



# 24th Annual National LawFit Challenge

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## JULY 16-18, 2026



**Hosted By:**

**LAWFIT/FIREFIT, LLC  
PUBLIC SAFETY AGENCIES OF DESOTO COUNTY MISSISSIPPI**

**Sponsoring Site:**

Desoto Central High School  
2911 Central Pkwy, Southaven, MS 38672

Lewisburg High School  
1755 Craft Rd, Olive Branch, MS 38654

Desoto County Agri-Education Center  
1170 Star Landing Rd W, Nesbit, MS 38651

Lucky Dog Restaurant  
6460 Silo Square Lane N, Southaven, MS 38672

### **Thursday – July 16, 2026**

Location: Desoto Central High School Gym

- 11:00 – 11:30 Registration & Team Assignments
- 11:30 – 12:00 Welcome – Sheriff Thomas Tuggle
- 12:00 – 12:45 Weigh-In
- 12:45 – 14:45 Lunch (On your own)
- 14:45 – 15:00 Rules Interpretation & Bench Press Instructions
- 15:00 – 15:30 Warm Up
- 15:30 – Until Bench Press Competition



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### Friday – July 17, 2026

- 07:00 – 07:30 Check-In and Rules & Interpretation for 1.5 Mile Run – Lewisburg HS
- 07:30 – 08:30 1.5 Mile Run – Lewisburg High School – Parking Lot
- 08:30 – 18:30 On Your Own
- 18:30 – 19:00 Check-In and Group/Team Photo – Desoto Central HS - Football Field
- 19:00 – 19:15 Suspect Pursuit Walk Through – Desoto Central HS - Football Field
- 19:15 – Until Suspect Pursuit Competition – Desoto Central HS - Football Field

### Saturday – July 18, 2026

- 09:00 – 09:15 Rules Interpretation & Event Instructions – Desoto Central HS Gym
- 09:15 – 13:00 Event Testing – Desoto Central High School Gym
  1. 1 Minute Timed Sit-Ups
  2. Sit & Reach
  3. Pull-ups
- 18:00 – 20:00 Awards Ceremony – Desoto County Agri-Education Center
- 20:00 – 23:00 LawFit Social – Lucky Dog Restaurant

**\*\*These times may be subject to change\*\***

**\*\*You will be notified of any changes\*\***