

Notes From Braunton Community Forum
6.00 Thursday 14 November 2024
Vivian Moon Centre

A request from Dr Susanna Hill, Chair of Live Well in Braunton

Transport and access to activities and events is a real issue for many isolated people within the Braunton Community. If organisations are running activities and/or events and know that someone could car share– could you consider this as part of your offer or, please make contact with Live Well in Braunton through the ‘Contact Us’ button on the Live Well in Braunton website
<https://livewellinbraunton.co.uk>

Headline Messages from speakers

<p>Spark Uk; Family Compass and The Woodyard Conor Warren</p> <p>Spark supports young people with mental health issues, including providing self care workshops in partnership with Young Devon. One third of Family Compass work is in Braunton. Woodyard (supported by the author Anne Cleeves) are currently consulting on what is needed from the proposed site in Barnstaple.</p> <p>https://sparkuk.co.uk https://thewoodyard.org.uk https://familycompass.co.uk</p>
<p>1st Chivenor Scout Group – Judy Aldrich Smith</p> <p>Scouting teaches skills for life from the age of 4 in Braunton and 6 in Chivenor. It is possible to be linked to a group up to the age of 24. The group is looking for leaders, trustees and a dry and secure space for storage.</p> <p>https://chivenorcubs.tripod.com</p>
<p>361 Energy CiC Kevin Nicholson</p> <p>The organisation targets and supports people in fuel poverty through home visiting to give energy advice, Retrofit advice can also be provided, assessing energy values and heat loss in the home. 361 Provides EPC premium assessments.</p> <p>https://361energy.org</p>
<p>Braunton Community Garden – Lorna childs</p> <p>Braunton Community Garden ‘The Vole’ is on the Braunton Academy site. It is a rapidly developing resource, increasing access for visits and community events , growing fruit and vegetables for the Community. Information can be found on the Live Well in Braunton Website, https://livewellinbraunton.co.uk and Facebook page ‘Braunton Community Gardens’.</p>

Braunton Library – Trevor Wells, Volunteer Coordinator
<p>The Library is open on Tuesdays 2.00 – 5.00 and Thursdays 9.00 – 1.00, staffed by volunteers.</p> <p>Recent initiatives have been to encourage young children and their families to use the library to play games and to read, and to increase teenage borrowing. There is an extensive range of books for this age group.</p> <p>There are specific resources for Afghan families.</p> <p>Braunton Library is part of the Warm Spaces initiative.</p> <p>https://www.devonlibraries.org.uk/web/arena/brauntonlibrary</p>
Braunton Foodbank South Street Caroline Tucker
<p>Thanks to the Community for donations. The foodbank and community Café is situated behind South Street Church. The Community Café is open providing a three course meal Wednesdays, and the Foodbank 10.30 on the same day. Household goods are also provided.</p> <p>There are several drop off/ collection points in Braunton. Donations come from both businesses and individuals.</p> <p>Citizen's Advice is present every other week.</p> <p>Please spread the word! Any organisation can set up a referral system from the food bank.</p> <p>Keep the donations coming – but please, no more pasta!!</p> <p>https://www.southstreetchurch.co.uk; Facebook - Braunton Foodbank and Café at South Street Church.</p>
Caen Medical Centre –Annie Smith, Social Prescriber/ Health and wellbeing Coordinator
<p>Social prescribers/ Health and wellbeing coordinators work with patients over 18 to provide support for non medical/clinical issues. Referrals can be made by GPs, other Health Centre Staff and through self referral.</p> <p>There has been one over subscribed session to let patients at Caen Medical Centre know about the work of the Health and Well being coordinators and organisations available for support . If you would like to be represented at the next event, please let Annie know.</p> <p>Annie.smith@nhs.net</p>
Dementia Alliance of Northern Devon Adam Crispin
<p>A Dementia Support Strategy is being developed drawing from the experiences of those living with Dementia</p>
National Trust - Fraser Goodfellow, National Trust ranger
<p>The National Trust is trying to involve a greater range of individuals and groups in the work of the Trust. Sessions can be arranged to meet interest and need .</p> <p>Please contact Fraser to discuss.</p> <p>fraser.goodfellow@nationaltrust.org.uk.</p>

Ask For Jake! Lynsey Mc Phail
Ask for Jake is offering a free Christmas day lunch at Southmead school. At the time of the forum, there are 20 places still available. Please contact Lynsey on 07715 927721 to get more details and secure a place!
https://askforjake.org.uk/about
Green Paths Environmental Education CiC. Shelley Ellis
Based in Chivenor, the organisation aims to involve young people, families and adults in outdoor activities. There is increasing demand for support from Green Paths, and so additional volunteers would be very much appreciated to meet the demand.
https://greenpathseducationcic.org.uk
Christchurch Community Café – Sue Mortimer
The café has been running for 2 years. It is open every Thursday (only exception between Christmas and New Year)from 2.30 – 4.30. Everyone is welcome. A warm space, company, drinks, home made cakes, activities and games are available. A craft activity is available for children,. Adult refreshments cost £1.50, no charge for children. Additional Volunteers always welcome!
http://www.christchurchbraunton.co.uk
Braunton Countryside Centre – Mary Breeds
The Countryside centre is an environmental hub run by volunteers and financed by the money they raise. A range of activities and events are run from the centre, including seed and plant swaps, apple day, wellbeing walks. The Centre is seeking a treasurer and additional funding.
https://www.brauntoncountrysidecentre.org
Sunrise diversity - Natali Guevara Community Engagement and Events officer
Based in Barnstaple, Sunrise diversity offers a range of training events and support, including: Free English Lessons Equality Diversity and Inclusion Training Community Engagement and events An LGBT group Bring and share world food lunches 1/2/1 support for individuals from a caseworker.
https://sunrisediversity.org.uk