



Hurricane Volleyball Club Lil Canes Winter Session 2023

Where: Hartley Drive YMCA, High Point, NC

Who: Boys and Girls 9-13 years old (players will be split up by level*)

When: Tuesday evenings from 5:00-6:00pm November 28-December 19

Cost: \$75 per athlete (if siblings take part, each additional sibling is \$50)

Focus: Training young athletes in volleyball fundamentals and technique

Athletes will learn volleyball rules, forearm passing, serving, setting, and hitting technique. Athletes will receive coaching from Hurricane Volleyball Club travel coaches and players. Players will get opportunities to learn drill, scrimmage, and play against athletes at the same age and skill level.

Contact Information

Athlete Name: _____ Age/DOB _____ Gender _____

Primary Parent's Phone _____

Parent's Primary Email _____

1st Parent/Guardian: _____ Phone: _____

2nd Parent/Guardian: _____ Phone: _____

Emergency Contact: _____

Relationship: _____ Phone: _____

Please print all information clearly

Name of Athlete: _____

For payment, checks should be made out to "Hurricane Volleyball Club". Cash and card (with an additional 3% processing fee) are also accepted.

Name(s) of Parent(s): _____

I give permission for my child to be photographed. Photos will be shared to athlete parents and posted on Facebook, Instagram, and the website.

Parent/Guardian's Signature: _____

I understand that there are risks to allowing children to participate in physical activities such as workouts, running, and volleyball. I acknowledge that injuries can and may occur to my child during such training.

Parent/Guardian's Signature: _____

Parent Authorization Form

Please print all information clearly

Date of last physical _____

Allergies: (Please put N/A if your child does not have an allergy)

Food _____

Medication _____

Insect _____

Other _____

Does your child require an Epi-pen? _____ If yes, you must provide an Epi-pen to be kept with the athlete at all times.

Specific Activities to be restricted for health reasons: _____

Please send this completed form to admin@canesvbc.com

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