

The background of the image is a close-up, high-resolution shot of water ripples. The water is a deep blue color, and the ripples create a complex, organic pattern of light and dark blue areas, giving it a textured, almost cellular appearance. The lighting is bright, creating highlights on the peaks of the ripples and shadows in the valleys.

Immersion

More than under pressure

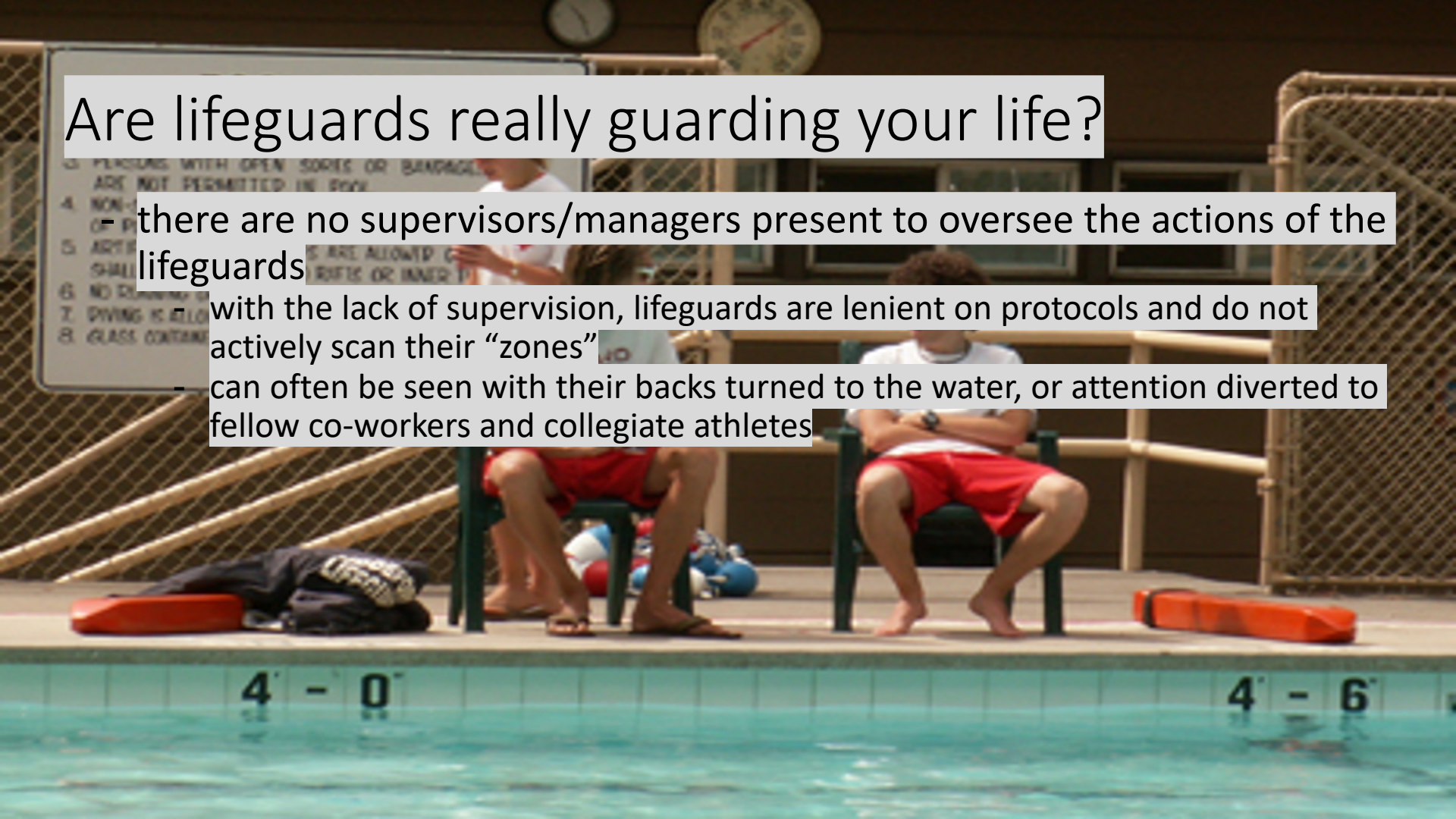
Weight in the Water

- skilled club water polo player was allowed to drop to the bottom of the 16 foot deep pool before being retrieved
- was not retrieved by the lifeguarding staff on deck, but rather by his fellow teammates



Are lifeguards really guarding your life?

- there are no supervisors/managers present to oversee the actions of the lifeguards
- with the lack of supervision, lifeguards are lenient on protocols and do not actively scan their “zones”
- can often be seen with their backs turned to the water, or attention diverted to fellow co-workers and collegiate athletes



What Should Be Done?

- establish supervisory positions that are not doubled with lifeguarding
 - CSU Monterey Bay and Cal Poly have operated their recreational aquatics facilities with supervisory positions that ensure lifeguards are attentive and following protocols
- limit the number of activities that occur in the pool at any given time
 - CSU Monterey Bay allows only one activity at a time in their olympic sized pool
 - if there are overlapping activities, at least one guard is stationed at each activity
- require regular trainings to ensure the retention and understanding of life saving protocols
 - Cal Poly performs drills during active shifts
 - employees that do not pass the drills are written up and sent home for the remainder of their shift