

Joann Condon



Little Boxes

By Joann Condon and Leonie Rachel
Directed by Daniel Brennan

AlphaMum Productions in collaboration with Lights Down Productions

ABOUT THE SHOW:

“I’m having a clear-out, of me. I thought I’d get out all the boxes I get put into and try and understand them, or bin them...”

Joann is on a quest.

Little Boxes is a one-woman show, taking the audience on a journey through Joann’s life and the ‘boxes’ that have made her who she is today. The hopes and dreams of a child, the frustrations of an acting career, the tensions of being a parent, the grief in losing loved ones, the fear of being... herself.

Described as “funny, touching and at times heartbreaking,” by London Pub Theatres, Joann uses personal anecdotes to highlight assumptions and judgements made about her based on looks, age, gender and background. This phenomenon of classifying people is called ‘social categorization’ by psychologists.

Social categorisation is the process by which people assign categories to themselves and others into differentiated groups¹. The three major classifiers are race, sex and age however, other dimensions include social status, occupation and sexual orientation. Once these categorisations are made, they can affect assumptions and behaviours often subconsciously. This can result in stereotypic associations and harmful biases ranging from the relatively trivial eg ‘older people are not very strong’, to hostile and dangerous behaviour being exhibited².

“Born to Irish parents who had come over in the ‘50s to such welcoming signs as ‘No Blacks’, ‘No Dogs’, ‘No Irish’...”

This topic is particularly salient in 2021, when topics such as gender and racial equality, and social mobilisation continue to be hotly discussed and can sadly polarise people particularly on social media. Ageism, is another important area for discussion.

The concept for Little Boxes was born out a discussion Joann had with her then 5-year old daughter, who expressed the desire to be a boy, not a girl. “I did not want my child to be forced into a box, and then I realised, the only way I could lay a path for her was to confront my own boxes. It’s natural for people in our lives to want to force us into nice little boxes,” says Condon, “but the scary thing is, after a period of time, you end up putting yourself in that same box.”

¹ Krueger J (2001) in International Encyclopaedia of the Social and Behavioral Sciences

² Stolier R.M et al (2016) Neuroimaging Personality, Social Cognition and Character

REVIEWS:

“A joyful delve into one woman’s life, celebrating the successes, the heart-break, and everything in between”.

[The Plays The Thing](#)

“Condon promises we will laugh and cry... and laugh and cry we did”.

[Phoenix Remix](#)

“This one woman show is a delight. By turns hilarious, moving, sad and uplifting; it takes the audience on a journey through Joann Condon’s life and memories, dreams and sorrows. The stories are intensely personal, but also universal and immensely relatable” -

★★★★★ [The Spy in the Stalls](#)

“A naturally warm and engaging performer, Joann, who Little Britain fans may recognise as ‘Fat Pat’ takes us through the highs and lows of her life so far”.

★★★★★ [Theatre Weekly](#)

“It’s one of those plays where you go in without knowing what to expect and come out realising you have just watched something that challenges your own way of thinking and how you look at those around you”.

★★★★★ [Broadway Baby](#)

“The production relies on the good old-fashioned art of storytelling, and Condon’s comic timing is impeccable” -

★★★★★ [London Theatre1](#)

“Funny, touching and at times heartbreaking, Little Boxes ticks all the right boxes”.

★★★★★ [London Pub Theatres](#)

AWARDS:



[OffComm Short Run Commendation 2020](#)

ABOUT THE CREATIVE TEAM:



Joann Condon is a British actor. She started her career in theatre and went on to have roles in fantastic UK comedies and sitcoms such as ‘Little Britain’, where she was a regular as Fat Fighters attendee ‘Pat’. She also performed in ‘The Last Letter from Your Lover’, ‘Dad’s Army: The Lost Episodes’, ‘Edge of Heaven’, ‘The Office’, ‘Cradle to Grave’ and ‘Harry Hill’s Shark Infested Custard’. Little Boxes is the first time she has written and starred in her own production. See Joann Condon’s show reel [here: http://thebwhagency.co.uk/joann-condon](http://thebwhagency.co.uk/joann-condon)



Leonie Rachel originally trained as a doctor in Australia and is a new writer and producer. She is a freelance writer for Write Label and is currently studying an MA in comedy writing at Falmouth University.



Daniel Brennan has been a director for over 20 years. Work includes UK tours of ‘Dinner’ by Moira Buffini, ‘Relative Values’ by Noël Coward, and a controversial version of Peter Nichols’ ‘A Day in the Death if Joe Egg’ in Malta. He is the creator of the Off Cut playwriting festival, which originated in London 2009 and now has relaunched in Manchester, and recently worked on ACE-funded ‘Green Door’, a true story of domestic abuse and coercive control.

ABOUT THE PRODUCTION TEAM:



Alphamum Productions is a new female-led production company that **Joann Condon** and **Leonie Rachel** have established in order to support their writing and performing. “The voice of the middle-aged female should be much stronger in entertainment, and we want to be able to share our knowledge and experiences. As well as ‘Little Boxes’ the duo are currently writing a new play for 2022.

Twitter: [@alphamums1](https://twitter.com/alphamums1)

Instagram: [@alphamums1](https://www.instagram.com/alphamums1)

Facebook: [@alphamums.net](https://www.facebook.com/alphamums.net)

Website: <https://alphamums.net>



Lights Down Productions was set up by **Caley Powell** in 2018 to produce female-led new writing & produced HEAR ME HOWL by Lydia Rynne at The Landor Space, The Plymouth Fringe, Old Red Lion Theatre & Vault Festival 2019. She produced an R&D of THE NET by Zoe Guzy-Sprague in May 2019 at Poplar Union which then had a week run at Tristan Bates Theatre as part of Camden Fringe Festival in August 2019. She also produced ‘Shards’ by Catherine O’Shea at Camden People’s Theatre as part of Camden Fringe Festival in August 2019 and produced a showcase of female led new writing inspired by Tennessee Williams, called ‘Tennessee Williams: Women Of Paradise’ at Trafalgar Studios in September 2019. During the coronavirus lockdown she created two series of an online showcase of new writing called the Light On Showcase where she produced 20 short pieces of new writing that were written and directed by women, one of which, ‘The White Hart’ by Judy Upton, won an On Commendation award from Off West End.

“Little Boxes moved me more than so many shows I’ve seen before, I had to wait a day to find the words for it, from laughing to crying and back again”



If you’re a woman, or will be one, or know one or love one or want to understand one - see this, take a hankie.”