## Stress is the #1 Killer in the World Either YOU stop Stress OR Stress Stops You!



Time Magazine came out with this article on Stress, June 6, 1983. Stress is still as relevant today as then.

What's more, in 2008, National Geographic made this video below entitled *Stress: Portrait of a Killer*.



Stress, Portrait of a Killer - Full... Interface 1,708,538 views

## https://youtu.be/eYG0ZuTv5rs

While stress and emotions are working on us always, consider what follows below to be a key to unlocking the mysteries of harmful stress.

What does STRESS cause? -Increased blood pressure, heart rate, breathing, and illness -Vulnerability, coping, reduced learning skills, difficult relationships -Decreased Quality of Life, Depression & Anxiety, Alcohol & Drugs, Insomnia

If you were to STOP STRESSING and reclaim your health... If you were to break the chains of Slavery to Stress... If you were to easily and consistently Relieve Your Stress daily... What are YOU too free of Stress?

\*Feel calm, peace, and joy \*Guaranteed Stress Relief \*Instant Clearings / Feel Relaxed

## Tim N. Toula

*Call/text* 970-485-3026 *NOW!* Stress Specialist / NET / BEST Practitioner Certified Korean Hand Therapist/Acupuncturist Certified Hypnotist / NLP Practitioner

Stress equals locked up negative emotions in your mind that effect your physical body.

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## S.A.V.E. Founder

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S.A.V.E. is one of the fastest, natural stress-reducing techniques in today's world. Come experience the truth of stress-free states beyond anything you've ever known. Aug 17th-19th and Aug 24-26th, 2018 in Frisco, CO. Or, private sessions.