

The FINDING ME Journey Coaching Package

The **FINDING ME Journey** is a **Transformational Journey**. It is the deep dive crafted for the successful professional woman, who wants to reassess her career and life choices. Her success today does not tell the story of who she is, her values, her desired impact, or her aspirations. It has become draining. She wants to establish a platform for new success. She is ready to stand on her purpose; living her values and making an impact in areas that are important to her. She is ready to regain her overall wellness.

Your Success – To be Seized!

- Reclaim your **purpose**.
- Find **focus**. Gain **clarity**.
- Be **empowered** and **refreshed**.
- Make healthier **decisions** from a **value driven goal**.
- Sketch your **path** for continuous **growth**.
- Be **re-energized**, forward moving, impactful, courageous, and fruitful.
- Begin the transformation to **Become Your Wow!**[™]

Applicant Requirements

- Willing to rethink and to learn.
- Willing to get out of your comfort zone.
- Willing to invest the time and resources needed to achieve your personally designed goals.

Program Outline in Five-Modules

Module 1: STEP	STEP into the person you were designed to be, noting who you are today.	Go deep in self-assessment. Understand your mindset across different seasons, using three perspectives. Establish new mindset practices from a personalized gap analysis.
Module 2: BREATHE	Learn to BREATHE a sustaining motivation.	Unpack your gifts, unique value, values, and spiritual touchpoints.
Module 3: DREAM	Craft your DREAM into intentional living.	Outline your life sustaining boundaries; establish milestones; plot your path.
Module 4: WALK	Begin the WALK into the new you.	Build a toolkit of new habits and practices to support your staying on focus.
Module 5: BELIEVE	BELIEVE in you, focused forward.	Live your vibrant goals, defined in the present, the practice of better decisions, the use of the toolkit and mindset practices, free of guilt, full of confidence, gratitude and joy.

The FINDING ME JOURNEY

Program Deliverables

- 4 months of weekly coaching.
- 12 online coaching sessions:
 - groups sessions and individual sessions are available.
- 3 individual milestone sessions.
- The Finding Me – Fearless Women community interaction, discussion and sharing.
- 5 modules of self-discovery, learning, doing, and becoming – using various materials to guide the journey: worksheets, videos, books & article recommendations, mindfulness techniques, breath work, a personalized toolkit, and homework.
- Access to Imani via email and text.
- Emergency Zoom or phone calls, as needed.
- At the conclusion of the program, you will receive individualized *Live On High Daily Touchpoint Cards* to help sustain your momentum!

Online and milestone coaching sessions *Value \$18,000*
Community platform *Value \$2,500*
Email and text support *Value \$3,000*
Phone support *Value \$1,500*
Touchpoint cards *Value \$1,000*

} *Total value \$26,000*

Program Investment

Standard investment for the **FINDING ME Journey**: ~~\$10,000~~

Invest in 3-installments: ~~\$12,000~~

Limited Special Offer: \$5,000 one-time payment or \$1,500 x 4 payments

Renewal: \$4,000

VIP Program: In-person, ½ day, fast tracked, sessions: \$30,000

The **FINDING ME Journey** is one of self-discovery, growth, and transformation. In this program you have the benefit of group exchanges. You will find clarity at a pace that works for you.

*Become the best version of yourself –
clear, focused, energized, and
on a path of
transformation.
Become Your WOW!*

