



# WOODLAND PARK JR. WRESTLING CLUB

## PRACTICE AND MEETING ATTENDANCE

The sport of wrestling requires a full-time commitment in order to be successful. We expect every athlete to do their best to attend every practice, tournament, and meeting. We expect the same dedication and commitment from the parent's that is being asked of the wrestler's as this sets a precedent for your child and it will show on the mat. The coaches show their dedication as volunteers to this club, taking time away from their other commitments and families to be present. It also hurts the wrestler's that are in attendance because of the lack of partners for live wrestling. We will be strictly enforcing this attendance/tardy policy and we thank you for your support.

**Tardies:** When you are not present at the assigned start of practice or meetings

✓ 10 Burpees for every 3 minutes you are late

**Absences:** Every wrestler is expected to attend every practice, team meeting, and tournament. **NO EXCUSES!** Anyone who must miss is required to notify the HEAD COACH a minimum of 1 hour prior to the start of the event. Parents or wrestler needs to call or text Coach Rodriguez @505-850-3876 to excuse a wrestler. All tardies and absences will be dealt with at the discretion of the head coach.

UNEXCUSED: Missing without prior consent of Coach Rodriguez

1= 1 tournament suspension

2= 2 tournament suspension

3= Dismissal from the team/club

EXCUSED: Prior clearance with Coach Rodriguez

1-2 = Make up with extra conditioning for each day missed. This may require your wrestler to come in early or stay late

>2 Days in one week= Will not be allowed to compete in that week's tournament

\_\_\_\_\_  
Wrestler Signature

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Printed Name