

Item	Our Price
GRAINS/FLOUR/OATS/RICE (ON SHELVES)	
Azure Market Organics Hard Red Wheat, Organic (5 lb.)	\$13.99
Azure Market Organics Hard White Wheat, Organic (5 lb.)	\$16.99
Azure Market Organics Soft White Wheat, Organic (5 lb.)	\$7.49
Azure Market Organics Spelt Grain, Organic (5 lb.)	\$14.99
Azure Market Organics All Purpose Flour Unbleached, Organic (5 lb.)	\$9.49
Azure Market Organics Bread Flour 100% Whole Red Wheat (Unifine), Organic (5 lb.)	\$14.74
Azure Market Organics Pastry Flour, Whole Wheat (Unifine), Organic (5 lb.)	\$15.99
One Degree Oats, Rolled, Sprouted, Organic (45 oz.)	\$14.25
Azure Market Organics Popcorn, Multicolored, Organic (5 lb.)	\$16.30
Azure Market Organics Rice, Thai Jasmine White, Organic (5 lb.)	\$19.25
Azure Market Organics Rice, Sprouted, Brown, Calrose, Organic (5 lb.)	\$12.75
PASTA (ON SHELVES)	
Azure Market Organics Penne Rigate, Semolina, Organic (2.5 lb.)	\$10.99
Azure Market Organics Elbow Macaroni Azuroni Gourmet Pasta, Organic (2.5 lb.)	\$9.99
Azure Market Organics Rotini, Tri Color, Semolina, Organic (5 lb.)	\$27.99
BREAD (ON SHELF & GRAB&GO FREEZER BOTTOM DRAWER)	
Freedom Farmstead Bread, Freshly Milled, Sourdough Fermented, Organic Ingredients (2 lb.)	\$12.50
TORTILLAS (GRAB&GO FREEZER BOTTOM DRAWER)	
Food For Life Ezekiel Sprouted Tortillas, 9 inch, Frozen, Organic (12 oz.)	\$4.99
SPICES/SALT/SUGAR/BAKING (ON SHELVES)	
Azure Market Organics Cinnamon Ground, Ceylon, Organic (2 oz.)	\$7.49
Azure Market Organics Oregano Leaf, Cut & Sifted, Organic (.75 oz.)	\$5.74
Azure Market Organics Rosemary, Cut & Sifted, Organic (1.7 oz.)	\$6.99
Azure Market Organics Thyme Leaves, Fine Cut, Organic (1.25 oz.)	\$7.24
Azure Market Organics Onion Powder, Organic (3 oz.)	\$6.99
Azure Market Organics Peppercorns, Whole Black, Organic (4 oz.)	\$9.89
Azure Market Organics Chili Powder, Mild, Organic (2.75 oz.)	\$8.99
Azure Market Organics Parsley Flakes, Organic (.40 oz.)	\$6.99
Azure Market Organics Paprika Powder, Smoked, Organic (3.70 oz.)	\$6.99
Azure Market Organics Curry Blend, Organic (3.3 oz.)	\$6.99
Azure Market Organics Garlic Roasted, Powder, Organic (4.3 oz.)	\$6.99
Azure Market Baking Soda (5 lb.) *change to 1 lb. next order	\$10.74
Azure Market Baking Powder (1 lb.)	\$7.99
Azure Market Sea Salt (5 lb.)	\$14.79
Azure Market Himalayan Pink Crystal Salt, Coarse (5 lb.)	\$12.99
Azure Market Honey, Raw, Orange Blossom (3 lb.)	\$26.79
Azure Market Organics Maple Sugar, Organic (32 oz.)	\$27.99
Azure Market Organics Coconut Sugar Crystals, Organic (1 lb.)	\$8.99
Azure Market Organics Vanilla Extract, Organic (8 fl. oz.)	\$26.99
Azure Market Organics Vinegar, Raw Apple Cider, Organic (32 fl. oz.)	\$6.99
SAUCES/FRUIT SPREAD/PEANUT BUTTER (ON SHELVES)	
Pure Indian Foods Worcestershire Sauce, Organic (5 fl. oz.)	\$4.09
Portlandia Foods BBQ Sauce, Organic (14 fl. oz.)	\$6.49
Chosen Foods Mayo Classic, Avocado Oil (24 oz.)	\$18.99
Crofter's Strawberry Premium Spread, Organic (16.5 oz.)	\$6.99
Crofter's Concord Grape Premium Spread, Organic (16.5 oz.)	\$6.99
Crofter's Wild Blueberry Premium Spread, Organic (16.5 oz.)	\$6.99
Crofter's Apricot Just Fruit Spread, Organic (10 oz.)	\$5.99
Crofter's Raspberry Just Fruit Spread, Organic (10 oz.)	\$5.99
Azure Market Organics Peanut Butter, Creamy, Salted, Organic (1 lb)	\$7.73
Azure Market Organics Peanut Butter, Crunchy, Salted, Organic (1 lb)	\$7.73

Item	Our Price
OILS/FATS (ON SHELVES)	
Azure Market Organics Olive Oil, Extra Virgin, Cold Pressed, Organic (32 fl. oz.)	\$21.19
Azure Market Organics Avocado Oil, Cold Pressed, Refined, Organic (32 fl. oz.)	\$29.89
Azure Market Organics Coconut Oil, Expeller Pressed, Virgin, Organic (32 oz.)	\$17.75
Pure Indian Foods Ghee, Grass-Fed, Organic (7.8 oz.)	\$13.95
CHEESE/BUTTER/DAIRY (MINI FRIDGE)	
Goshen Homestead Creamery Yogurt, Grass Fed (32 oz.)	\$8.00
Sierra Nevada Cheese Company Traditional White Cheddar Cheese Loaf, Raw, Grass Fed, Organic (8 oz.)	\$7.99
Sierra Nevada Cheese Company Graziers, Vat-Cultured European Style Butter, Salted, Grass-Fed (8 oz.)	\$6.99
Sierra Nevada Cheese Company Graziers, Vat-Cultured European Style Butter, Unsalted, Grass-Fed (8 oz.)	\$6.99
Nancy's Sour Cream, Organic (16 oz.)	\$5.99
Nancy's Cream Cheese, Organic (8 oz.)	\$5.89
BUTTERMILK (ON DOOR OF MAIN/MILK FRIDGE)	
Goshen Homestead Creamery Buttermilk, Grass Fed (32 oz.)	\$8.00
REFRIDGERATED SNACK (ON DOOR OF MAIN/MILK FRIDGE)	
Brinley's Healthy 'Snickers' Bar, Simple and Organic Ingredients	\$2.75
Peyton Jo's Chocolate Syrup, Simple and Organic Ingredients	\$8.00
GRASS-FED BEEF (GRAB&GO FREEZER)	
River Mountain Farms Chuck Roast, Grass Fed, Piedmontese (per lb.)	\$12.24
River Mountain Farms Sirloin Roast, Grass Fed, Piedmontese (per lb.)	\$12.24
River Mountain Farms Shoulder Roast, Grass Fed, Piedmontese (per lb.)	\$12.24
River Mountain Farms Eye of Round Roast, Grass Fed, Piedmontese (per lb.)	\$13.49
River Mountain Farms Tri-Tip Roast, Grass Fed, Piedmontese (per lb.)	\$13.49
River Mountain Farms Filet Mignon Steak, Grass Fed, Piedmontese (per lb.)	\$32.24
River Mountain Farms Ribeye Steak, Grass Fed, Piedmontese (per lb.)	\$22.24
River Mountain Farms New York Strip Steak, Grass Fed, Piedmontese (per lb.)	\$22.24
River Mountain Farms Sirloin Steak, Grass Fed, Piedmontese (per lb.)	\$17.24
River Mountain Farms Eye of Round Steak, Grass Fed, Piedmontese (per lb.)	\$14.74
River Mountain Farms Flat Iron Steak, Grass Fed, Piedmontese (per lb.)	\$17.24
River Mountain Farms Flank Steak, Grass Fed, Piedmontese (per lb.)	\$14.74
River Mountain Farms Skirt Steak, Grass Fed, Piedmontese (per lb.)	\$14.74
River Mountain Farms Mock Tender Steak, Grass Fed, Piedmontese (per lb.)	\$17.24
River Mountain Farms Cube Steak, Grass Fed, Piedmontese (per lb.)	\$12.24
River Mountain Farms Stew Beef, Grass Fed, Piedmontese (per lb.)	\$12.24
River Mountain Farms Beef Tips, Grass Fed, Piedmontese (per lb.)	\$12.24
River Mountain Farms Ground Beef, Grass Fed, Piedmontese (per lb.)	\$9.74
River Mountain Farms Ground Beef Patty, Grass Fed, Piedmontese (per lb.)	\$10.99
River Mountain Farms Brisket, Grass Fed, Piedmontese (per lb.)	\$10.99
River Mountain Farms Short Ribs, Grass Fed, Piedmontese (per lb.)	\$10.99
River Mountain Farms Tongue, Grass Fed, Piedmontese (per lb.)	\$8.49
River Mountain Farms Heart, Grass Fed, Piedmontese (per lb.)	\$4.75
River Mountain Farms Ox-tail, Grass Fed, Piedmontese (per lb.)	\$8.49
River Mountain Farms Bones, Grass Fed, Piedmontese (per lb.)	\$5.00
River Mountain Farms Liver, Grass Fed, Piedmontese (per lb.)	\$5.99
River Mountain Farms Kidney, Grass Fed, Piedmontese (per lb.)	\$4.75
River Mountain Farms Kidney Fat, Grass Fed, Piedmontese (per lb.)	\$8.50
River Mountain Farms Beef Trimmings, Grass Fed, Piedmontese (per lb.)	\$8.50
Thousand Hills Beef 'n Cheddar Sausage, Uncured, Hickory Smoked, Frozen, Grass-Fed (10 oz.)	\$10.99
Thousand Hills Bacon, Beef Brisket, Hardwood Smoked, Grass-Fed, Frozen (8 oz.)	\$14.49
Thousand Hills Beef Sticks, Uncured, Original (3.2 oz.)	\$4.89

Item	Our Price
PASTURED CHICKEN (GRAB&GO FREEZER)	
Freedom Farmstead Whole Chickens, Pastured, Non-GMO Feed (per lb.)	\$5.49
Brookhaven Farms Chicken Breast, Pastured, Non-GMO Feed (per lb.)	\$10.99
Brookhaven Farms Chicken Tenders/Strips, Pastured, Non-GMO Feed (per lb.)	\$10.99
Brookhaven Farms Chicken Quarters, Pastured, Non-GMO Feed (per lb.)	\$9.34
Brookhaven Farms Chicken Wings, Pastured, Non-GMO Feed (per lb.)	\$7.99
Brookhaven Farms Chicken Livers, Pastured, Non-GMO Feed (per lb.)	\$5.99
Brookhaven Farms Chicken Hearts, Pastured, Non-GMO Feed (per lb.)	\$6.99
Brookhaven Farms Chicken Feet, Pastured, Non-GMO Feed (per lb.)	\$3.99
Brookhaven Farms Chicken Necks, Pastured, Non-GMO Feed (per lb.)	\$4.99
Brookhaven Farms Chicken Heads, Pastured, Non-GMO Feed (per lb.)	\$2.50
FROZEN DAIRY (GRAB&GO FREEZER)	
Straus Family Creamery Ice Cream, Vanilla Bean, Organic (32 oz.)	\$12.99
Straus Family Creamery Ice Cream, Coffee, Organic (32 oz.)	\$12.99
Straus Family Creamery Ice Cream, Strawberry, Organic (32 oz.)	\$12.99
Straus Family Creamery Ice Cream, Dutch Chocolate, Organic (32 oz.)	\$12.99
Straus Family Creamery Ice Cream, Cookies & Cream, Organic (32 oz.)	\$12.99
Straus Family Creamery Ice Cream, Mint Chocolate Chip, Organic (32 oz.)	\$12.99
FERMENTED GOODIES (MAIN/MILK FRIDGE BOTTOM SHELF)	
Bubbies Sauerkraut (25 oz.)	\$9.99
Bubbies Kosher Dill Pickles (33 oz.)	\$9.99
Bubbies Pure Kosher Dill Relish (16 oz.)	\$7.99
Bubbies Kosher Dill Pickle Chips (25 oz.)	\$9.99
PET MILK (MAIN/MILK FRIDGE BOTTOM SHELF) & PET CREAM (MAIN.MILK FRIDGE DOOR)	
Freedom Farmstead Pet Milk, Raw, Grass Fed - HERDSHARE ONLY (1/2 gal.)	\$9.00
Freedom Farmstead Pet Cream, Raw, Grass Fed - HERDSHARE ONLY (32 oz.)	\$15.00
EGGS (ON BOTTOM DRAWER OF MAIN/MILK FRIDGE)	
Brookhaven Farms Eggs, Pasture Raised, Non-GMO Feed (1 doz.)	\$7.00
KEFIR/KOMBUCHA/NATURAL SODA (ON DOOR OF MAIN/MILK FRIDGE)	
Freedom Farmstead Kefir, Raw, Grass Fed - HERDSHARE ONLY (32 oz.)	\$8.00
GT's SYNERGY, Kombucha Raw, Lemon Berry (16 fl. oz.)	\$4.65
GT's SYNERGY, Kombucha Raw, Trilogy (16 fl. oz.)	\$4.65
GT's SYNERGY, Kombucha Raw, Guava Goddess (16 fl. oz.)	\$4.65
GT's SYNERGY, Kombucha Raw, Elderberry Juniper (16 fl. oz.)	\$4.65
SNACKS (ON SHELVES)	
North Coast Apple Sauce, Honeycrisp, Organic (24 oz.)	\$4.99
Azure Market Organics Granola, Honey Nut, GF, Organic (1 lb.)	\$13.50
Nature's Path Toaster Pastries, Strawberry, Unfrosted, Organic (11 oz.)	\$5.25
Skout Kids Snack Bar, Chocolate Brownie, Organic (5.1 oz.)	\$9.25
Skout Cookies, Soft Baked, Double Chocolate, Organic (4.23 oz.)	\$8.25
Skout Cookies, Soft Baked, Peanut Butter, Organic (4.23 oz.)	\$8.25
Once Again Nut Butter, Inc. Graham Crackers, Honey, Organic (7.93 oz.)	\$6.99
Jovial Foods Crackers, Rosemary, Sourdough Einkorn, Organic (4.5 oz.)	\$6.29
Jovial Foods Crackers, Sea Salt, Sourdough Einkorn, Organic (4.5 oz.)	\$6.29
SunRidge Farms Supreme Fruit & Nut Trail Mix, Organic (1 lb.)	\$13.99
SunRidge Farms Trail Mix, Cranberry Harvest, Organic (1 lb.)	\$13.99
Thousand Hills Beef Snack Stick, Shelf Stable, Original (1 oz.)	\$2.99
Thousand Hills Beef Jerky, Original, Grass-Fed (2 oz.)	\$7.99
STARTER/KEFIR GRAINS/SCOBY'S (UPON REQUEST)	
Freedom Farmstead Starter, Organic Hard Red, Wild Yeast (16 oz.)	\$5.00
Freedom Farmstead Kefir Grains (1 oz.)	\$5.00
Freedom Farmstead SCOBY for Kombucha with Starter Fluid	\$15.00

Item	Our Price
ARTISAN CHOCOLATES (ON SHELVES)	
Cocoa Bean & Butter Almond Bark - Dark Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Almond Bark - Milk Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Appalachian Mudslide - Dark Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Appalachian Mudslide - Milk Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Cherry Bark - Dark Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Coconut Bark - Dark Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Coconut Bark - Milk Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Coffee Bark - Dark Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Pistachio Bark - Dark Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Rocky Top Tortoises - Dark Chocolate (4 oz.)	\$8.00
Cocoa Bean & Butter Rocky Top Tortoises - Milk Chocolate (4 oz.)	\$8.00
Cocoa Bean & Butter Sea Salt Caramels - Dark Chocolate (4 oz.)	\$8.00
Cocoa Bean & Butter Sea Salt Caramels - Milk Chocolate (4 oz.)	\$8.00
Cocoa Bean & Butter Special Pete - Milk Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Toffee - Dark Chocolate (4 oz.)	\$7.00
Cocoa Bean & Butter Toffee - Milk Chocolate (4 oz.)	\$7.00
Cocoa Bean & ButterTurtles - Dark Chocolate (4 oz.)	\$8.00
Cocoa Bean & Butter Turtles - Milk Chocolate (4 oz.)	\$8.00
SOAP AND BODY PRODUCTS (ON SHELVES)	
Arisan Soap, Vegan, Essential Oils	\$8.00
Shampoo Soap, Vegan, Essential Oils	\$8.00
Lip Butter, Vegan, Essential Oils	\$6.00
Laundry Soap, Vegan, Essential Oils	\$13.50
FREEZE DRIED GOODIES (ON SHELVES)	
The Ancient Paths Freezedried Fruits, Yogurt Bites, Applesauce Bites (Various Sizes)	VARIOUS
CLEANING SUPPLIES (ON SHELVES)	
WASHED Non-Toxics Colloidal Silver Cleaning Sprays (16 oz.)	\$22.00
WASHED Non-Toxics Colloidal Silver Cocentrated Refill (4 oz.)	\$15.00