



24th Annual National LawFit Challenge

JULY 16-18, 2026



Hosted By:

LAWFIT/FIREFIT, LLC
PUBLIC SAFETY AGENCIES OF DESOTO COUNTY MISSISSIPPI

Sponsoring Site:

Desoto Central High School
2911 Central Pkwy, Southaven, MS 38672

Desoto County Agri-Education Center
1170 Star Landing Rd W, Nesbit, MS 38651

Lucky Dog Restaurant
6460 Silo Square Lane N, Southaven, MS 38672

Thursday – July 16, 2026

Location: Desoto Central High School Gym

- 11:00 – 11:30 Registration & Team Assignments
- 11:30 – 12:00 Welcome – Sheriff Thomas Tuggle
- 12:00 – 12:45 Weigh-In
- 12:45 – 14:45 On Your Own
- 14:45 – 15:00 Rules Interpretation & Bench Press Instructions
- 15:00 – 15:30 Warm Up
- 15:30 – Until Bench Press Competition



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Friday – July 17, 2026

Location: Desoto Central High School

- 07:00 – 07:30 Check-In - Parking Lot
- 07:30 – 08:30 1.5 Mile Run
- 11:30 – 13:00 Event Testing – Sit-Ups and Sit & Reach - Gym
- 13:00 – 18:30 On Your Own
- 18:30 – 19:00 Check-In and Group/Team Photo - Football Field
- 19:00 – 19:15 Suspect Pursuit Walk Through
- 19:15 – Until Suspect Pursuit Competition

Saturday – July 18, 2026

- 10:00 – 12:15 Event Testing – Pull-Ups – Desoto Central HS Gym
- 12:15 – 18:00 On Your Own
- 18:00 – 20:00 Awards Ceremony – Desoto County Agri-Education Center
- *Attire is Department Uniforms or Polos with Department Logo
- 20:00 – 23:00 LawFit Social – Lucky Dog Restaurant

****These times may be subject to change****

****You will be notified of any changes****