	
Father			Children	□ M □ F		
Mother				☐ M ☐ F		
Sibling(s)	☐ M ☐ F			□ M □ F		
	□ M □ F			□ M □ F		
	□ M □ F		Grandmother			
	□ M □ F		Maternal			
]	□ M □ F		Grandfather			
	☐ M ☐ F		Maternal			
	☐ M ☐ F		Grandmother			
	□ M □ F		Paternal			
	□ M □ F		Grandfather			
	□ M □ F		Paternal			

WOMEN ONLY							
Age at onset of menstruation:							
Date of last menstruation:							
Period every how many days?							
Heavy periods, irregularity, spotting, pa	in, or discharge?			Yes		No	
Number of pregnancies:		Number of live births:					
Are you pregnant or breastfeeding?		<u> </u>		Yes		No	
Have you had a D&C, hysterectomy, or	Cesarean?			Yes		No	
Any urinary tract, bladder, or kidney inf	ections within the last year?			Yes		No	
Any blood in your urine?				Yes		No	
Any problems with control of urination?						No	
Any hot flashes or sweating at night?						No	
Do you have menstrual tension, pain, bloating, irritability, or other symptoms at or around time of period?						No	
Experienced any recent breast tenderness, lumps, or nipple discharge?						No	
Date of last pap?							
MEN ONLY							
Do you usually get up to urinate during the night?						No	
If yes, # of times:							
Do you feel pain or burning with urination?						No	
Any blood in your urine?						No	
Do you feel burning discharge from penis?						No	
Has the force of your urination decreased?						No	
Have you had any kidney, bladder, or prostate infections within the last 12 months?						No	
Do you have any problems emptying your bladder completely?						No	
Any difficulty with erection or ejaculation?						No	
Any testicle pain or swelling?						No	

OTHER PROBLEMS						
Check if you have, or have had, any symptoms in the following areas to a significant degree and briefly explain in the space below.						
Skin	☐ Chest/Heart	☐ Recent changes in:				
☐ Head/Neck	☐ Back	☐ Weight				
☐ Ears	☐ Intestinal	☐ Energy level				
□ Nose	□ Bladder	☐ Ability to sleep				
Throat	Bowel	☐ Other pain/discomfort:				
Lungs	☐ Circulation	☐ Other odd symptom				
Use this space to elaborate on the above	ve chart or for anything else you would l	ike to add not addressed in this form.				