

THE SPOT

DANCE STUDIO



SUMMER 2022

THESPOTDANCESTUDIO@GMAIL.COM

The Spot Dance Studio offers an extensive Summer Program made to motivate and challenge dancers of all ages and abilities.

OPEN CLASSES JUNE 14TH-JULY 14TH

Stretch & Conditioning Classes Tuition \$12	
Stretching and Conditioning are vital qualities that a dancer works to achieve. Increasing flexibility improves performance, power, coordination, alignment, and helps to reduce the risk of injuries. This class is paid for per class and dancers choose which dates to attend.	
Beg Tuesday	11:00-12:00
Int 1 Tuesday	12:30-1:30
Int 2 Thursday	11:00-12:00
Adv Thursday	10:00-11:00

Technique Classes Tuition \$12	
During our technique classes, dancers will focus on technique that is relevant to all dance genres, especially working on leaps and turns. Technique classes are available for dancers 5 years and older and are paid per class.	
Beg Wednesday	12:30-1:30
Int 1 Wednesday	1:30-2:30
Int 2 Tuesday	11:00-12:00
Adv Tuesday	10:00-11:00

Hip hop/Contemporary Classes Tuition \$12	
Dancers will have the opportunity to train in both Hiphop and Contemporary styles. The style taught during the class will alternate each week. Even dates are Hiphop classes and odd dates are contemporary classes.	
Beg Wednesday	1:30-2:30
Int 1 Wednesday	12:30-1:30
Int 2 Wednesday	11:00-12:00
Adv Wednesday	10:00-11:00

Ballet/Pointe Classes Tuition \$12 / \$15 for 1.5 hours	
Ballet is an important genre because it is the basis of most other genres and where essential technique comes from. The advanced classes can be taken in ballet shoes or pointe shoes.	
Beg Tuesday	12:30-1:30
Int 1 Tuesday	1:30-2:30
Int 2 Tues/Thurs	9:30-11:00
Adv Tues/Thurs	11:00-12:30

Acro Tuition \$12	
Beg/Int Wednesday	10:00-11:00
Int/Adv Wednesday	11:00-12:00

*Contact TheSpotDanceStudio@gmail.com for placement in classes