



Hello to our lovely fellow tenants, members and staff. We are Uppertunity, you may have smelt our lovely food. through the corridors. Well, we have good news. We are now offering some of this food in a daily lunch menu for you to enjoy from your office. All the food is homemade, and provides an opportunity for skill development for individuals with additional needs.

Our mission is to create social change by demonstrating that everyone has strengths, and develop socially and environmentally sustainable communities. This ethos flows into our cooking, where we cook plant based food, use our own home grown veg and fruit, and prevent food going to landfill, all helping to fight climate change.

It's really simple. Place your order with us by 10am by either phoning, emailing or dropping by. We will then prep it and drop it off between 12pm and 1pm. You can pay with cash or card..

We will have a cutlery/utensils drop off box outside our room (47) for when you are done. We have completed a risk assessment and have put extra measurements in place within our own offices.

Uppertunity is a social enterprise working with adults with additional needs, learning disabilities and autism, providing skill development, confidence building and social inclusion activities. You can be a changemaker by supporting us, helping us fight food wastage and prevent more single use plastic entering landfills..

Uppertunity, Unit 47, The Circle, 4-6 Staffa Place,  
 Dundee, DD23SX  
 info@uppertunity.co.uk  
 07931560936

## Pies & Toasties .....

M*C AND CHE*SE PIE	£2.00
(GLUTEN, SOYA, COCONUT & MUSTARD)	
CHEEKIN CURRY PIE	£2.00
(GLUTEN & SOYA)	
BREAKFAST PIE (LAYERS OF A FRY UP)	£2.00
(GLUTEN & SOYA)	
CHE*SE TOASTIE	£2.00
(GLUTEN & COCONUT)	
H*M & CHE*SE TOASTIE	£2.50
(GLUTEN & COCONUT)	

## Signature Dishes .....

SOUP OF THE DAY (PLEASE ASK)	£2.50
(CELERY)	
CORRONATION CHEEKIN & CHUTNEY ROLL	£3.00
(GLUTEN, SOYA & ALMONDS)	
VEGETABLE LASAGNA	£4.00
(GLUTEN, SOYA & COCONUT)	
BAKED POTATO WITH BEANS & CHE*SE	£3.50
(COCONUT)	

## Sweet Treats .....

CAKE OF THE DAY (PLEASE ASK)	£1-£3.00
WAFFLES WITH ICE CREAM, CREAM &	£4.00
HOMEMADE COMPOTE	
(GLUTEN & SOYA)	

## Cans .....

SPARKLING APPLE & RHUBARB	£1.20
SPARKLING ORANGE	£1.20
SPARKLING LEMON	£1.20

