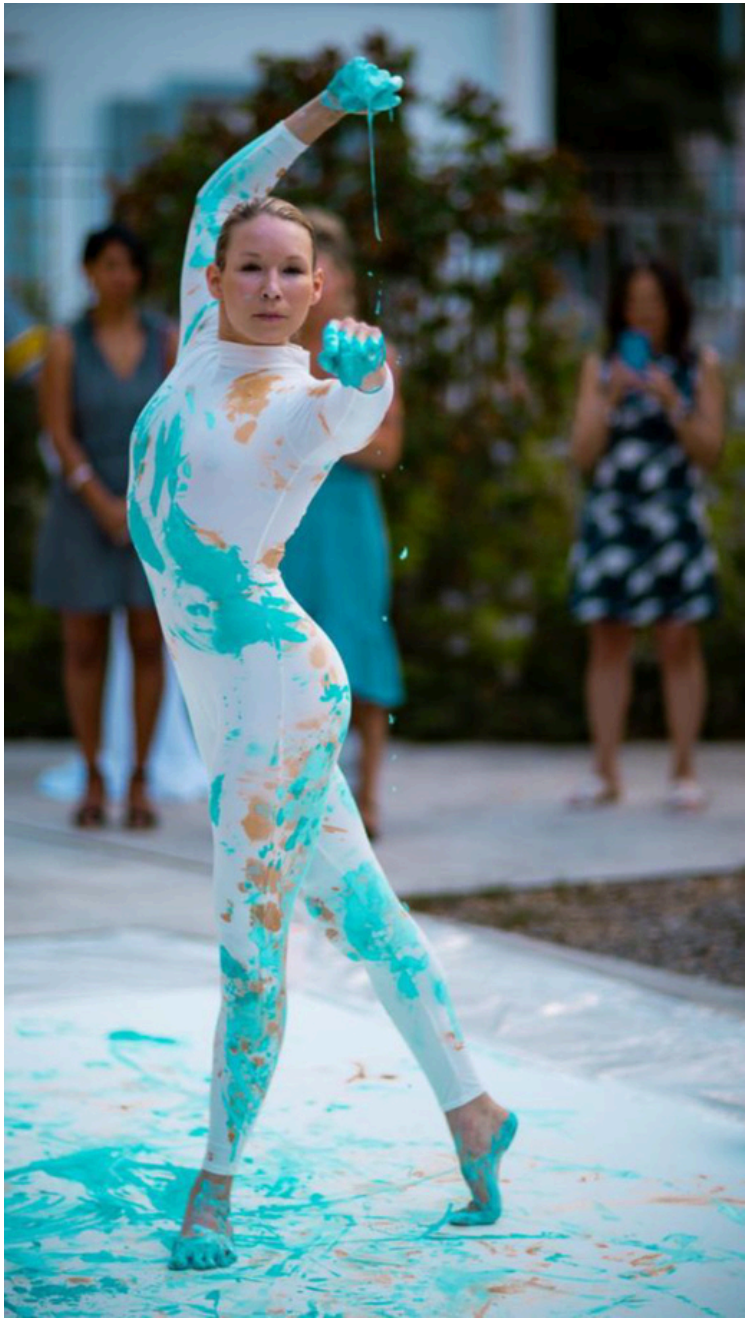
Annika Rhea
BODY MEDIUM
Portfolio



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Body Medium Painting Series



Body Medium is a gestural painting practice in which artist Annika Rhea harnesses the intelligence of movement to create dynamic abstract works. She describes her approach as immersive action painting or dance painting, using her body as both instrument and medium, and the canvas as a stage upon which each composition unfolds.

This portfolio brings together works from her more intricate, ground-based action painting series alongside pieces from the In Flight series, where compositions are created through aerial dance while suspended from the ceiling. Across both bodies of work, movement becomes a method of mark-making, translating physical momentum into layered visual language.

Rooted in the principles of flow and presence, each painting captures a moment of embodied awareness in motion. The works hold the residue of lived movement, preserving ephemeral gestures and transforming them into lasting forms that invite the viewer to experience energy, rhythm, and spontaneity in a new dimension.



Imagine



56" x 90"

Acrylic and Invisible Ink on Canvas

2024

$36,000





Painted live during Art Basel Miami 2024
Features invisible ink (UV activated) prose

Video of Creation:
https://youtu.be/14H6siNarXE

Waltz of Hues





55" x 72"

Acrylic on Canvas

2025

$24,000

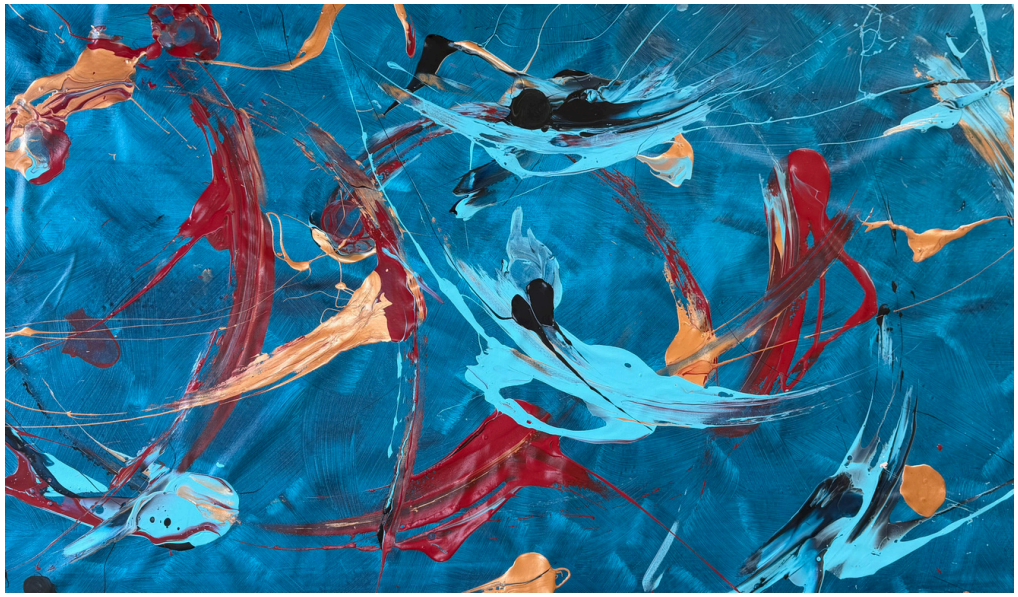
Midnight Descent





40" x 72"
Acrylic on Canvas
2026
$16,000

Dance Between Land and Sea





44" x 72"

Acrylic on Canvas

2026

$17,000

Celestial Currents





40" x 72"
Acrylic on Canvas
2026
$16,000

Phoenix Rising





40" x 72"
Acrylic on Canvas
2026
$16,000

Aquatic Ecosystem





56" x 72"
Acrylic on Canvas
2025
$24,000

Life Force





80" x 70"
Acrylic on Canvas
2024
$32,000

Storm Mountain



53" x 72"

Acrylic on Canvas

2024

$26,000





Painted on Storm Mountain, Little Cottonwood, UT

Video of Creation: https://youtu.be/nid_tPzrkEQ

Sweep





28" x 28"
Acrylic on Canvas
2025
$3,000

Cosmic Forces





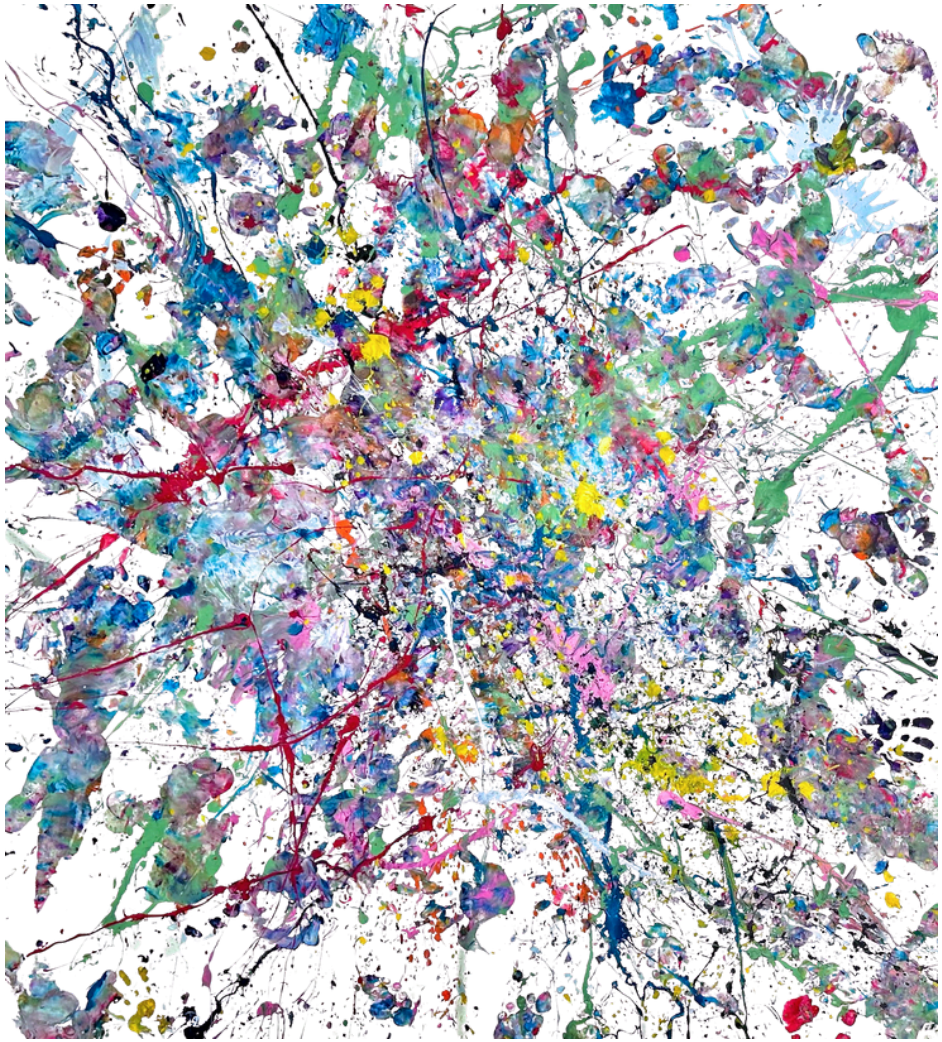
28" x 28"

Acrylic on Canvas

2023

$3,000

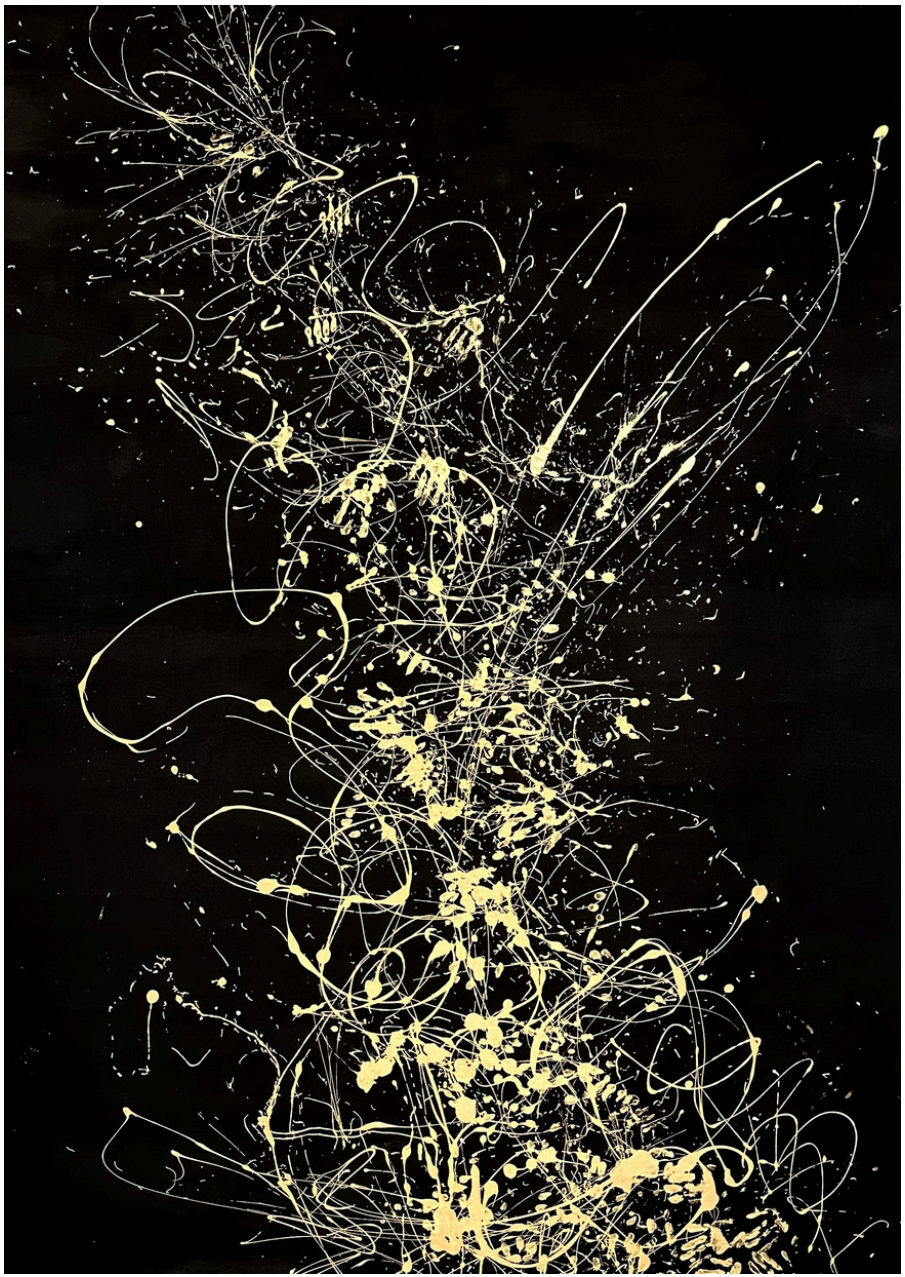
Release





80" x 68"
Acrylic on Canvas
2024
$28,000

Alchemy





80" x 108"
Acrylic on Canvas
2020
$38,000

The Earth in Flow



64" x 120"
Acrylic on Canvas
2019
$36,000





Painted live during a virtual Earth Day Event
Brooklyn, NY

Buena Vista



72" x 90"

Acrylic on Canvas

2021

$32,000

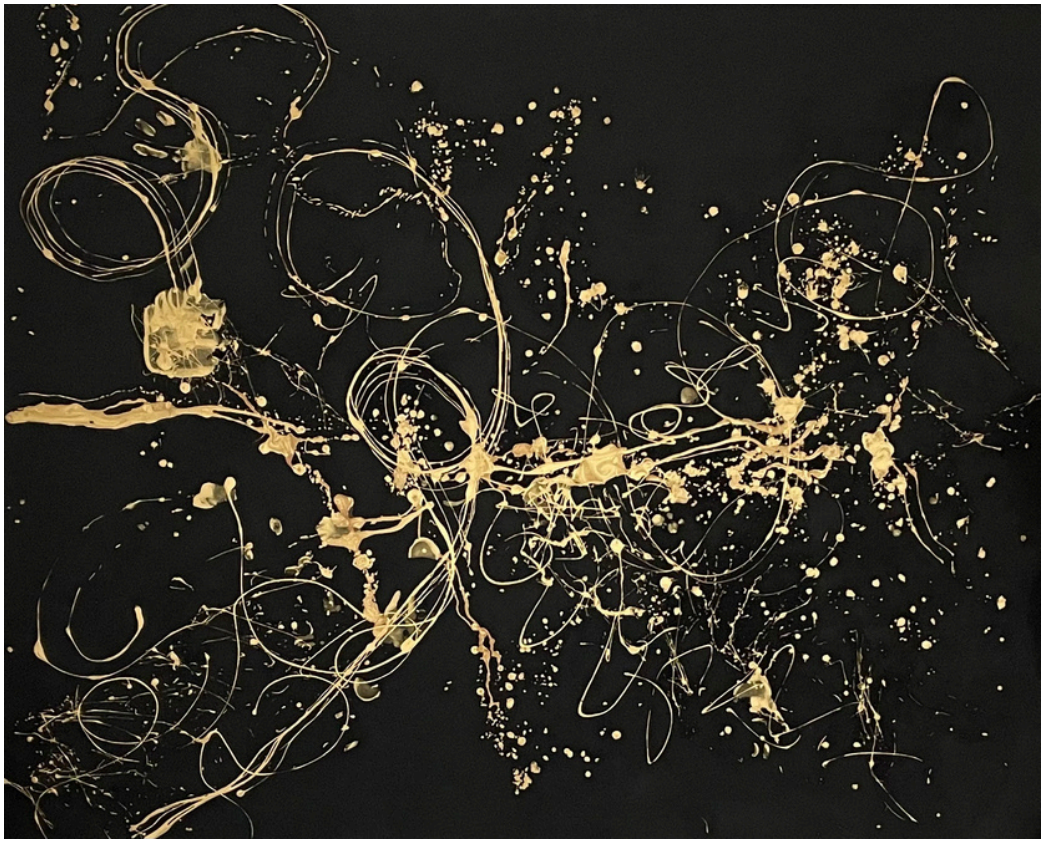




Painted during sunrise on Buena Vista Beach
Buena Vista, Costa Rica

Video of creation: https://youtu.be/gWbuiYmkqb8

Renaissance





72" x 90"
Acrylic on Canvas
2021
$24,000

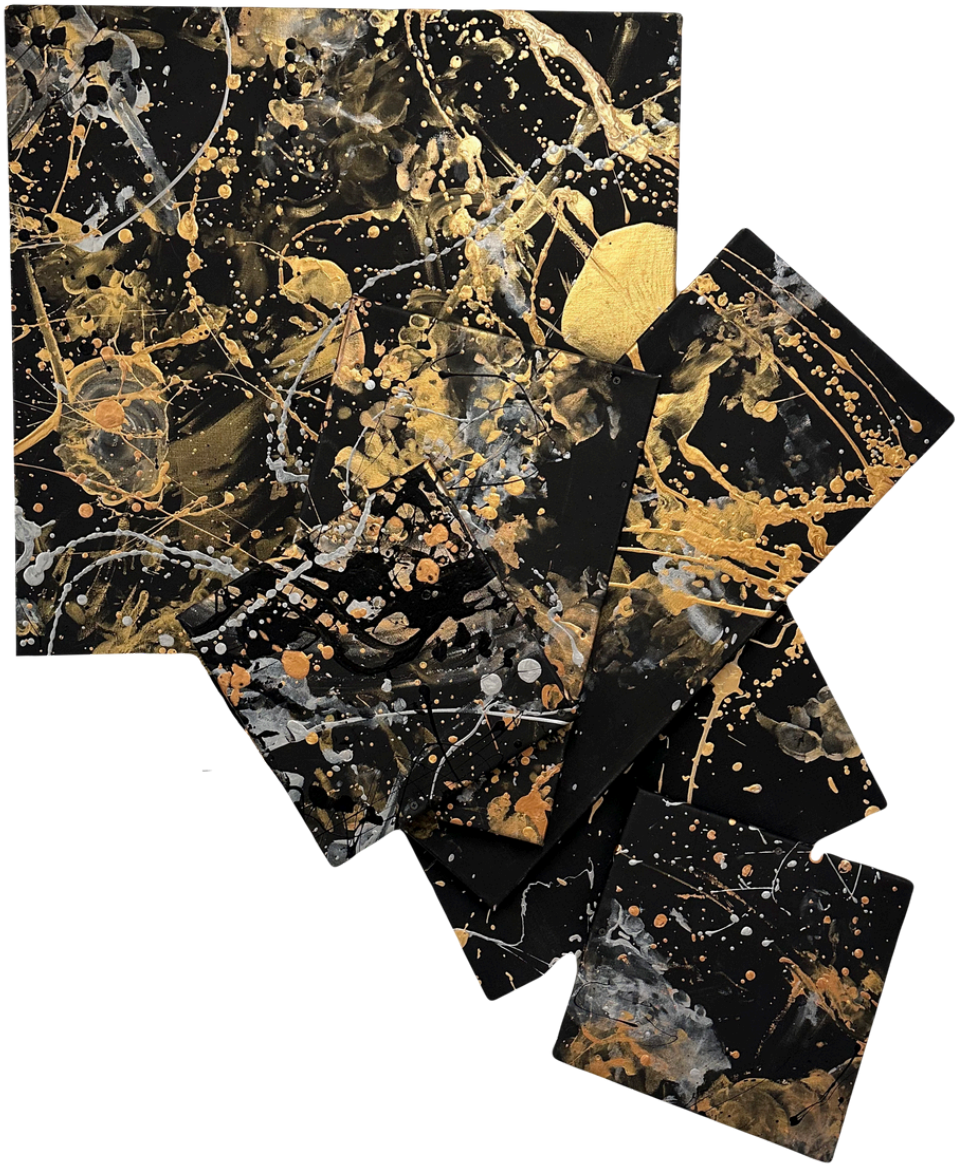
Sun Burst





52" x 52"
Acrylic on Canvas
2024
$15,000

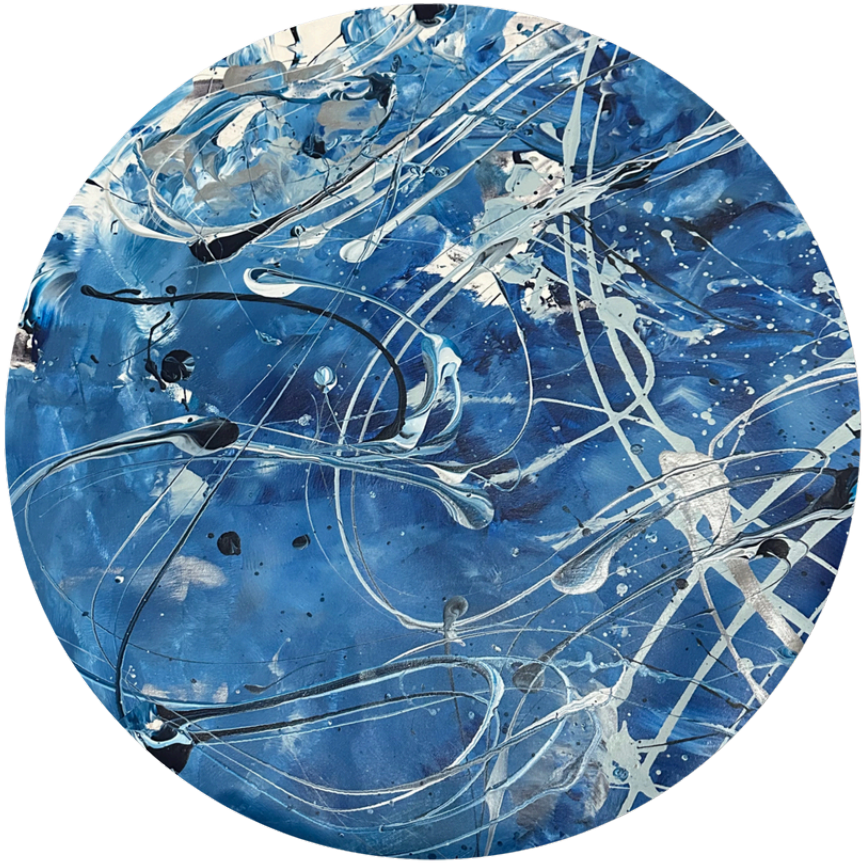
Constellations





50" x 40"
Acrylic on Canvas
2022
$14,000

Flow





24" Round

Acrylic on Canvas

2022

$2,000

Journey





16" Round
Acrylic on Canvas
2022
$1,500

About Annika Rhea

Annika Rhea is an immersive action painter and movement artist based in Brooklyn, NY. She is the creator of BODY MEDIUM, a painting technique that utilizes the body in motion as a painting tool. Her work merges visual art, performance art, music, fashion and video art. Rhea is a process-oriented artist and is inspired by the environment and the relationship between motion, color, music and emotion. Ms. Rhea's 30+ year background in dance, performance art and painting allows her to create a wide range of work, from painting the embodiment of a concept or emotional state to painting her interpretation of musical score.

Rhea has collaborated with several musicians and videographers worldwide to create the BODY MEDIUM painting series and creates custom large-scale abstract paintings and commissions at private events, festivals, galleries, art fairs and charity galas. Her work has been featured in Box Factory Gallery, SCOPE Art Fair, Clio Art Fair, EP Gallery and Haas Contemporary. She was selected as the artist in residence for The Box Factory in NYC in 2020, for Loews Hotel Miami during Art Basel in 2021, and as the artist in residence at PFÖRTNERHAUS and EP Gallery to exhibit and perform during Art Basel in Switzerland in 2023 and 2025.

