# Internship Admissions, Support, and Initial Placement Data Date Program Tables are updated:

## **Program Disclosures**

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	□ Yes ⊠ No
If yes, provide website link (or content from brochure) where this specific inform	mation is presented:

#### **Internship Program Admissions**

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

At the Vantage Point Center for Psychotherapy, we offer a comprehensive training program grounded in the scientist-practitioner model. Our internship program is developmental, experiential, and sequential, designed to prepare interns for independent practice by emphasizing cultural competence, professional values, and clinical skills development.

Interns work in a hybrid model, with 2-3 days in the office and 2-3 days from home. One evening clinical hour is required, however, there is flexibility with one's schedule. They engage in a range of activities, including individual and group therapy, supervision, and didactic seminars. Our program provides extensive experience in areas such as OCD, eating disorders, altered states/psychosis, community mental health, low-income populations, and LGBTQIA+ issues.

Applicants should have at least 500 intervention hours, a proposed dissertation, and be in good standing with their program. Our program supports a diverse client base and emphasizes long-term therapy based on clients' needs, therefore, applicants with experience with diverse populations are prioritized.

Applicants should bring qualities that foster professional and clinical growth. They should demonstrate openness and flexibility, essential for receiving feedback and implementing necessary changes throughout the training year. Curiosity, clinical adaptability, creativity, critical thinking, and passion are highly valued.

Applicants must possess self-awareness and understand themselves as cultural beings in their work. Additionally, having diverse life experiences or instances of overcoming adversity can provide special insights into our client populations, enabling interns to build connections and rapport with their clients more effectively.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:			
Total Direct Contact Intervention Hours	Х		Amount: 500
Total Direct Contact Assessment Hours			Amount:

Describe any other required minimum criteria used to screen applicants:				

## Financial and Other Benefit Support for Upcoming Training Year<sup>1</sup>

 $^{1}$  Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Annual Stipend/Salary for Full-time Interns	37,	440
Annual Stipend/Salary for Half-time Interns	N	Α
Program provides access to medical insurance for intern?	⊠ Yes	□ No
If access to medical insurance is provided:		
Trainee contribution to cost required?	☐ Yes	⊠ No
Coverage of family member(s) available?	⊠ Yes	□ No
Coverage of legally married partner available?	⊠ Yes	☐ No
Coverage of domestic partner available?	⊠ Yes	□ No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	8	0
Hours of Annual Paid Sick Leave	4	0
In the event of medical conditions and/or family needs that require extended		
leave, does the program allow reasonable unpaid leave to interns/residents in		
excess of personal time off and sick leave?	⊠ Yes	□ No

Other Benefits (please describe): Other Benefits (please describe): At Vantage Point Center for Psychotherapy, we believe that healthcare is extremely important. Our Training Program provides access to medical insurance for interns, covering 100% of the costs for medical, dental, and vision plans during their intern year (once the Intern meets the 30 hour per week full-time status requirement of our health plan). Additionally, Interns have the option to upgrade their medical coverage at their own expense. Additionally, Health, Dental, and Vision coverage for dependents, domestic partners, or legally married partners is available at the intern's expense.

Interns are entitled to 80 hours of paid personal time off (PTO) per intern year and 40 hours of paid sick leave per intern year. In the event of medical conditions and/or family needs that require extended leave, the program allows for reasonable unpaid leave beyond personal time off and sick leave, in accordance with California law. If leave is needed for a reason not covered under California law, the Training Director and the Director of Operations will review the request and provide reasonable accommodations if and when appropriate.

Additional benefits include intern professional development funding of \$300 per intern year. Furthermore, the program offers a Simple IRA plan, contributing 2% of the intern's salary per intern year into Vantage Point's Simple IRA Plan.

### **Initial Post-Internship Positions**

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2021-2024	
Total # of interns who were in the 3 cohorts	2	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Academic teaching	PD =	EP =
Community mental health center	<b>PD</b> = 2	EP =
Consortium	PD =	EP =
University Counseling Center	PD =	EP =
Hospital/Medical Center	PD =	EP =
Veterans Affairs Health Care System	PD =	EP =
Psychiatric facility	PD =	EP =
Correctional facility	PD =	EP =
Health maintenance organization	PD =	EP =
School district/system	PD =	EP =
Independent practice setting	PD =	EP =
Other	PD =	EP =

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.