



24th Annual National LawFit Challenge



JULY 16-18, 2026

The LawFit Challenge consists of a series of six fitness and job- related competitive events:

- ◆ One Repetition Maximum Bench Press (Based on Percentage of Body Weight)
- ◆ One Minute Timed Sit-Up Test
- ◆ Sit and Reach Flexibility Test
- ◆ Pull-Ups
- ◆ 1.5 Mile Run
- ◆ 200 Yard Agility Course (Suspect Pursuit)

Scores for the event are age and gender adjusted to provide a fair and equitable competition for all participants.

Additional Info: www.nationallawfitchallenge.org or www.lawfit.org

Who can participate? Current and retired local, state, federal and military law enforcement personnel worldwide.

Registration Fee: \$100 Per Participant (\$125 for late registration **after June 15, 2026**)

Deadline: Entries must be registered by **July 6, 2026**

Hotel Registration: See attached list of local hotels.

Awards will be presented to the top teams & top competitors in the following categories:

- * Overall Top Performer
- * Overall Individual Male and Female
- * 4-Person Team
- * Men's Pairs and Women's Pairs
- * Mixed Pairs (1-Man/1-Woman)
- * Individual Event Winners

**Each competitor will compete in all events.

***Participants' scores will be combined in the team categories.

For further information, please contact:
LeAnn Farr – 662-420-9911
lawfit.desoto@gmail.com

24th Annual National LawFit Challenge

Thursday, Friday & Saturday July 16-18, 2026
Desoto County, MS

****Registration Forms due by July 6, 2026****

APPLICANT INFORMATION

(Please type or print legibly.)

Participant's Name: _____ DOB: _____ M F
Agency Name: _____ Age: _____
Agency Address: _____
Work Phone #: _____ Cell Phone #: _____ Shirt Size: S__M__L__XL__XXL__
Email Address: _____

Do you require special accommodations under provision of the Americans with Disabilities Act? Y N
If yes, please state the nature of the accommodation required:

EXPRESSED ASSUMPTION OF RISK

I _____ am fit for full duty as a law enforcement officer and am physically able to participate in the 2026 National LawFit Challenge. I further recognize that this event's physical activities (one repetition maximum bench press, 60-second sit-up test, sit & reach flexibility test, maximum repetition pull-up test, 1.5 mile run, and 200-yard suspect pursuit) have the potential to put significant stress on the cardiovascular and musculoskeletal systems of participants. Per the Manual of the World Anti-Doping Agency (WADA) and as a competitor in the LawFit Challenge, I attest that I have not used Performance Enhancing Drugs (PEDS) in preparation for this event. Additionally, I give LawFit and the host law enforcement agencies permission to use my photo and/or video for any purpose without compensation to me and such photos and/or video are the sole property of LawFit and the host law enforcement agencies.

Signature of participating officer: _____

Signature of agency supervisor: _____

Print name agency supervisor: _____

Phone Number: _____ Email: _____

Visit: www.nationallawfitchallenge.org or www.lawfit.org

Registration - Make checks payable to: *National LawFit Challenge*
Mail this form and your registration check to: National LawFit Challenge
PO Box 723
Hernando, MS 38632