

## Om Namah Shivaya (Universal Consciousness is One)



In Siddha Shaivism and Shaiva Siddhanta Shaivism tradition, Namah Shivaya is considered as Pancha Bodha Tatva of Lord Shiva and his universal oneness of five elements:

- Na sound represents earth
- Ma sound represents water
- Śi sound represents fire
- Vā sound represents Pranic air
- Ya sound represents sky or ether

Its total meaning is that "universal consciousness is one".

In the Shaiva Siddhanta Shaivism tradition the five letters also represents:

- Na is the Lord's concealing grace
- Ma is the world
- Śi stands for Shiva
- Vā is His revealing grace
- Ya is the Ātman or soul<sup>1</sup>

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<sup>1</sup> Veylanswami, Bodhinatha (2016). "What Is the Namaḥ Śivāya Mantra?". Path to Siva. Himalayan academy. p. 16. ISBN 9781934145739.