

The 7 SACRED FUNCTIONS OF THE CHAKRAS TO LIVE FROM THE SOURCE OF WHO YOU ARE*

*Adapted from Dr. Donna Donache at LIVING WELLNESS™



BE CONNECTED to the SOURCE OF WHO YOU ARE



SEE from the SOURCE OF WHO YOU ARE



SPEAK from the SOURCE OF WHO YOU ARE



LOVE from the SOURCE OF WHO YOU ARE



ACT WITH INTENTION from the SOURCE OF WHO YOU ARE



CREATE from the SOURCE OF WHO YOU ARE



BE SUPPORTED from the SOURCE OF WHO YOU ARE