



Coconut Oil Treatment

****Use cooking grade Extra Virgin & Unrefined Coconut oil only****

- Take 1-2 Tablespoons of the solid and melt it to a liquid. DO NOT MICROWAVE this will remove the nutrients in the oil
- Making sure it is not too hot, massage the liquid into your scalp and throughout the rest of the hair until fully saturated
- We recommend you then wrap your hair into a turban or shower cap to sleep in over night
- The next morning wash your hair normally, you may need to shampoo twice
- Style hair as normal

~We recommend a weekly application for best results~

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