

S.A.V.E. Clearing/Empowering Formats 2016

At this point in time, there are 3 Clearing/Empowering Formats:

A. S.A.V.E. Basic Congruency (Being OK with...) (See directly below.)

B. S.A.V.E. Second Advanced Congruency (Active with...) (See page 5).

C. S.A.V.E. Third Advanced Congruency (Functioning perfectly with...) (page 7)

A. BASIC CONGRUENCY S.A.V.E. (ABCS)

1-2-3 Clearing for Creating Congruency with Any Topic

Goal: To Create Basic Congruency (Being OK or NOT OK with topic at hand)

Very important for any topic in life! Congruency creates health! Most are NOT!

1. I'm ok with ("that/Topic"...), and ("that/Topic"...) is ok with me.

I'm NOT ok with ("that/Topic"...), and NOT ok with ("that/Topic"...) is ok with me.

("that/Topic"...) is NOT ok with me.

2. Either way ok or NOT ok,

I now release all negative feelings around that ("that/Topic"...)

as well as each and every

connection, association, and/or generation back to the point of origin. (awaeaecagpoo)

and that ("that/Topic"...) now releases all negative feelings around me. (awaeaecagpoo)

3. And I'm sorry ("that/Topic"...), please forgive me, I love you! Thanks for showing up and teaching me a lesson.

and ("that/Topic"...) replies,

I'm sorry (your/their name), please forgive me, I love you!

Thanks for showing up and teaching me a lesson.

There is a lot of power in these simple statements. We've witnessed amazing neurological changes just from these "simple statements".

Understand this, "I'm ok with that and that's ok with me." goes a long way!

Please do not underestimate their ability to change the body/mind and a person's current uncomfortable reality. You'll be working with this ABCS Basic Format in a variety of ways for quite some time.

For initial sessions with yourself or others, it is best to just go to S.A.V.E. A Level (ABCS) and leave S.A.V.E. B. and C. levels below for later sessions, a couple days later return for S.A.V.E. B and then a couple days later again for S.A.V.E. C. This is just an average estimate to give the body time to process each level.

The body is unwinding in a big way in just Level A, as you may have noticed! :~))

So, please give it time to unwind and process thru time and sleep!

This allows the conscious mind to have a frame of reference for the context of the change the subconscious has provided and is undergoing.

If the conscious mind can't keep up, it will "spin" the person too far out of their conscious context or conscious reality, causing a day or two (more?) of

"What's going on?"

The person may not be able to relate to where their conscious world just went, causing a momentary or longer disequilibrium, as they try to move back and forth between their current conscious world and into subconscious Truth of Nature and the world of structuring, where no error can exist...aka, Truth of Nature.

Fortunately, this world is very kind. The "spins", while in the moment confusing, daunting, and/or stunning, will turn out fine as the body "recalibrates".

Please know this, if you use this technology, you will be more than likely changing your life in a VERY big way...to Truth you have not experienced before. Please know this. Which way your life will go is for you and Truth to decide! I have read this and take full responsibility for any and all changes.

Initial Here: _____

START HERE:

Outermost Negative Emotion(s) & Scenario (ONES) / aka First Loop (FiLo)

Our first priority is to quickly remove the first layer of subconscious emotional override. It is where everyone starts in function. It is known here as the

Outermost Negative Emotions & Scenario (ONES).

This is the first layer of trapped emotions the body has been carrying for some time: since birth? birth til 20 years old? older?

Know this: The baseline tests of KHT Pulses, Leg Length, Autonomic Nervous System, and San Jiao will reflect improvement once you have released ONES.

USE:

A. Basic Congruency S.A.V.E. (ABC'S)

to Clear:

1. Outermost Negative Emotions Scenario (ONES)

"I'm ok with my Outermost Negative Emotions & Scenario
and "It" is ok with me.

I'm not ok with Outermost Negative Emotions & Scenario

Or, not ok with "it" is ok with me."

Either way ok or NOT ok,

I now release all negative feelings around

my Outermost Negative Emotions Scenario (awaaecagpoo)

and

my Outermost Negative Emotions Scenario

now releases all negative feelings around me awaaecagpoo),

And I'm sorry,

my Outermost Negative Emotions Scenario,

please forgive me, I love you!

and my Outermost Negative Emotions Scenario replies,

I'm sorry (your/their name), please forgive me,

I love you! (stop!)

Take a Breathe In and a Breath out! (to recalibrate body-very important-use NAT unit;
add structured water "homeopathic"...like this, clearing all negative feelings around that)

Remember, this is primary! That's it...

Most times, we see a very real shift in one's physiology in 30 seconds or less

...depending how fast you can say the words, and they can hear them.

If they repeat the words aloud along with you, maybe it'll take a couple minutes.

GENERAL EXAMPLE of A. S.A.V.E. Basic Congruency in Use

So here's another example of Basic Congruency in use.

A person says, "My doctor says I got a problem with Cervical Vertebra 2 and that's why it hurts!"

With unit in ear, you say follow along and repeat silently or they can repeat aloud (allow more time). "Say as best you can..."

"I'm OK with Cervical Vertebra 2, and it's OK with me. ...and..."

I'm NOT OK with C2, and C2 is NOT OK with me.

Either way, OK or NOT, I now release all negative feelings around C2 (awaeaecagpoo) and it/C2 now releases all negative feelings around me. (awaeaecagpoo)

I'm sorry C2, please forgive me, I love you. Thanks for showing up!

C2 replies, I'm sorry, please forgive me (your/their name), I love you." Thanks!)

Take a breath in and a breath out.

Again, that's it...Most times, we see a very real shift in their physiology in 30 seconds or less...depending how fast you can say the words, and they can hear them.

If they repeat the words aloud along with you, maybe it'll take a couple minutes. This depends on how much they glitch. Normally within 3 repeats the conscious has connected fully with the subconscious. IF it continues to glitch, there's something else that needs to be cleared first...usually either a sound or words they are making in front of it.

This starts opening the door of clearing brain dis-regulation. However, for the person above with a C2 complaint, C2 may or may not be the person's outermost negative emotional & scenario. So, it's best to start with ONES along with **THE RAINBOW PATH** (RaP) Then, do C2.

THE RAINBOW PATH (RaP)

So, the most important thing to do is to clear their

Outermost Negative Emotions & Scenario (ONES). This requires the A. Basic Congruency S.A.V.E.(ABCS) wording discussed above.

Once a person has released A. S.A.V.E. Basic Congruency with ONES or a topic, the next step is to take them down **The Rainbow Path**. (RaP)

This is where it gets real fun and one can see more sudden improvements in physiology as the body sheds more subconscious override.

Here's how you do the **THE RAINBOW PATH** (RaP):

After the ONES or a general S.A.V.E. topic has been completed,

ask the person, "How do you feel now? without hesitation..."

They could reply *ANYTHING* (I feel like she-it, depressed, sweet, etc.)

For example,

They say, "I still feel a little sad."

You repeat the feeling back **exactly like they said it**, going down the what's called

THE RAINBOW PATH (RaP) by clearing that feeling with A. Basic Congruency S.A.V.E. (ABCS). Hence, "I'm ok with sad and sad is ok with me. and I'm not ok with sad and not ok w/sad is ok with me. etc...until you get to the second "I love you.Thank you."

Then ask, "so how do you feel now?..."

They say, "Yeah, I feel a little better"

You say, "Oh a little better now are we? Can you bring back that sad feeling?"

They will normally say, "No, I can't. Nor do I want to."

Great, (using A. S.A.V.E. Basic Congruency) you use "a little better"

"I'm ok with (repeating their exact words of their feeling) "I'm ok with a little better" and "a 'little better' is ok with me"...going all the way to the second "I love you."

So how are you feeling now?

"Great!"

"Great?!"

Yeah great! (Notice their energy is coming up by this point and their face et al. may have changed. All kinds of things are clearing out because what these personalized statements mean to their subconscious mind IS significant.

Do A. S.A.V.E. Basic Congruency with "great".

(Remember, a positive emotion doesn't guarantee congruency!)

I'm ok with 'great' and 'great' is ok with me....thru the ABCS...all the way to "I love you. Thank you..."

Again, ask them how they feel?

IF they stay the same as great, then just ask them to try to bring back the old negative feelings.

They will say, they can't. Again, some will say they don't even wish to.

If they come up with another superlative like, I'm feeling "T-top terrific"

Use another ABCS with I'm ok with "T-top terrific"etc

Conclude THE RAINBOW PATH (RaP) when it's obvious they are neutral or at peak neutrality of their statements.

By using the THE RAINBOW PATH (RaP), you will bring somebody very far out of the emotional hole they are in.

To summarize THE RAINBOW PATH (RaP), it's just an add on technique to the ABCS

Ask for their feeling (first thought that comes to mind) after the ABCS "I'm ok..., it's ok..."

Use their feeling words with A. Basic Congruency SAVE (ABCS) clearing.

Recheck for new feeling aka (RaP) or if they are now neutral. If they continue to have more new feeling words, Use A. SAVE Basic Congruency clearing for the new feeling words. Then, recheck next feeling.

Try to have them bring it back.

You may find 1-5 repeats of new emotions/statements will do the job.

When you've hit superlatives and cleared them....

you will see some very nice changes and

reach the rainbow and their pot of gold for that topic and level of SAVE A, B, or C.

MORE on SAVE A, B, C

For right now, let's revisit the idea of S.A.V.E. A, B, and C. We are working to get the person to B. S.A.V.E. Active Congruency next with the same topic of C2.

When do we take someone to SAVE B?...is an important question.

Immediately after S.A.V.E. A. Basic Congruency? a couple days later?...later still?

We muscle test the proceedings and the average is 2 nights of processing, the body is ready to continue onto S.A.V.E. B Active/Moving Congruency. So, if you treat for "OK" with Cervical Vertebra 2 (SAVE A) on Monday morning, wait until Wednesday morning or later to treat again with "I move Cervical Vertebra 2." Often, this can have a

completely different neurological context / emotional scenario than just being "OK" with C2.

For some, sooner, for others perhaps a little more time may be necessary for the topic at hand to be advanced to S.A.V.E. B. "Active" or S.A.V.E. C. "Functioning Perfectly" levels. This could be determined by asking thru muscle testing and thru more treatment response.

Listen carefully and honor the response. The movement out of S.A.V.E. A. Basic Congruency into S.A.V.E. B. Active Congruency is an important one as it brings more liveliness and opportunity/health to the person's life. Most times, it is best to do one movement at a time. Be wise, and ask to see if it is the right time as you honor the person's speed of processing.

B. S.A.V.E. Second Advanced Congruency (Congruency in an Active State)

1-2-3 Clearing for Creating Active Congruency with Any Topic at Hand

Goal: To Create Active Congruency (actively engaging somehow with the topic at hand, or NOT OK actively engaging somehow with the topic at hand)

Very important to "move/activate" with the topic congruently in life for any topic!

Thus,

1. I'm ok "living/doing/making/moving/creating/etc. (choose relevant action word(s))" (w/Topic...), and living/doing/making/moving/creating/etc." (w/Topic...) is ok w/me.

I'm NOT ok living/doing/making/moving/creating/etc." (w/Topic...), and NOT living/doing/making/moving/creating/etc." (w/ Topic...) is ok w/me.

2. Either way ok or NOT ok,

I now release all negative feelings around that ("living/doing/making/moving/creating/etc. w/Topic"...) (awaeaeacagpoo)

and that (iving,etc...) now releases all negative feelings around me (awaeaeacagpoo).

3. And I'm sorry that (iving,etc...), please forgive me, I love you! Thank you!

and that (iving,etc...) replies,

I'm sorry (your real name), please forgive me, I love you! Thank you!

For example,

The person with the C2 problem you did a session about being ok with C2 a couple days ago is back. Now you wish to go into the idea of moving C2 and their congruency with that.

With unit or headset in ear...

"I am ok moving C2 and moving C2 is ok with me.

I'm not ok moving C2. Not ok moving C2 is ok with me.

Either way, ok or not, I now release all negative feelings around moving C2.

(awaeaeacagpoo)

Moving C2 now releases all negative feelings around me. (awaeaeacagpoo)

I'm sorry moving C2, please forgive me. I love you.

Moving C2 replies, I'm sorry please forgive me, I love you."

So, there's S.A.V.E. B. Active Congruency.

Another example of S.A.V.E. B,

You say to a person, "What's wrong?"

The person says, "I am living with pain."

With unit in place, repeat after me,

"I am ok living with pain. Pain is ok living with me.

I am not ok living with pain. Pain is not ok living with me.

I now release all negative feelings around those statements. (awaeaecagpoo)

and

those statements now release all negative feelings around me. (awaeaecagpoo)

I'm sorry living with pain or not, please forgive me, I love you. Thank you.

And living with pain or not says, I'm sorry, (your/their name) please forgive me, I love you." Thank you.

Then, 3 days to a week later, the person with C2 notes a betterment in his neck, you wish to move C2 into the idea of functioning perfectly.

Now, for the coup d'etat! While A. Being and B. Moving through life congruently is an awesome upgrade for anyone and everyone, what if we were to take it to where we are truly in the truth of nature?

aka "functioning perfectly" throughout life?

Is that what we are here for anyway?...When are you?

Thus,

C. S.A.V.E. Third Advanced Congruency (Functioning Perfectly)

(Congruency with functioning perfectly or not with some topic (thing or someone)

Goal: To function perfectly in complete Congruency for any topic

Very amazing to function perfectly congruent with any topic in life!

Who will you be being then?

1. I "function perfectly" around/ with that (topic...), and

"that (topic...) "functions perfectly" around/with me.

I fail to "function perfectly" with that (topic...), and

that (topic...) fails to "function perfectly" with me.

2. Either way, functioning perfectly or failing,

I now release all negative feelings around "functioning perfectly or failing"

around/with that (topic...), (awaeaecagpoo)

and "functioning perfectly or failing" around/with that (topic...) now releases all negative feelings around me. (awaeaecagpoo)

3. And I'm sorry, "functioning perfectly or failing" around/with that (topic...), please forgive me, I love you! Thanks for showing up to teach me.

and "functioning perfectly or failing" around that (topic...) replies, I'm sorry (your real name), please forgive me, I love you! Thanks for showing up!

For example,

I function perfectly with my Cervical Vertebra 2, and

C2 functions perfectly with me.

I fail to function perfectly with my Cervical Vertebra 2,

(I now allow Cervical Vertebra to be/= C) (see Shortening Verbosity ▼ below)

and

my C2 fails to function perfectly with me.

I now release all negative feelings around that/those statements

(functioning or not functioning perfectly with C2),
and that (C2 functioning perfectly or not) now releases all negative feelings
around me.

I'm sorry C2 functioning perfectly or not, please forgive me, I love you.

And C2 functioning perfectly or no says, I'm sorry, (your/their name) please
forgive me I love you.

Other positive affirmations to say around C2.

Understand 1 big thing around affirmations, they are not always congruent...no
matter how many millions of times you say them between the conscious/
subconscious interplay! Hence, you can say the affirmation consciously, but the
subconscious may be back there going, "Uh, i don't think so!"

However, the amazing aspect of S.A.V.E. is that it instantly turns incongruent
affirmations into congruent ones.

Such as

I like C2, C2 likes me. I love C2, C2 loves me.

I now allow C2 to move freely.

C2 functions perfectly for me.

Each and every day my body is rebuilding C2 and regenerating C2 back
into perfect function at a rate that is safe and comfortable for my body to bring it
back to optimal health.

Now this is where we are going...getting clear to function perfectly!

So now you have an overview of S.A.V.E. A, B, C. Being, Active, and Perfect.

We are going to be working at the A level for a while in many ways to establish a
solid foundation of congruency in your body. Then plans are to take it to level B.

We work there til it gets even better. Then step it up to C level and functioning
perfectly.

Take your time, enjoy the ride.

Expect the unexpected, but enjoy the ride!

Keep clearing your self daily a few minutes with

1. Outermost Negative Emotional Scenario (ONES)

2. A. Basic Congruency S.A.V.E. (ABC'S)

3. Followed by The Rainbow Path. (RaP)

4. The Daily Trio S.A.V.E. (Daily 3) see below in The Quick List

You will learn how to do this in a few minutes when you arise each morning.

Next, we see how to immediately use and become better with the simple aspects
of S.A.V.E.

RELEVANT WORDS FOR CLEARING AND AMPLIFYING

Remember, the relevant words or statement idea for the person.

The only relevant "clearing" statements for you or any given person, is

when the muscle test shows incongruency with a statement or word or picture or
whatever you are testing for. This is recognized as a change in the muscle test,
whether it be a strong muscle going weak (1 point test or stimulus; e.g., photo), or
a weak 1 point test going strong when a 2nd point test is added.

So, if you/they are "OK with it" and their physiology is congruent. Great...move
on. It can and will only be bettered or strengthened in the terms of structuring.

The structuring of music for example can have a very exhilarating/amplifying effect to the nervous system. So, please recognize that this is not only for clearing the "bad stuff". The amplification of sound energy can be felt to lift and enhance one as well...know that. When you experience it, please enjoy! Hear me now, believe me later!

However, If they are NOT "OK with it", their physiology is NOT congruent. It will be demonstrated in the "weak" muscle test or the muscle test going from weak to strong or vice versa. It will also show as incongruency with their words glitching/stumbling/pausing as they come out of their mouth, or a facial/body movement. These statements cover a blanket of ideas...some statements may not be relevant for that person's "hot buttons" of incongruency. Another person may be hot where the other wasn't. Again, there is no harm when "cold" statements are spoken. In structured energetics, the mind will comprehend it, leaving out any error or non-relevance.

The "Blanket Statements" in any of these protocols serve to clear a lot of ground when direct priority muscle testing cannot be done to directly find incongruent statements. Or, when a person needs more direct treatment in dire circumstance. Direct priority muscle testing is a much faster service for the individual. However, you can go a LONG way before you need to muscle test. I teach the muscle testing here so you can have body references. Just know if you follow the scripts, you will be clearing a truckton of problems that you have been holding onto unknowingly!

When we start down the path of clearing incongruencies, e.g., the spinal column, we find virtually every vertebral segment has incongruencies. Hence, the reason for going through getting OK or not OK with every segment. However, some of the vertebra may be more priority /"hot" emotionally than others in terms of priority currently on their radar. The same can be said of acupuncture points. Go through the lists in the general order of recommended clearing. Priority muscle testing would be a whole other course. But with the tools directly below, you will be able to help anyone a lot!

THE QUICK LIST of SAVE Tools

Here is a Quick List way to get yourself or any person out of their predicament. It also works to daily build/recreate the body and clear things out quickly.

Generally, it works well as a combination of the following:

1. Outermost Negative Emotional Scenario (ONES)/Feeling in Body Now (FIBN)
2. A. Basic Congruency S.A.V.E. (ABC'S)
3. Followed by The Rainbow Path. (RaP)
4. The Daily Trio S.A.V.E. (Daily 3) Consider these four as everyday tools!
5. Day 1, 2, and 3 Protocols and Beyond.
6. S.A.V.E. B. Activation Congruency (Active S.A.V.E.)
7. S.A.V.E. C. Functioning Perfectly Congruency (Perfect S.A.V.E.)

Just know with these tools in your quiver, you are unbelievably capable!

Let's look at these and how you can use them better to serve you and others!

THE DAILY PROTOCOLS QUICK LIST

Use

A. Basic Congruency S.A.V.E. (ABC'S)

Clear

1. Outermost Negative Emotional Scenario (ONES)/Feeling in Body Now (FIBN)

"I'm ok with my Outermost Negative Emotional Scenario/(FIBN)

and "It" is ok with me.

I'm not ok with Outermost Negative Emotional Scenario

Or, not ok with "it" is ok with me."

Either way ok or NOT ok,

I now release all negative feelings around

my Outermost Negative Emotional Scenario

and

my Outermost Negative Emotional Scenario

now releases all negative feelings around me.

And I'm sorry,

my Outermost Negative Emotional Scenario,

please forgive me, I love you! Thank you!

and my Outermost Negative Emotional Scenario replies,

I'm sorry (your/their name), please forgive me,

I love you! Thank you!

Remember, this is primary!

Until you clear this, the person is trapped in an emotional physiology

that they could have been living with since in utero, or 5 years of age, or 19 years old. Whatever the scenario, the best thing you can do for anyone is to clear this.

Follow A. Basic SAVE with The Rainbow Path. (RaP). Add Structured Breathing and Water.

2. The Daily Trio S.A.V.E. (Daily 3)

Use A. Basic Congruency S.A.V.E. (ABC'S)

with the following important morning topics

1. Dream(s) in my last sleep

2. First Thought in my head (after sleeping)

3. First Utterance from my mouth (after sleeping)

These will get your day off to a great start in 3 minutes!

More importantly and soon enough, they will forever change how you start your day!

WHAT DAY IS THIS?

Aa another way to get your day off to a great start

"I'm ok with what day this is and what day this is is ok with me!"

DAILY GLITCH CLEARER for when "shit happens"...

"I'm ok with that glitch, and that glitch is ok with me!"

for all the micro-errors that you will be becoming more aware of more clearly in your day.

BEFORE BED:

I'm ok with my last utterance before sleep and it's ok with me

I'm ok with my last thought before sleep and it's ok with me.

I'm ok with the last feeling in my body before bed and it's ok with me.

I go to sleep feeling love and gratitude in my heart and soul for _____...hold for 1 minute.

S.A.V.E. CLEARING EXAMPLES

Let's say a person has a pain/discomfort with turning their neck one way or another. Please realize that just the top 4 statements as they feel that neck turn will normally begin a very real physiological shift.

"I'm ok with 'it'"

"It" is ok with me.

I'm not ok with "it"

Or, not ok with "it" is ok with me."

Whatever "it" is, "it" will do an amazing job of easing the person's stress/incongruency.

In the case of turning the neck pain,

Start off simple, and enjoy the power of simple!

With unit to ear or headset,

"I'm ok with turning my neck that way and

it (turning my neck that way) is ok with me."

That alone may have hit the "hot button" and the neck will release.

Not bad for 1 sentence, eh?

"And, I'm NOT ok with turning my neck that way and it is not ok with me.

Or, not ok with turning my neck that way is ok with me."

Maybe those statements have the "hot buttons" and release the neck.

Or, it's a combination of both ok and not ok.

Then give more relief with adding

I now release All Neg. Feeling around it and it now releases me.

then use statements of forgiveness and loving it.

I forgive and love that turning and it (that turning) forgives and loves me.

Bang, done!

That's A. Basic Congruency SAVE and these statements with structured activation voice energetics will work!

You WILL see improvement!!!

Let me know the cases you don't.

If there are such non responsive cases, there are probably underlying deep spiritual issues and you may be better off letting go of that person swiftly...

walk away...some can't be helped without a lot of effort and tribulation...

go for the low-hanging fruit

and enjoy your time helping someone

who's ready to be "plucked"

SHORTENING VERBOSITY

Remember, the subconscious mind is capable of remembering anything.

You can program it to remember anything you want.

Just allow it!

"I now allow it and it allows me!"

Say what you need to have done,

and it will do it,
 if it is in Truth of Nature.
 Lest it be said, so shall it be done.
 For example,
 One can shorten the list of (ABCS) verbiage down to
 "I'm ok with that and that is ok with me,"
 by speaking to your subconscious mind through the units
 and letting your subconscious know
 that which you wish to manifest.
 For example,
 Let's say you wish to shorten the
 Daily Helpers "Eliminate Any Glitch" Command below
 down to 1 line instead of saying all those other lines.
 So, you say,
 I/You now allow my/your subconscious mind to realize that the following words of
 A Basic Congruency SAVE(ABCS)
 ("I'm ok with that (glitch) and that (glitch) is ok with me.
 And I'm not ok with that (glitch), and not ok with that (glitch) is ok with me."
 Either way, ok or not,
 I now release all negative feelings around that (glitch)... (awaeaeacagpoo)
 and that (glitch) now releases all negative feelings around me. (awaeaeacagpoo)
 I'm sorry that (glitch), please forgive me.
 That (Glitch) replies, I'm sorry (your name), please forgive me!
 My heart is full of love and forgiveness for that (glitch)!
 And that's (glitch's) heart is full of love and forgiveness for me!")
 means the same as when I/you simply say the following words,
 "I'm ok with that (glitch) and that (glitch) is ok with me."
 Ok? Just know, you can employ the subconscious to work for you to
 help yourself or someone else?

A STEP FURTHER INTO BASIC DAILY SAVE TECHNIQUE

1. The Outermost Negative Emotional Scenario (ONES)/aka The First Loop

This is to clear the person of their first layer.

This will start brain regulation opening and
 all other functions improving.

It is of primary concern!

Some people relate also to Feeling in Body Now (FIBN) to
 clear that "feeling" that they are having about
 something or someone that is bugging them.

These are powerful clearing tools and will help
 instantly and automatically open the door of relief for anyone consistently.

As mentioned above the person's words that they come to you
 with may or may not be their

Outermost Negative Emotional Scenario (ONES)

That is,

The same person with problems turning their neck or

problems with Cervical Vertebra 2,
may not have their **Outermost Negative Emotion Scenario** in
the neck. IT could be when they were 5 years old and
fell off their bike and got scared. That scenario may be affecting
their stomach. The neck might be around when they were
15 and got yelled at by their dad and they had fear in the kidney.
So, it's best to start with the Outermost scenario first.
Then, clear the neck problem after.
You can clear **Outermost Negative Emotional Scenario (ONES)** with
the **A. Basic Congruency SAVE (ABCS)**

Then,

You could clear the neck pain with **(ABCS)** again.
Start at C2, go thru **A. Basic Congruency SAVE (ABCS)** statements for C2
then shorten the verbosity saying
your subconscious mind now recognizes
that all those **A. Basic Congruency S.A.V.E.** statements of
"I'm OK with "it" and "it" is OK with me.
And I'm not OK with "it" and "it" is not OK with me.
Either way, I now release all negative feeling around "it" (**awaeaecagpoo**) and
"it" now releases all negative feelings around me (**awaeaecagpoo**)
and I'm sorry "it" please forgive me, I love you.
And "it" replies back I'm sorry, please forgive me, I love you"
Now, all these statements now mean or equal simply
"I'm ok with "it" and "it" is ok with me."

and "it" simply refers to the "topic at hand,
aka, what is being addressed"
and every new topic from this point on.
In this manner, you shorten the process significantly.
The subconscious mind, being perfect,
recognizes what this means.
Now you can go thru such lists quickly
so you could move through the
Day 1 Protocol of **8. Chiropractic U**
Cervical Spine onto the Lumbar Spine
in very little time and effectively
clear a lot of stuff.

30 SECOND S.A.V.E. CLEARING

Here's an impressive way to clear someone
of a very real problem for them that
will make them feel better in no time (30 seconds)
You could ask a person what's bothering them.
They might reply,
"My job sucks!"

Now, with unit in place,
You say to them
Think about your job and how it makes you feel
all over your body, from head to toe
(just to elicit their physiology even more...)

Now,
Just say the following
as you think about your job,
repeat after me...

"I'm OK with "it/my job" and "it/my job" is OK with me.
And I'm not OK with "it" and "it" is not OK with me. My job is not ok with me."
Either way, I now release all negative feeling around "it/my job" and
"it" now releases all negative feelings around me (awaeaecagpoo)
and I'm sorry "it" please forgive me, I love you. Thank you.
And "it" replies back I'm sorry, please forgive me, I love you. Thank you."

You will have helped this person in a big way!
in less than 30 seconds generally,
if they just listen and repeat silently your words.
Maybe 1 minute, if they fully repeat out loud.

SILENT MODE VS. OUT LOUD MODE

Now, you could do the "Silent Mode"
with anyone
where they repeat silently to themselves
what you are saying to them
and then do the "Out Loud Mode"
where they repeat out loud
for a couple minutes.
They will probably glitch less hearing it twice
and then repeating it.

REALIZE,
The body has already corrected/changed
just by "hearing it" in S.A.V.E. Silent Mode.
Bringing it out in active Out Loud Mode speech
has a way of connecting the
conscious/subconscious even more
AND clearing things more fully.

Hence, the Structured Activation (or
Articulation) of Voice Energetics in
words, engages more brain sphere.

So, as you instantly and automatically consider daily that there are many way to simply and easily use S.A.V.E. Technology quickly, perhaps you could start helping yourself and someone in need today?

Now, this gives you a solid outline of how to use S.A.V.E. Technology. All we will do now is actively employ the technology and play around with getting ourselves clearer and healthier than ever before.

Shall we S.A.V.E.?

Jesus Saves!

But Gretzky gets the rebound...he shoots, he scores!