

## Sacred Sound Resources

### Sacred Sound Innovators

#### **Ted Andrews**

(1952 – 2009)

American author, clairvoyant and teacher of shamanic practices.

#### **John Beaulieu, N.D., Ph.D.**

<http://www.biosonics.com>

One of the foremost philosophers and major innovators in the area of sound healing therapies with tuning forks.

#### **Don G. Campbell**

(1947 – 2012)

American musician, composer and author who founded the Institute for Music, Health, and Education.

#### **Jonathan Goldman**

<https://www.healingsounds.com>

American author and international authority on sound healing and a pioneer in the field of harmonics. Director of the Sound Healers Association and president of Spirit Music, Inc.

#### **George Gurdjieff**

(1866 – 1949)

Early 20th-century mystic, philosopher, spiritual teacher, and composer of Armenian and Greek descent.

#### **David Hykes**

<http://www.harmonicworld.com/>

American composer, singer, musician, author, and meditation teacher. He was one of the earliest modern western pioneers of overtone singing, and has developed since 1975 a comprehensive approach to contemplative music which he calls Harmonic Chant (harmonic singing).

#### **Joseph Rael, Beautiful Painted Arrow**

<http://www.josephrael.org/>

Native American ceremonial dancer, shaman, writer, and artist. He is also known as the founder of a global network of Sound Peace Chambers.

### Recommended Readings

*Sacred Sound*, Ted Andrews

*The Roar of Silence*, Don G. Campbell

*Being and Vibration*, Joseph Rael

*Healing Sounds: The Power of Harmonics*, Jonathan Goldman

*Harmonic Chant* (article), David Hykes

## **Local Resources**

Bowl Strong Sacred Sound Practitioners (Facebook Page)

<https://www.facebook.com/bowlstrongsacredsound/>

Crystal Blue Metaphysical Store

<https://www.facebook.com/crystalblue1168/>

GabrielNelson Sears Vibrational Sound Therapist

<https://www.facebook.com/GabrielNelsonSacredSound/>

Gabriel of the Light Meetup Group

<https://www.meetup.com/Gabriel-of-the-Light-Sacred-Sound-Meditation/>

Gabriel of the Light website

<https://gabrielofthelight.com/>

Healing Sounds Atlanta (Facebook Group)

<https://www.meetup.com/Gabriel-of-the-Light-Sacred-Sound-Meditation/>

International Sound Therapy Association (ISTA)

[www.istasounds.org](http://www.istasounds.org)

Phoenix and Dragon Bookstore

<http://www.phoenixanddragon.com>

## **Online Resources**

Elephant Claw Bells – Vintage available on E-bay. Inexpensive with wonderful sounds.

Gongs Unlimited – Large variety of sacred sound instruments and accessories including Koshi and Zaphir chimes.

<https://gongs-unlimited.com/>

Meinl Percussions – Great ocean wave drums.

<https://meinlpercussion.com/>

Silver Sky Imports – High quality but expensive. Sound clips help in selecting a crystal or Himalayan bowl.

<https://www.silverskyimports.com/>

Topfund Brand Crystal Singing Bowls – Inexpensive but quality control issues. Only purchase from an Amazon or E-bay seller who provides a free refund.

Vibrational Sound Association (VSA) – Certification training in vibrational sound. Owner and founder Jeff Howard runs Silver Sky Imports. Check the dates for the Atlanta training and arrange a time with Jeff to stop by during a break to sample and purchase singing bowls. He has a huge assortment of Himalayan bowls with a variety of affordable prices.

<https://www.vibrationalsoundassociation.com/>

