What’s in The Farm Shed?

Freedom Farmstead’s Product & Price List

Local Grass-Fed Piedmontese Beef 18

Beef Package Subscriptions *save $1 per pound*

PRODUCT	CATEGORY	VENDOR	PRICE
RIVER MOUNTAIN FARMS			
 **Sirloin Roast**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$12.24 / lb**
 **Beef Arm Roast**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$12.24 / lb**
 **Beef Skirt Steak**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$14.74 / lb**
 **Beef Flank Steak**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$17.24 / lb**
 **Sirloin Steak**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$17.24 / lb**
 **Ribeye**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$24.74 / lb**
 **NY Strip**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$24.74 / lb**
 **Beef Bones**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$5.00 / lb**
 **Beef Stew Meat**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$12.24 / lb**
 **Shank ("Osso") Steak**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$12.24 / lb**
 **Beef Filet Steak**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$32.24 / lb**
 **Beef Hamburger Patties**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$12.24 / lb**

	**Ground Beef**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$10.99 / lb**
	**Beef Brisket**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$10.99 / lb**
	**Beef Mock Tender**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$17.24 / lb**
	**Beef Cube Steak**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$12.24 / lb**
	**Beef Chuck Roast**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$12.24 / lb**
	**Beef Tips**	Local Grass-Fed Piedmontese Beef	River Mountain Farms	**$12.24 / lb**

Local Pastured Poultry 4

PRODUCT	CATEGORY	VENDOR	PRICE
GOSHEN HOMESTEAD			
 **Chicken Thighs**	Local Pastured Poultry	Goshen Homestead	**$8.99 / lb**
 **Chicken Legs**	Local Pastured Poultry	Goshen Homestead	**$6.99 / lb**
 **Chicken Breasts**	Local Pastured Poultry	Goshen Homestead	**$11.49 / lb**
 **Whole Chicken**	Local Pastured Poultry	Goshen Homestead	**$5.49 / lb**

Eggs & Dairy 10

PRODUCT	CATEGORY	VENDOR	PRICE
AZURE			
 **Cottage Cheese**	Eggs & Dairy	Azure	**$7.49**
 **Ghee**	Eggs & Dairy	Azure	**$13.95**

	**Salted Cultured Butter**	Eggs & Dairy	Azure	**$6.99**
	**Unsalted Cultured Butter**	Eggs & Dairy	Azure	**$6.99**
	**Sour Cream**	Eggs & Dairy	Azure	**$5.99**
	**Cream Cheese**	Eggs & Dairy	Azure	**$5.89**
	**White Cheddar Cheese**	Eggs & Dairy	Azure	**$7.99**

GOSHEN HOMESTEAD

	**Buttermilk**	Eggs & Dairy	Goshen Homestead	**$5.50**
	**Yogurt**	Eggs & Dairy	Goshen Homestead	**$8.00**

BROOKHAVEN FARMS

	**Eggs**	Eggs & Dairy	Brookhaven Farms	**$7.00**

Fresh Produce 30

All Produce is Organic or Organically Grown Unless Otherwise Specified (i.e. IPM)

Availability May Vary

FREEDOM FARMSTEAD

PRODUCT		CATEGORY	VENDOR	PRICE
	**Green Beans**	Fresh Produce	Freedom Farmstead	**$5.00**
	**Large Tomato**	Fresh Produce	Freedom Farmstead	**$1.00**
	**Cherry Tomatoes**	Fresh Produce	Freedom Farmstead	**$2.50**
	**Cucumber**	Fresh Produce	Freedom Farmstead	**$1.00**

	**Medium Potatoes**	Fresh Produce	Freedom Farmstead	**$7.99**
	**Small Huckleberry Gold Potatoes**	Fresh Produce	Freedom Farmstead	**$7.99**
	**Zucchini**	Fresh Produce	Freedom Farmstead	**$1.50**
	**Sweet Valentine Red Romaine Lettuce**	Fresh Produce	Freedom Farmstead	**$5.00**
	**Darkibor Kale**	Fresh Produce	Freedom Farmstead	**$3.00**
	**Red Beets**	Fresh Produce	Freedom Farmstead	**$7.99**
	**Yellow Squash**	Fresh Produce	Freedom Farmstead	**$1.50**
	**Jericho Romaine Lettuce**	Fresh Produce	Freedom Farmstead	**$5.00**

NAD

	**Cabbage**	Fresh Produce	NAD	**$5.99**
	**Cortland Apple (IPM)**	Fresh Produce	NAD	**$1.00**
	**Gala Apple (IPM)**	Fresh Produce	NAD	**$0.75**
	**Blueberries**	Fresh Produce	NAD	**$7.99**
	**Lemon**	Fresh Produce	NAD	**$1.99**
	**Eggplant**	Fresh Produce	NAD	**$3.99**
	**Red Onion**	Fresh Produce	NAD	**$1.00**

	**White Mushrooms**	Fresh Produce	NAD	**$5.99**
	**Watermelon (Seeded)**	Fresh Produce	NAD	**$4.99**
	**Peaches (IPM)**	Fresh Produce	NAD	**$1.75**
	**Sweet Corn**	Fresh Produce	NAD	**$1.75**
	**Portabella Mushrooms**	Fresh Produce	NAD	**$5.00**
	**Baby Bella/Crimini Mushroom**	Fresh Produce	NAD	**$4.00**
	**Carrots**	Fresh Produce	NAD	**$4.00**
	**Golden Potatoes**	Fresh Produce	NAD	**$7.99**
	**Garlic**	Fresh Produce	NAD	**$1.99**

APPALACHIAN HARVEST

	**Spaghetti Squash**	Fresh Produce	Appalachian Harvest	**$7.00**
	**Butternut Squash**	Fresh Produce	Appalachian Harvest	**$6.00**

Honey, Syrup & Sweeteners 14

PRODUCT	CATEGORY	VENDOR	PRICE

WING & FEATHER FARM

	**Local Fall Honey (1/2 Pint)**	Honey, Syrup & Sweeteners	Wing & Feather Farm	**$12.00**
	**Local Honey & Comb (Pint)**	Honey, Syrup & Sweeteners	Wing & Feather Farm	**$25.00**

	**Local Spring Honey (Pint)**	Honey, Syrup & Sweeteners	Wing & Feather Farm	**$20.00**
	**Local Fall Honey (Pint)**	Honey, Syrup & Sweeteners	Wing & Feather Farm	**$20.00**

MAPLE GROVE FARMS

	**Maple Syrup**	Honey, Syrup & Sweeteners	Maple Grove Farms	**$18.00**
	**Maple Sugar Shaker**	Honey, Syrup & Sweeteners	Maple Grove Farms	**$7.00**

AZURE

	**Sucanat**	Honey, Syrup & Sweeteners	Azure	**$26.99**
	**Monk Fruit Sweetener**	Honey, Syrup & Sweeteners	Azure	**$16.99**
	**Powdered Sugar 6X**	Honey, Syrup & Sweeteners	Azure	**$10.49**
	**Cane Sugar**	Honey, Syrup & Sweeteners	Azure	**$13.99**
	**Coconut Sugar**	Honey, Syrup & Sweeteners	Azure	**$8.99**
	**Maple Sugar**	Honey, Syrup & Sweeteners	Azure	**$27.99**
	**Honey**	Honey, Syrup & Sweeteners	Azure	**$26.79**

FREEDOM FARMSTEAD

	**Peyton Jo’s Chocolate Syrup**	Honey, Syrup & Sweeteners	Freedom Farmstead	**$8.00**

Local Microbakery 7

	PRODUCT	CATEGORY	VENDOR	PRICE
SHAFFER FARM				
	**Strawberry Pastry**	Local Microbakery	Shaffer Farm	**$4.00**
	**Apple Pastry**	Local Microbakery	Shaffer Farm	**$4.00**
	**Cheese & Berry Danish**	Local Microbakery	Shaffer Farm	**$4.00**
	**Peanut Butter Cookie**	Local Microbakery	Shaffer Farm	**$4.00**
	**Chocolatey Chip Cookie**	Local Microbakery	Shaffer Farm	**$4.00**
	**Herb Crackers**	Local Microbakery	Shaffer Farm	**$4.00**
FREEDOM FARMSTEAD				
	**FMF Sourdough Bread**	Local Microbakery	Freedom Farmstead	**$12.50**

Snacks 8

	PRODUCT	CATEGORY	VENDOR	PRICE
AZURE				
	**Cranberry Harvest Trail Mix**	Snacks	Azure	**$13.99**
	**Supreme Fruit & Nut Trail Mix**	Snacks	Azure	**$13.99**
	Beef Snack Stick	Snacks	Azure	**$2.99**
	**Granola**	Snacks	Azure	**$13.50**
	**Toaster Pastries**	Snacks	Azure	**$5.25**

	**Beef Jerky**	Snacks	Azure	**$7.99**
	**Graham Crackers**	Snacks	Azure	**$6.99**

FREEDOM FARMSTEAD

	**Healthy 'Snickers' Bar**	Snacks	Freedom Farmstead	**$3.00**

Local Artisan Chocolate 17

No Corn Syrup!

	PRODUCT	CATEGORY	VENDOR	PRICE
COCOA BEAN & BUTTER CHOCOLATE CO.				
	**Coffee Bark (Dark)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Almond Bark (Dark)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Almond Bark (Milk)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Tennessee Turtles (Milk)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$8.00**
	**Tennessee Turtles (Dark)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$8.00**
	**Butter Toffee (Milk)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Butter Toffee (Dark)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Special Pete (Milk)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Sea Salt Caramels (Milk)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$8.00**
	**Sea Salt Caramels (Dark)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$8.00**

	**Rocky Top Tortoises (Milk)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$8.00**
	**Rocky Top Tortoises (Dark)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$8.00**
	**Pistachio Bark (Dark)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Coconut Bark (Dark)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Appalachian Mudslide (Milk)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Coconut Bark (Milk)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**
	**Appalachian Mudslide (Dark)**	Local Artisan Chocolate	Cocoa Bean & Butter Chocolate Co.	**$7.00**

Locally Roasted Coffee Beans 6

Organic, Fair-Trade

PRODUCT	CATEGORY	VENDOR	PRICE
BRISTOL ROASTERS			
 **Maya (MWP Decaf) Coffee Beans**	Locally Roasted Coffee Beans	Bristol Roasters	**$20.00**
 **Komodo Dragon Coffee Beans**	Locally Roasted Coffee Beans	Bristol Roasters	**$20.00**
 **Ethiopia Daye Coffee Beans**	Locally Roasted Coffee Beans	Bristol Roasters	**$20.00**
 **Bolivia Coffee Beans**	Locally Roasted Coffee Beans	Bristol Roasters	**$19.00**
 **Columbia Coffee Beans**	Locally Roasted Coffee Beans	Bristol Roasters	**$19.00**
 **Nicaragua Coffee Beans**	Locally Roasted Coffee Beans	Bristol Roasters	**$19.00**

Pantry 44

	PRODUCT	CATEGORY	VENDOR	PRICE
AZURE				
	**Thai Jasmine Rice**	Pantry	Azure	**$19.25**
	**All Purpose Flour 30oz**	Pantry	Azure	**$6.00**
	**Flour Tortillas**	Pantry	Azure	**$6.49**
	**Almond Flour**	Pantry	Azure	**$24.99**
	**Pinto Beans**	Pantry	Azure	**$16.49**
	**Kidney Beans**	Pantry	Azure	**$18.99**
	**Black Beans**	Pantry	Azure	**$14.99**
	**Navy Beans**	Pantry	Azure	**$18.49**
	**Garbanzo Beans**	Pantry	Azure	**$17.49**
	**Sauerkraut**	Pantry	Azure	**$12.99**
	**Coconut Cream**	Pantry	Azure	**$3.99**
	**Baking Soda**	Pantry	Azure	**$5.49**
	**Strawberry Fruit Spread**	Pantry	Azure	**$6.99**
	**Applesauce**	Pantry	Azure	**$4.99**
	**Virgin Coconut Oil**	Pantry	Azure	**$17.75**

	**Avocado Oil**	Pantry	Azure	**$29.89**
	**Extra Virgin Olive Oil**	Pantry	Azure	**$21.19**
	**Hard Red Wheat Berries**	Pantry	Azure	**$13.99**
	**Hard White Wheat Berries**	Pantry	Azure	**$16.99**
	**Spelt Wheat Berries**	Pantry	Azure	**$14.99**
	**Soft Wheat Berries**	Pantry	Azure	**$7.49**
	**Tri-Color Semolina Rotini**	Pantry	Azure	**$18.99**
	**Penne Rigate Semolina**	Pantry	Azure	**$10.99**
	**Elbow Macaroni Azuroni**	Pantry	Azure	**$9.99**
	**Crunchy Peanut Butter**	Pantry	Azure	**$7.73**
	**Creamy Peanut Butter**	Pantry	Azure	**$7.73**
	**Pastry Flour**	Pantry	Azure	**$15.99**
	**Bread Flour**	Pantry	Azure	**$14.74**
	**Sprouted Calrose Rice**	Pantry	Azure	**$12.75**
	**All Purpose Flour**	Pantry	Azure	**$9.49**
	**Concord Grape Fruit Spread**	Pantry	Azure	**$6.99**

	**Raspberry Fruit Spread**	Pantry	Azure	**$6.99**
	**Apricot Fruit Spread**	Pantry	Azure	**$6.99**
	**Wild Blueberry Fruit Spread**	Pantry	Azure	**$6.99**
	**Sprouted Rolled Oats**	Pantry	Azure	**$14.25**
	**Apple Cider Vinegar**	Pantry	Azure	**$6.99**
	**Vanilla Extract**	Pantry	Azure	**$26.99**
	**Mayo**	Pantry	Azure	**$18.99**
	**Worcestershire Sauce**	Pantry	Azure	**$4.09**
	**Popcorn**	Pantry	Azure	**$16.30**
	**Tortillas**	Pantry	Azure	**$4.99**
	**Baking Powder**	Pantry	Azure	**$7.99**
	**BBQ Sauce**	Pantry	Azure	**$6.49**

FARMER'S STOREHOUSE

	**Cornbread Mix**	Pantry	Farmer's Storehouse	**$23.33**

Spices & Salt 13

	PRODUCT	CATEGORY	VENDOR	PRICE
AZURE				
	**Smoked Paprika**	Spices & Salt	Azure	**$6.99**
	**Himalayan Pink Course Salt**	Spices & Salt	Azure	**$12.99**
	**Sea Salt**	Spices & Salt	Azure	**$14.79**
	**Roasted Garlic Powder**	Spices & Salt	Azure	**$6.99**
	**Curry Blend**	Spices & Salt	Azure	**$6.99**
	**Parsley Flakes**	Spices & Salt	Azure	**$6.99**
	**Chili Powder**	Spices & Salt	Azure	**$8.99**
	**Peppercorns**	Spices & Salt	Azure	**$9.89**
	**Onion Powder**	Spices & Salt	Azure	**$6.99**
	**Thyme Leaves**	Spices & Salt	Azure	**$7.24**
	**Rosemary**	Spices & Salt	Azure	**$6.99**
	**Ground Ceylon Cinnamon**	Spices & Salt	Azure	**$7.49**
	**Oregano**	Spices & Salt	Azure	**$5.74**

Freeze Dried 9

	PRODUCT	CATEGORY	VENDOR	PRICE
ANCIENT PATHS				
	**Freeze Dried Mixed Berry Yogurt Bites**	Freeze Dried	Ancient Paths	**$15.00**
	**Freeze Dried Strawberry**	Freeze Dried	Ancient Paths	**$10.00**
	**Freeze Dried Apple Slices**	Freeze Dried	Ancient Paths	**$10.00**
	**Freeze Dried Elderberries**	Freeze Dried	Ancient Paths	**$9.00**
	**Freeze Dried Mango**	Freeze Dried	Ancient Paths	**$13.50**
	**Freeze Dried L. Reuteri Yogurt Starter**	Freeze Dried	Ancient Paths	**$12.00**
	**Freeze Dried Applesauce Bites**	Freeze Dried	Ancient Paths	**$10.00**
	**Freeze Dried Blueberry**	Freeze Dried	Ancient Paths	**$10.00**
	**Freeze Dried Mango, Strawberry & Blueberry**	Freeze Dried	Ancient Paths	**$12.00**

Local Artisan Body Care Items 28

	PRODUCT	CATEGORY	VENDOR	PRICE
ROAN SOAP CO.				
	**Ocean Waves Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Mountain Mint Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Honey Oatmeal Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**

	**Grapefruit Bergamot Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Sunshine Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Christmas Tradition Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Fresh Peppermint Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Lumberjack Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Blue Ridge Mountains Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Thieves On Guard Hand & Body Soap**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Mountain Man Shampoo Bar**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Peppermint Shampoo Bar**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Cedarwood & Orange Shampoo Bar**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Treat Yourself Shampoo Bar**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Rapunzel Shampoo Bar**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Lavender Shampoo Bar**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Tumeric Facial Bar**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Activated Charcoal Facial Bar**	Local Artisan Body Care Items	Roan Soap Co.	**$8.00**
	**Americano Lip Butter**	Local Artisan Body Care Items	Roan Soap Co.	**$6.00**

	**Calming Lavender Lip Butter**	Local Artisan Body Care Items	Roan Soap Co.	**$6.00**
	**Indulgent Vanilla Lip Butter**	Local Artisan Body Care Items	Roan Soap Co.	**$6.00**
	**Blood Orange Lip Butter**	Local Artisan Body Care Items	Roan Soap Co.	**$6.00**
	**Pumpkin Pie Lip Butter**	Local Artisan Body Care Items	Roan Soap Co.	**$6.00**
	**Peppermint Lip Butter**	Local Artisan Body Care Items	Roan Soap Co.	**$6.00**
	**Orange & Clove Lip Butter**	Local Artisan Body Care Items	Roan Soap Co.	**$6.00**

ANCIENT PATHS

	**Deodorant**	Local Artisan Body Care Items	Ancient Paths	**$14.00**
	**Nipple Balm**	Local Artisan Body Care Items	Ancient Paths	**$12.00**

FREEDOM FARMSTEAD

	**Bye Bye Buggies Bug Spray**	Local Artisan Body Care Items	Freedom Farmstead	**$15.00**

Cleaning & Laundry 14

	PRODUCT	CATEGORY	VENDOR	PRICE

ROAN SOAP CO.

	**Peppermint Laundry Soap**	Cleaning & Laundry	Roan Soap Co.	**$13.50**
	**Lemongrass Laundry Soap**	Cleaning & Laundry	Roan Soap Co.	**$13.50**
	**Grapefruit Laundry Soap**	Cleaning & Laundry	Roan Soap Co.	**$13.50**
	**Blood Orange Laundry Soap**	Cleaning & Laundry	Roan Soap Co.	**$13.50**

	**Lavender Laundry Soap**	Cleaning & Laundry	Roan Soap Co.	**$13.50**

WASHED

	**Cleaner Refill - Lemon**	Cleaning & Laundry	WASHED	**$15.00**
	**Cleaner Refill - Peppermint**	Cleaning & Laundry	WASHED	**$15.00**
	**Cleaner Refill - Orange**	Cleaning & Laundry	WASHED	**$15.00**
	**Cleaner Refill - Lavender**	Cleaning & Laundry	WASHED	**$15.00**
	**Cleaner Spray - Lemon**	Cleaning & Laundry	WASHED	**$22.00**
	**Glass Cleaner Spray - Unscented**	Cleaning & Laundry	WASHED	**$22.00**
	**Cleaner Spray - Orange**	Cleaning & Laundry	WASHED	**$22.00**
	**Cleaner Spray - Lavender**	Cleaning & Laundry	WASHED	**$22.00**
	**Cleaner Spray - Peppermint**	Cleaning & Laundry	WASHED	**$22.00**

Home Sweet Home 2

PRODUCT	CATEGORY	VENDOR	PRICE

FREEDOM FARMSTEAD

	**Beeswax Candle**	Home Sweet Home	Freedom Farmstead	**$3.00**
	**Flowers by Carsten**	Home Sweet Home	Freedom Farmstead	**$5.00**

Herdshare Only 4

You must be a Herdshare Member in order to purchase these items!

	PRODUCT	CATEGORY	VENDOR	PRICE
FREEDOM FARMSTEAD				
	**Raw Pet Milk (Herdshare Only)**	Herdshare Only	Freedom Farmstead	**$9.00**
	**Raw Pet Cream (Herdshare Only)**	Herdshare Only	Freedom Farmstead	**$15.00**
	**Raw Pet Kefir (Herdshare Only)**	Herdshare Only	Freedom Farmstead	**$8.00**
	**Raw Pet Colostrum (Herdshare Only)**	Herdshare Only	Freedom Farmstead	**$15.00**

Starters & Cultures 3

Available Upon Request

Text Amy at (423)863-1664 or e-mail freedomfarmstead@gmail.com

	PRODUCT	CATEGORY	VENDOR	PRICE
FREEDOM FARMSTEAD				
	**Sourdough Starter**	Starters & Cultures	Freedom Farmstead	**$5.00**
	**Kefir Grains**	Starters & Cultures	Freedom Farmstead	**$5.00**
	**Kombucha SCOBY with Starter**	Starters & Cultures	Freedom Farmstead	**$15.00**

Beef and poultry are priced per pound; final package price depends on the weight.