

A Irish Culinary Adventure: **Tour the Golden Vale with La Boca**

Included in the price:

- All accommodation (based on double occupancy)
- Daily breakfast
- Four family-style group dinners
- One afternoon tea
- One four-course fine dining evening
- Wine tasting; whiskey tasting
- Irish music concert
- Entrance fees for guided tours & tastings with local producers, makers and growers
- Transportation to and from planned activities
- Admission & fees to all guided tours
- Transportation to and from Shannon Airport & Barnahown on 3/23/26 and 3/28/26

Not included in the price:

- International Airfare (Travelers are responsible to book this themselves. We recommend an evening flight from Boston on 3/22 to arrive in Shannon early morning and a midday departure on 3/28 from Shannon for a civilized experience.)
- Mid-day lunch plans will usually include a restaurant reservation for the entire group in one of our favorite spots. Travelers will pay their own way for lunch, and may opt out to explore elsewhere at this time if they are so inclined. Websites will be made available in advance for most locales so travelers can decide their plans in advance.
- Personal expenses, alcoholic beverages (opportunities provided to purchase personal supply)

Single supplements:

- Per person pricing is based on double occupancy of our rooms available at Barnahown. A single supplement is available at an additional cost, but are very limited, and are not guaranteed.

Activity Level 2: Moderate

This indicates there is a balance of time spent in seated activities like listening to music, dining, riding in the countryside by hired car as well as more strenuous activities like walking for extended periods of time, trail walks, and uneven terrain or cobblestone. We feel this particular trip is suitable for all fitness levels. Ireland has spectacular natural beauty; especially this area. For those interested in adding more physical activity such as hiking we will provide optional self-guided plans to maximize your experience. Each day will begin and end at our HQ, Barnahown. Should you feel like a time of rest is in order on the trip, the facilities there are welcoming and conducive to a comfortable, quiet day.

Day by Day

some details are subject to change

Day One, Monday March 23

- Arrive at Shannon Airport; shuttle to Barnahown
- Full Irish Breakfast & Barnahown Tour
- Mitchelstown Walking Tour & History
- Afternoon tea at Praline
- Dinner with chefs & ingredient gathering introduction

Day Two, Tuesday March 24

- Continental breakfast at Barnahown
- Shuttle to Cork City
- Shop “foodie heaven” The English Market & Cork City Shops
- Lunch at Market Lane (optional)
- Local Wine Cellar for private tasting
- Dinner of English market goodies at Barnahown

Day Three, Wednesday March 25

- Continental breakfast at Barnahown
- Shuttle to Rock of Cashel, walking tour
- Tour of Cashel Farmhouse Cheesemakers, private cheese tasting
- Lunch at Mikey Ryan’s, Cashel Tipperary (optional)
- Dinner with chefs

Day by Day

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Day Four, Thursday March 26

- Continental Breakfast at Barnahown
- Shuttle to Ballymaloe Organic Farm & Gardens
- Walking tour and farm shop
- Lunch at Ballymaloe House
- Four-course locavore dinner at Barnahown

Day Five, Friday March 27

- Continental Breakfast at Barnahown
- Shuttle to Kinsale
- Walking tour of Kinsale shops & seaside
- Lunch at The Bulman Bar & Restaurant, Kinsale (optional)
- Traditional Irish Music at Barnahown
- Last night dinner with chefs

Day Six, Saturday March 28

- Continental Breakfast at Barnahown
- Shuttle to Shannon Airport

Additional Info:

Most dinners will begin at around 7pm. Our daily activities will keep us busy, however we aim to return to Barnahown well before dinner to allow for travelers to rest, freshen-up and engage in a little cocktail hour community if they wish.

Should venues alter hours or services, we will make changes to substitute a comparable experience.