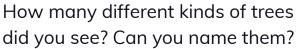
## **Dudhope Castle History Trail Recording Sheet**

Welcome to your journey through time, nature, and reflection.

As you explore each chapter of the trail, use this sheet to record what you discover, both around you, and within you.

4 Hidden	Treasures 4
Can you find all 14 hidden treasures a	long the trail? Write the name of each one
as you find it. The treasures are w	ooden boards with numbers on them:
1	8
2	9
3	10
4	11
5	12
6	13
_	

## 🌳 Tree Spotting 🌳



## 🥞 Bird Listening 🥞

How many birds did you see or hear? Can you name any of them?

	🌟 Personal Discoveries 🌟
	Did you find all the poems? Which one was your favourite?
\	What other fun or interesting things did you find along the trail
	What message do you want to give yourself right now?
	What have you discovered about yourself on this journey?



**Dudhope Castle History and Nature Trail Map** 

