



Ketamine Infusion Discharge Instructions

- You must have a driver sign a release form at the beginning of the visit and return to the office at the end to discharge you to.
- You may resume your regular diet as tolerated.
- NO driving, signing any legal documents, and no major decision making for 12 hours post infusion.
- Highly recommended that you plan nothing but relaxing at home after infusions.
- Continue your regular medications as prescribed; any changes to your medication regimen should be addressed with your primary care physician, pain healthcare provider, psychiatrist, and/or whomever prescribed you the medication.
- West Michigan Ketamine Clinics does NOT adjust or prescribe any medications that are not related to your ketamine infusions.
- By the time you leave after your infusion almost all of the ketamine is out of your system, and will continue to metabolize.
- Any healthcare issues that occur after your discharge from West Michigan Ketamine Clinics should be addressed with your regular healthcare provider. If you're experiencing an emergency call 911.

Thank you for choosing West Michigan Ketamine Clinics.

I acknowledge I have received a copy of and understand these instructions. All questions regarding this treatment have been answered to my satisfaction.

I acknowledge I have informed the clinic of my driver for today's infusion

Printed Patient Name

Patient Signature -or-
Parent/Legal Guardian

Date